

Anyone Can Become Addicted. Anyone

Learn More. **PAStop.org**



Commonwealth Prevention Alliance Stop Opiate Abuse Campaign



STOP PRESCRIPTION DRUG ABUSE BEFORE IT STARTS.

If you or someone you know has a drug problem, there is help:
Lehigh County Drug and Alcohol 610-782-3555

DRUG TREATMENT OPTIONS:

- **Confront**
1130 Walnut St, Allentown • 610-433-0148
- **Hispanic American Organization**
462 W. Walnut St, Allentown • 610-435-5345
- **M.A.R.S., Inc.**
826 Delaware Ave, Bethlehem • 610-419-3101
- **Pyramid Healthcare**
1605 N Cedar Crest Blvd, Allentown • 610-434-1126
- **Step-By-Step, Inc.**
2015 Hamilton St, Allentown • 610-776-1224
- **White Deer Run**
1259 S Cedar Crest Blvd, Allentown • 610-432-5561

POSSIBLE SIGNS AND SYMPTOMS OF DRUG ABUSE:

tremors loss of control euphoria dilated pupils
seizures unwarranted laughter pin-point pupils
drowsiness panic attacks irritability sweating
difficulty focusing lethargy weight loss anxiety
hallucinations "nodding out" confusion

**For HELP for YOURSELF when dealing with
an addicted loved one:**

Lehigh Valley Parent & Family Support Group

Thurs at 7:00 p.m. at First Presbyterian Church
3231 Tilghman Street, Allentown • LVPFSG@gmail.com

Al-Anon

www.al-anon.org

Nar-Anon

www.naranonepa.org

For more copies contact:

Center for Humanistic Change
610-443-1595 www.thehc.org



Mental Health Resources:

LIFELINE for Suicide • 1-800-273-TALK (8255)

Lehigh County Crisis • 610-782-3127

Lehigh County Information and Referral • 610-782-3200

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STOP PRESCRIPTION DRUG ABUSE BEFORE IT STARTS.

Si usted tiene un problema con las drogas o si conoce a alguien que tiene un problema con las drogas, hay apoyo: **Lehigh County Drug and Alcohol 610-782-3555**

OPCIONES PARA EL TRATAMIENTO DE ADICCIÓN:

- **Confront**
1130 Walnut St, Allentown • 610-433-0148
- **Hispanic American Organization**
462 W. Walnut St, Allentown • 610-435-5345
- **M.A.R.S., Inc.**
826 Delaware Ave, Bethlehem • 610-419-3101
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SIGNOS/SÍNTOMAS DEL ABUSO DE DROGAS:

temores pérdida del control físico euforia
pupilas dilatadas ataques nervioso ansiedad
alucinaciones temperatura del cuerpo soñoliento
pupilas oprimidas aparente aturrida o confundido
dificultad en concentrarse letargo peso perdido
la risa injustificada quedarse en trance

Para la ayuda a manejar a una persona adicta:

Lehigh Valley Parent & Family Support Group
El Jueves a las 7:00 p.m. en la iglesia First Presbyterian
3231 Tilghman Street, Allentown • LVPFSG@gmail.com

Al-Anon

www.al-anon.org

Nar-Anon

www.naranonepa.org

Para más copias:

Center for Humanistic Change
610-443-1595 www.thehc.org



Los recursos para la salud mental:

La Línea Si Está Pensando En Suicidio

1-800-273-TALK (8255)

Lehigh County Crisis • 610-782-3127

Lehigh County Information and Referral • 610-782-3200