

KidsPeace Coronavirus Response- walk-ins and TeenCentral (Updated and approved version 3/19/2020)

Coronavirus and Mental Health – Resources for the public from KidsPeace

The Coronavirus outbreak can have a detrimental effect on our kids' mental and emotional health. Anxiety, depression and behavioral issues all can be consequences of the struggles children and teens are having as they cope with the uncertainty surrounding the public health emergency.

KidsPeace has helped kids and families navigate mental health issues for more than 100 years. Today, KidsPeace offers not only direct mental health care services, but tools for the general public to address the potential toll of the Coronavirus outbreak on our children's wellbeing.

Walk-in Clinics

All KidsPeace's outpatient locations in Lehigh and Monroe County will continue to offer free walk-in mental health assessments by clinically trained professionals – no appointment needed! The assessments allow for fast evaluation of mental health condition and if needed crisis intervention – relieving the pressure on hospitals and emergency rooms as they prepare for a surge in COVID-19 cases. KidsPeace is committed to providing walk-in assessments at these offices as long as they are open during the emergency.

The service is available during business hours at these locations:

- Allentown (two locations)
 - 801 E Green Street (across from Dieruff High School); 610-799-8910
 - 451 W Chew Street, Suite #105 (St. Luke's Sacred Heart Hospital Campus) 610-776-5465
- Bethlehem
 - KidsPeace Broadway Campus Family Center (1620 Broadway, Bethlehem) 610-799-8600
- Monroe County
 - 1151 Pocono Boulevard, Suite #2, Mt Pocono, PA 570-243-8787

PLEASE NOTE: Individuals who are showing symptoms of COVID-19 (fever, dry cough, shortness of breath) SHOULD NOT come to the KidsPeace office in person! Those individuals should call the office nearest them and have the clinical professional do the assessment over the phone.

Check out www.kidspeace.org for more information about their outpatient services.

TeenCentral.com

TeenCentral.com is a web-based confidential and anonymous service providing a range of information and encouragement to older kids and teens – including the opportunity to submit questions and concerns and get an individualized response from clinical experts -- provided in a "safe space" for young people who may have reluctance to discuss such matters with parents or other adults. KidsPeace is currently dedicating more resources to the site specifically to address the mental and emotional health concerns raised by the COVID-19 outbreak. www.teencentral.com