

Bereavement Resources and Support Groups

AARP--American Association of Retired People

www.aarp.org/relationships/grief-loss/

Online articles, publications, support groups, and discussion boards on coping with the loss of a family member.

ACCESS--AirCraft Casualty Emotional Support Services

1-877-227-6435

www.accesshelp.org/

Provides peer grief support and resource information to those who have survived or lost loved ones in air disasters.

BabySteps

www.babysteps.com/

Offers resources and a place to share.

Bereaved Parents of the USA

www.bereavedparentsusa.org/

Self-help group that offers support, understanding, compassion and hope especially to the newly bereaved be they bereaved parents, grandparents or siblings struggling to rebuild their lives after the death of their children, grandchildren or siblings. Provides monthly support meetings, newsletter and resources.

Camelot for Children

2354 W. Emmaus Ave., Allentown, PA 18103

610-791-5683

ww.camelotforchildren.org

Children ages 12 and up meet with professionals as a group or individually for an informal session to develop understanding and skills to deal effectively with illness or loss of a loved one.

GriefNet.org

www.griefnet.org/

Offers e-mail support groups for the bereaved including parents, siblings and grandparents. It also offers a wide variety of bereavement related content including a comprehensive resource guide of bereavement organizations.

Jewish Family Services of the Lehigh Valley

www.jewishfamilyservice-lv.org/

610-821-8722

Bereavement support group.

Journeys Through Grief

www.lutherancongregationalservices.org

610-770-9205

Journeys through Grief is a free, short-term bereavement support group that meets for a series of six 1-hour sessions.

Participants learn about the stages of grief and explore feelings about loss in a comfortable, confidential, and faith-based setting.

KIDSAID

www.kidsaid.com/

Web site for bereaved children that provides a safe environment for kids and their parents to find information and ask questions.

Lehigh Valley Hospital

610-969-0330

Lehigh Valley Health Network's Grief and Support Services offers emotional, psychological and spiritual support to help people cope with grief, loss and life transition.

MISS--Mothers in Sympathy and Support

1-888-455-6477

www.misschildren.org/

Provides emergency support to families after the death of their baby or young child.

Parents of Murdered Children

1-888-818-7662

www.pomc.com/

Provides support and assistance to all survivors of homicide victims while working to create a world free of murder.

SHARE of the Lehigh Valley

610-868-3394

<http://theshareprogramofthelehighvalley.webs.com/>

For parents who have experienced loss through miscarriage, stillbirth, or early infant death.

Special Kids Network

"Making connections for Pennsylvania's children with special health care needs."

1-800-986-4550

http://www.portal.state.pa.us/portal/server.pt/community/departement_of_health_home/17457

St. Luke's

1-866-785-8537

www.slhn.org/Conditions-Services/Hospice/Bereavement-Support.aspx

Offers a variety of programs, including support groups, for adult and children.

Survivors of Homicide Support Group

Crime Victims Counsel

610-437-6610

www.cvclv.org/

Support groups are held throughout the year as needed.

Survivors of Suicide (SOS)

411 Walnut St.

Allentown, PA

610-435-9651

www.familyanswers.org/index.php/counseling/community-and-corporate-counseling-services/survivors-of-suicide

Support for family member or close friends of a suicide victim. The group meets on the first and third Mondays of each month from 7-8:30 p.m.

TAPS--Tragedy Assistance Program for Survivors

1-800-959-8277

www.taps.org/

TAPS is made up of, and provides services to, all those who have lost a loved one while serving the country in the Armed Forces.

TLC--National Institute for Trauma and Loss in Children

1-877-306-5256

www.starrtraining.org/trauma-and-children

TLC is dedicated to helping traumatized children and families restore a sense of safety and reduce the effects of trauma; information is available about trauma, resources, and training for professionals.

Twinless Twins

1-888-205-8962

<http://www.twinlesstwins.org/>

Serves in support of twins (and all multiple births) who suffer from the loss of companionship of their twin through death, estrangement or in-utero loss.