



# Welcome to HealthConnections, Magellan's Integrated Health Program

HealthConnections is Magellan's integrated health program. It helps you get services for all your health needs. The goal is to help you live a healthier life by focusing on your "whole health."

## What is whole health?

Whole health is your entire well-being. When providers consider your physical and mental health at the same time, it is called "integrated care." They focus on your total health needs. This includes:

- Physical health needs.
- Mental health needs.
- Social support needs.

You can receive these services because you are eligible for Medicaid. Being in the program does not change your Medicaid benefits. It simply adds to them. This is a new way of caring for your total health.

## What are the benefits of the HealthConnections integrated care program?

Here is what you can expect from this program.

- **You may have one or more of the same providers you have now.** You also could have new providers as part of this program. All of these providers will coordinate services. This will help to improve your overall health and make sure you get the right care.
- **You will have one care manager at Magellan.** The care manager will be your point of contact to help you meet your wellness goals. He or she may also work with your physical health managed care organization to help coordinate services and overcome barriers in care.
- **You will have a primary care provider (PCP).** The PCP will work with your behavioral health provider. They will talk about things like your medications. This will help you stay away from bad drug combinations.

### How does the program work?

You may get a health and wellness screening. This will help your providers understand you and your health needs. You will learn more about your overall health.

Your health team will focus on meeting your needs. They will share information to get a complete view of your health.

Your team will work together to:

- Manage your physical and behavioral health services.
- Create a whole health treatment plan just for you.
- Focus on good health and total wellness.
- Provide support services to you and your family members.
- Make sure you have access to care 24 hours a day.
- Help you recover and become resilient.
- Support your independence.

There are different levels of support within this program. The level of support depends on your needs. Please contact your local Magellan office for more details.

### Visit [www.MagellanofPA.com](http://www.MagellanofPA.com)

This website will help you learn more about the programs available to you. The site is easy to use. It includes information about mental health and physical health.

### Magellan Behavioral Health of Pennsylvania, Inc.

We are here 24 hours a day, 365 days a year. Please contact us at one of these phone numbers.

- Bucks County: (877) 769-9784
- Cambria County: (800) 424-0485
- Delaware County: (888) 207-2911
- Montgomery County: (877) 769-9782
- Lehigh County: (866) 238-2311
- Northampton County: (866) 238-2312

### Listed below are the current Wellness Recovery Team providers for Lehigh and Northampton counties (subject to change)

- Haven House, 1411 Union Blvd., Allentown, ph) (610) 433-6181
- Hispanic American Organization (HAO), 462 West Walnut St., Allentown, ph) (610) 351-2292
- NHS Lehigh Valley, 3864 Adler Place, Ste. 100, Bethlehem, ph) (610) 866-8331