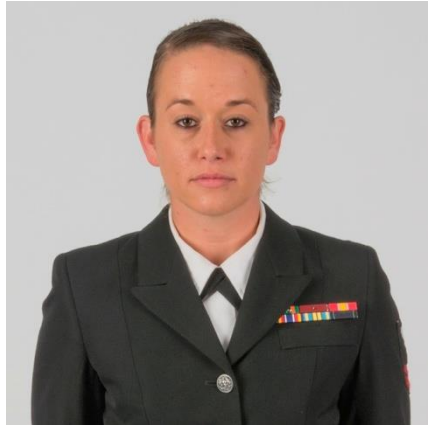


2016 HFD COMMANDER'S AWARD RECIPIENT

UNITED STATES NAVY



PS2 AMY L. PASMEG

Amy L Pasmeg, born on 11 July 1990 in Paterson New Jersey, is the daughter of Linda and Michael Cole. Upon graduating from Western Wayne High School in 2008, she reported for boot camp in August of 2008. After boot camp, in October 2008, SR Pasmeg reported to Meridian Mississippi to attend PS "A" School. Shortly after arriving, she graduated PS "A" School in November 2008.

PSSR Pasmeg reported to NOSC Columbia in Columbia SC in December 2008. Soon after reporting she advanced to PSSA. During her first year there, PSSA Pasmeg took over the duties as the Respay Clerk and on her off time took the classes American History and Intro to Criminal Justice at Park University. As well as taking college classes, PSSA Pasmeg worked with the commands Drug Education for Youth (DEFY) Camp. DEFY was a free day camp for military and DOD children from ages 9 to 12 years old. It is designed to educate children about drugs and gives them the tools to make the right choices.

During calendar year 2009 PSSA Pasmeg was awarded NOSC Columbia's Blue Jacket Sailor of the year as well as her first Navy and Marine Corps Achievement Medal. In February of 2010 PSSA Pasmeg was advanced to PSSN. She began to work on her certification in Computer-Peripheral-Equipment Operator from the Department of Labor, took Interpersonal Communication class at Park University, as well as becoming certified in sensitive security information from the American Board for Certification in Homeland Security.

In May 2011, PSSN Pasmeg put on third class after her first examination cycle. While still as the Respay clerk she also became responsible for all gains and losses, reenlistments and extension, and the family care plan program. PS3 Pasmeg also volunteered as a cheerleading coach at Fort Jackson CDC and had taken the lead in the Command DEFY Camp. From her work with the DEFY Camp, PS3 Pasmeg received the medal for outstanding volunteer service. Through the year PS3 Pasmeg took courses in Human Ecology, Organization and Management and Humans Resource Management from Coastline Community College and as well as completing her certification from the Department of Labor and receiving a certification as a Customer Support Specialist from ETA international.

In September of 2012 PS3 Pasmeg advanced to second class and shortly after received orders to NOSC Lehigh Valley. In December 2013 she checked into NOSC Lehigh Valley and became responsible for various duties from funeral honors to acting YN.