**FORT Program**

Families Obtaining Recovery Together

- **p:** (484) 747-4540
- **e:** FORT@marscare.com
- **f:** (484) 861-2005

**Certified Family Recovery Specialist (CFRS)**
Assisting family members who have been impacted by a family member or loved one’s substance use disorder

**Individual Counseling & Family Counseling**
Counseling for individual family members and family sessions

**Group Therapy**
Psychoeducational Groups & Codependency Groups

**Case Management**
Community resources & referrals

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**About FORT**

The FORT Program uses both an ecological and peer-based model to provide various recovery services for family members who have a loved one with a substance use disorder. This understanding will provide the families the strength needed to help them overcome these barriers through the utilization of community resources and a recovery plan that empowers the family’s action and promotes health and wellness.

**Referrals**

To make a referral, please email FORT@marscare.com to request a referral form. Forms can be either faxed or emailed. Questions or concerns, please call (484) 747-4540.

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“We are all branches of the same tree (The root is addiction)
United we win...Divided, addiction wins.
TOGETHER WE ARE STRONGER”
- Sandy Swenson

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**FORT Program Services are provided by Lehigh County Drug and Alcohol Abuse Services.**