NOTICE

THIS MEETING IS BEING RECORDED.
AUDIO AND VIDEO
Lehigh County
Department of Human Services

2020-2021 HUMAN SERVICES PLANNING & PUBLIC HEARING
MONDAY, APRIL 27, 10:30 AM AND 6:00 PM

KAY ACHENBACH, HUMAN SERVICES
PAULA ROBERTS, CHILDREN & YOUTH
JOSH BRIDGES, MH / ID / D&A / EI

MATT BAUDER, HEALTHCHOICES
JR REED, AGING AND ADULT SERVICES
SUE LETTERA, INTEGRATED SERVICES
What Are Human Services?

• Designed to assist people in difficult life situations
• Interdisciplinary Services help people navigate through crisis or chronic situations where external help and guidance are needed for them to move forward with their lives and rediscover their personal power and self sufficiency
• Not “Welfare”
State Charge & Partnership

• State charges counties to assist in the delivery of Human Services
• HS model varies by county
• Counties can tailor their system as best meets the needs of citizens
• Some typical HS activities are completely optional (County Homes, ie) and others are mandated
2020 Lehigh County DHS Budget

- Children & Youth, 16.7%
- Aging & Adult Svcs, 5.6%
- HealthChoices, 62.0%
- Mental Health, 8.6%
- ID - EI, 4.4%
- Drug & Alcohol, 2.8%
2020 DHS Expenditure Budget – Personnel, Operating, Purchased Services

The size of HealthChoices, an Administrative Entity, skews the chart. Removing HC leaves us with the following uses:

- Personnel: 31.4%
- Purchased Svcs: 66.1%
- Operating: 2.5%

Purchased Services: 86.5%
2020 Revenue by Source

Intergovernmental 96.6%

Program 0.4%

County 2.9%

Note:
HSBG is 12.2% of Lehigh’s 2020 Total Revenue
Aging and Adult Services

Nearly 6,463 (unduplicated) Aging consumers received direct services and/or congregate meals through PDA.

Nearly 1,200 consumers 18-59 received direct services (meals, personal care, home assistance or home modifications, assessments, reports of abuse, neglect, exploitation or abandonment for adult protective services, and service planning/care management) through HSBG.
Aging and Adult Services

Homeless Assistance Program (HAP)

- 532 individuals facing eviction/near homeless situation resolved
- 157 individuals had homeless situations resolved
- 237 households assisted
- 344 children resided in households
Aging and Adult Services

Older Adult Protective Service
- 60 and over
- Abuse, Neglect, Exploitation and Abandonment
- Receive Reports and Investigate

Adult Protective Service
- 18-59 with a disability
- Abuse, Neglect, Exploitation and Abandonment
- AAA take Report
- Pass on to Liberty Healthcare to investigate
Aging and Adult Services

Reports of Abuse, Neglect, Financial Exploitation And Abandonment

- RON
- Under 60
- Investigations

2015: 459, 79, 380
2016: 692, 215, 477
2017: 972, 229, 631
2018: 1044, 261, 669
2019: 1329, 329, 920
2020: 1250, 300, 896

Colors:
- Orange: 2015
- Red: 2016
- Brown: 2017
- Green: 2018
- Blue: 2019
- Purple: 2020
Percentage Increase

<table>
<thead>
<tr>
<th>Year</th>
<th>Reports of Need</th>
<th>Investigations</th>
</tr>
</thead>
<tbody>
<tr>
<td>2016</td>
<td>33.67%</td>
<td>20.34%</td>
</tr>
<tr>
<td>2017</td>
<td>28.81%</td>
<td>24.41%</td>
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<tr>
<td>2018</td>
<td>6.90%</td>
<td>5.68%</td>
</tr>
<tr>
<td>2019</td>
<td>21.44%</td>
<td>27.28%</td>
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</table>

Reports of Need in 2016 increased by 33.67% compared to the previous year, with a further increase of 28.81% in 2017. However, there was a decrease of 6.90% in 2018, followed by an increase of 21.44% in 2019.
Aging and Adult Services

Lehigh County Reports of Need

Year | Reports of Need
--- | ---
2015 | 459
2016 | 692
2017 | 972
2018 | 1044
2019 | 1329
2020... | 
2021... | 
2022... | 
2023... | 
2024... | 

Note: Reports of Need are expected to continue increasing.
Aging and Adult Services

Lehigh County Investigations

<table>
<thead>
<tr>
<th>Year</th>
<th>Investigations</th>
</tr>
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<tbody>
<tr>
<td>2015</td>
<td>380 (EST)</td>
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<tr>
<td>2016</td>
<td>477 (EST)</td>
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<tr>
<td>2017</td>
<td>631 (EST)</td>
</tr>
<tr>
<td>2018</td>
<td>669 (EST)</td>
</tr>
<tr>
<td>2019</td>
<td>920 (EST)</td>
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<td>2020 (EST)</td>
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<td>2021 (EST)</td>
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<td>2022 (EST)</td>
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<tr>
<td>2023 (EST)</td>
<td></td>
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<tr>
<td>2024 (EST)</td>
<td></td>
</tr>
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</table>
Aging and Adult Services

Functional Eligibility Determination (FED)

Assess for medically eligible skilled nursing facilities, waiver programs and Life Programs

Level II OBRA assessments (MH, ID and other related conditions)

Yearly recertification for waiver programs
Aging and Adult Services

Number of Assessments

- 2016: 2800
- 2017: 3088
- 2018: 3710
- 2019: 4479
- 2020: 4920
Aging and Adult Services

OPTIONS Services

1. In-home meals
2. Personal Care
3. Home Support
4. Personal Response Systems
Aging and Adult Services

OPTIONS Services

- Avg Waiting list of individuals by month
- Avg number individuals Served by month
- Unduplicated individuals served a year
Aging 4 Year Plan
Goals, Objectives & Strategies

Goal 1: Improve Coordination between programs and strengthen existing programs

- Improve coordination between programs and strengthen existing programs
  - Increase the number of Volunteer Ombudsman
  - Provide more PEER (PA Empowered Expert Resident) education

- Ensure all program staff are educated in the functions of protective services.
  - Train all assessors and care managers in the functions of protective services.
  - Foster better communication between the agency staff to be certain those referrals from protective services to care management have good communication and provide wraparound services.

- Increase the knowledge of internal Information & Referral staff on crucial issues and program changes.
  - All current and new agency staff will take the State mandated “Intake Training” on Report of Need.
  - Increase the knowledge of scams in the community.
  - Train all agency staff in cultural diversity.
Aging 4 Year Plan
Goals, Objectives & Strategies

Goal 2: Promote active and healthy community living.

- Partner with community organizations to bring awareness to social isolation and work to reduce it
  - Partner with Lehigh Valley Active Life’s outreach program to engage isolated seniors and have them attend the Center.
  - Provide staff training on social isolation and how care managers can support those consumers who would benefit from Senior Centers.
  - Partner with United Way to connect seniors with others on bus trips to support community engagement.

- Promote programming to help those living with dementia to continue to be as active and independent for as long as possible.
  - Be a part of the Dementia-Friendly community creating a “one stop shop” for dementia related resource information.
  - Provide agency staff to participate in the Dementia-Friendly Lehigh Valley coalition.
  - Educate Department of Human Services staff about dementia and Dementia-Friendly communities.

- Increase health promotion activities throughout the community
  - Train senior center managers in health and wellness evidence-based programming to lead their center participants
  - Train a bi-lingual center manager in health and wellness evidence-based programming
Goal 3: Improve access to programs and services while supporting consumer choice.

- Develop tools to inform the public of our programs and services.
  - Work with the advisory council to develop informational videos on programs and services to be posted on the agency website and shared in the community.
  - Attend health and community fairs to share programs and services with the community.
  - Presentations at community organizational meetings, coalition meetings, and committees to better inform professionals about the agency’s programs and services.

- Improve communication with our diverse population.
  - Increase awareness of current language interpretation and deaf and hard of hearing resources available in the Department of Human Services for staff use.
  - Create a department-wide policy to be certain that information sent out to the community will have directions on how to access the information in their preferred language.
  - Improve the agency website so an individual will have the capability to read the information in the language of their choice.
  - Review agency brochures and information and have pertinent information translated and printed in Spanish.
  - Have a local entity provide training to staff to increase the knowledge of the Hispanic culture.
GOAL 4: Increase awareness of protection for older adults.

- Improve education and outreach of protective services to better inform the community about abuse and neglect.
  - Partner with the Lehigh County Elder Abuse Task Force to provide training.
  - Educate nursing homes, hospital networks, and the Hispanic community about protective services and how to identify abuse and make a report.

- Increase awareness of scams directed at older adults.
  - Provide scams training at all Neighborhood Senior Centers.
  - Create scams information sheets to be distributed to consumers and at health and community fairs.
  - Have presentations by the Department of Banking for seniors.
  - Provide awareness to the dementia-friendly community about seniors and scams.
Children & Youth Services

PROTECTING CHILDREN
STRENGTHENING FAMILIES
TRAUMA-INFORMED PRACTICE
Family Engagement Initiative

- Includes 3 core areas for meaningful family engagement
  - Enhanced Family Finding
    - Reduce number of children entering placement
    - Shorten length of time out of home for those who are placed
    - Use of Comfort Cottage for visitation
  - Crisis and Rapid Response Family Meetings
    - Brings family together with natural and community supports within 24-72 hours
  - Enhanced Legal Representation
    - Work closely with solicitors, parent attorney, guardian ad litem, and CASA
    - Close Court oversight
Truancy and Absenteeism Prevention

Children’s Roundtable
- Education Success and Truancy Prevention Committee
  - Universal focus
  - Prevention/Early Intervention
  - OCYS and ASD truancy program
  - Includes 9 elementary schools in the Allentown School District
  - OCYS-funded elementary school, home, and community-based outreach to families re: truancy
School Out-of-Home Placement Practices

- County-Wide Enrollment Training
- Enrollment Brochure
- Every Student Succeeds Act (ESSA)
- Transition Planning
- Cross-County Meeting of Schools, OCYS, Providers

Enrollment brochure

MOU
Early Head Start – SAFESTART Program

▪ A collaboration between Community Services for Children and OCYS
▪ Two full sites – West Allentown (old state hospital grounds) – East Allentown (LVH – 17th and Chew) adding Lehigh Valley Hospital as a third collaborative partner
▪ Providing all day supportive care for 64 children who are identified as drug impacted at birth
▪ Parent education and support – includes In-Home SAFESTART parenting program
▪ Following children ages 0-3 who then can transition into the Head Start program allowing for continuum of care
Housing Assistance

Assistance is offered for eligible families in need through:

- Sixth Street Shelter
- New Bethany Shelter
- Salvation Army Shelter
Community Partnerships

- Resilient Lehigh Valley
- Project Child
- United Way
- Community Services for Children
- Juvenile Probation
- Integrated Services
Child Advocacy Center

- Reducing trauma to victims of child abuse
- Child Protective Services Investigators
- Forensic Interviewer
- Medical
- Law Enforcement
- Family Advocate
Child Abuse Prevention Month

- Held in April
- Remembers those lost to child abuse
- Honors resilient families
Children & Youth Services

Everyone can make great childhoods happen....

Especially You....

Especially Now!!
HealthChoices

Provides for medically necessary behavioral health and substance abuse services to Medical Assistance enrolled Lehigh County residents through contracts with either a Behavioral Health or Physical Health Managed Care Organization (MCO).

Federally funded through the Center for Medicaid Services (CMS); funding is passed through the state to each individual County in Pennsylvania.

In 2019, the Lehigh County HealthChoices program provided behavioral health and substance abuse services to 18,893 unduplicated members accounting for $74.4 million in medical claims costs.

Program is always looking to be innovative and create new services that will meet the growing and changing needs of our members.
Current State HealthChoices Initiatives

- Tobacco Cessation Plan
- Community HealthChoices (CHC) – new to Lehigh County for January 2020
- Opioid Centers of Excellence
- Transitional Age Youth Certified Peer Specialist Pilot Program
- Integrated Care Performance initiative
- Antipsychotics Medications Dashboard
- Forensic Solutions
- Implementation of Intensive Behavioral Health Services (IBHS) - formerly BHRS
- Value Based Purchasing
- Tele-Health
- Trauma Focused Residential Treatment Facilities (RTF)
- Social Determinants of Health (SDoH)
HealthChoices
Innovative Programming

Wellness Recovery Teams (WRT) – A collaborative team approach to improve physical and behavioral health factors in those diagnosed with a serious and persistent mental illness, substance abuse disorder, and physical health conditions. Teams include an Administrative Navigator, Nurse Navigator, and Behavioral Health Navigator that assess and support identified areas of concern for members and collaborate with other treatment providers to ensure member whole health care.

County Wide School Based Mental Health Outpatient Services – Partnering with each school district to identify the unique mental health needs of its’ student body. Creating a pool of potential providers for School Districts to explore and interview to find the best fit to meet the needs of its’ student population. Providing Outpatient Services in identified schools to improve access to services and better meet member needs in their natural and community-based settings. A technical assistance Collaborative consisting of Magellan, Counties, Providers, and School Districts has been formed to help create consistency, share approaches, and work through challenges and barriers.
HealthChoices
Innovative Programming

Specialized services to better meet the varying needs of varying members. Examples of specialized services include Intensive Case Management for the homeless, Dual Diagnosis Treatment Team (DDTT), Transition to Independence Case Management program for transition age youth, Specialized Outpatient services for members with an Autism Spectrum Diagnosis, Certified Recovery Specialists, and Jail Diversion/Re-entry program for members with D&A issues.

Service gaps and unmet needs are assessed on an annual basis to determine additional community and residential programs that could assist HealthChoices members. Social determinants of health (i.e. housing, income, schooling, transportation, food, etc.) are areas of need that continue to be identified as having a large impact on member’s behavioral health needs. As such, social determinants are becoming areas of greater focus related to treatment. Identification of resources and linkages to those resources are being incorporated more into treatment plans and services for our members.
Crisis Intervention and Information & Referral

Individuals Served: 3,667
Phone Contacts: 2,147
Home and Community Visits: 782
Walk-in Visits: 86
Involuntary (302) Hospitalizations: 358
Voluntary Hospitalizations: 260
Crisis Intervention

Presenting Problem Comparison Data

- **SUICIDAL IDEATION/ATTEMPT**: 3193 (2019), 3412 (2020)
- **ANGER/AGGRESSION**: 1415 (2019), 2048 (2020)
- **PSYCHOSIS**: 1460 (2019), 1883 (2020)
- **DEPRESSION**: 1231 (2019), 1094 (2020)
- **ANXIETY**: 753 (2019), 759 (2020)
- **HOMICIDAL IDEATIONS**: 185 (2019), 84 (2020)
- **BASIC NEEDS**: 11 (2019), 70 (2020)
- **SELF MUTILATION**: 6 (2019), 114 (2020)
- **AGING CONCERNS**: 10 (2019), 184 (2020)
- **I&R/ALERT**: 0 (2019), 0 (2020)
Crisis Intervention and I&R Program Enhancements

- Collaboration between Mental Health and OCYS to develop a Mental Health Navigator Team
- Expansion of the I&R/OCYS role to support families during COVID-19
- Enhancing Trauma Awareness
<table>
<thead>
<tr>
<th>Drug &amp; Alcohol Specialty Services:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Certified Recovery Specialist (CRS)</td>
</tr>
<tr>
<td>Hospital Opioid Support Team (HOST)</td>
</tr>
<tr>
<td>Blue Guardian</td>
</tr>
<tr>
<td>Pregnant Women Case Coordination</td>
</tr>
<tr>
<td>Mother/Baby Programs</td>
</tr>
<tr>
<td>MAT in Jail</td>
</tr>
<tr>
<td>CRS Re-Entry Groups</td>
</tr>
<tr>
<td>Family Intervention</td>
</tr>
<tr>
<td>TCAP/RIP</td>
</tr>
<tr>
<td>MAT Induction in the ED</td>
</tr>
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## Drug & Alcohol by the Numbers:

### 2019 Totals - Lehigh SCA

<table>
<thead>
<tr>
<th>Service</th>
<th>14-15</th>
<th>15-16</th>
<th>16-17</th>
<th>17-18</th>
<th>18-19</th>
</tr>
</thead>
<tbody>
<tr>
<td>SAP Assessments</td>
<td>790</td>
<td>722</td>
<td>688</td>
<td>659</td>
<td>582</td>
</tr>
<tr>
<td>Confront Outreach</td>
<td></td>
<td></td>
<td></td>
<td>250 contacts per month</td>
<td></td>
</tr>
</tbody>
</table>

### Key Numbers

- **Number of authorizations approved**: 3,805
- **Number of referrals received by SCA**: 1,320
- **Number of HOST referrals received**: 2,295

### Average Numbers

- **AVG number of authorizations approved per month**: 317
- **AVG number of referrals received per month**: 110
- **AVG number of HOST referrals per month**: 191

### Service Specifics

- **AVG number of authorizations approved per work day (261-10 holidays = 251)**: 15
- **AVG number of referrals received per work day (251)**: 5
- **AVG number of HOST referrals received per work day**: 9

- **Confront Outreach**: 250 contacts per month
Drug & Alcohol by the Numbers:

Authorization Comparison Chart 2017, 2018 & 2019

- Number of authorizations approved:
  - 2017: 2772
  - 2018: 2959
  - 2019: 3805

- AVG number of authorizations approved per month:
  - 2017: 231
  - 2018: 247
  - 2019: 317

- AVG number of authorizations approved per work day (261-10 holidays =251):
  - 2017: 11
  - 2018: 12
  - 2019: 15
Drug & Alcohol by the Numbers:

Referral Comparison Chart 2017, 2018 & 2019

- Number of referrals received by SCA
  - 2017: 1572
  - 2018: 1688
  - 2019: 1320

- AVG number of referrals received per month
  - 2017: 131
  - 2018: 141
  - 2019: 110

- AVG number of referrals received per work day (251)
  - 2017: 6
  - 2018: 7
  - 2019: 5
Leveraging Partnerships to connect more people to the services they need.
Outreach & Allentown Police Department
- 538 clients served
- 83 treatment admissions

Upper Macungie Township Police Department (HUB)
- 37 joint contacts and joint interventions

Certified Recovery Specialist (CRS) Ride-Along with Law Enforcement
Of the 160 attempts, face to face contact was made with 80 individuals.

When successful joint contact is made, 49% (39 out of 80), the individuals entered treatment.
OD REVERSAL/NARCAN

224 Narcan Reversals in 2019
Healthcare

Physician distribution of Narcan in the community

MAT induction with ED & hospital setting

Connections program

Overdose simulation

Pregnant women case coordinator

Sepsis treatment & addiction recovery
### Referrals from Hospitals

<table>
<thead>
<tr>
<th>County</th>
<th>Referrals</th>
</tr>
</thead>
<tbody>
<tr>
<td>Berks</td>
<td>58</td>
</tr>
<tr>
<td>Bradford</td>
<td>2</td>
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<tr>
<td>Bucks</td>
<td>27</td>
</tr>
<tr>
<td>Carbon</td>
<td>52</td>
</tr>
<tr>
<td>Cumberland</td>
<td>2</td>
</tr>
<tr>
<td>Dauphin</td>
<td>2</td>
</tr>
<tr>
<td>Delaware</td>
<td>3</td>
</tr>
<tr>
<td>Lackawanna</td>
<td>4</td>
</tr>
<tr>
<td>Lancaster</td>
<td>4</td>
</tr>
<tr>
<td>Lehigh</td>
<td>1415</td>
</tr>
<tr>
<td>Luzerne</td>
<td>24</td>
</tr>
<tr>
<td>Lycoming</td>
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</tr>
<tr>
<td>Monroe</td>
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</tr>
<tr>
<td>Montgomery</td>
<td>20</td>
</tr>
<tr>
<td>Northampton</td>
<td>614</td>
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<td>OUT OF STATE</td>
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<td>Philadelphia</td>
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<td>Schuylkill</td>
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<tr>
<td>Grand Total</td>
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</table>

#### Referrals by County of Residence

- **Police**
- **OD Reversal/Narcan**
- **Lehigh County D&A**
- **Home**
- **Hospital**
- **Warm Handoff/HOST**
- **Coroner**
Referrals from Hospitals

<table>
<thead>
<tr>
<th>Level of Treatment Recommended</th>
<th>Count</th>
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<tr>
<td>0 None</td>
<td>247</td>
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<tr>
<td>1.0 Outpatient</td>
<td>19</td>
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<tr>
<td>2.1 Intensive Outpatient</td>
<td>83</td>
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<tr>
<td>2.5 Partial</td>
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<tr>
<td>3.1 Halfway House</td>
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<tr>
<td>3.5 Long Term Residential</td>
<td>56</td>
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<tr>
<td>3.7 Short Term</td>
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<tr>
<td>3.7 Short Term Residential</td>
<td>383</td>
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<tr>
<td>3.7 WM Medically Monitored Detox</td>
<td>916</td>
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<tr>
<td>4.0 Hospital Based</td>
<td>102</td>
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<tr>
<td>4.0 WM Hospital Based</td>
<td>109</td>
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<td>4.0 WM Medically Managed Detox</td>
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<td><strong>Grand Total</strong></td>
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### Referrals from Hospitals

<table>
<thead>
<tr>
<th>Row Labels</th>
<th>Count of Primary Drug of Choice</th>
<th>Count of Secondary Drug of Choice</th>
<th>Count of Tertiary Drug of Choice</th>
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<tbody>
<tr>
<td>Alcohol</td>
<td>1164</td>
<td>433</td>
<td>327</td>
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<tr>
<td>Drug Amphetamine</td>
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<tr>
<td>Drug Bath Salts</td>
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<tr>
<td>Drug Benzo</td>
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<tr>
<td>Drug Cocaine</td>
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<td>Drug Fentanyl</td>
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<td>Drug Heroin</td>
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<td>Drug Marijuana</td>
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<td>Drug Methadone</td>
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<td>Drug Methamphetamine</td>
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<td>Drug Opiates</td>
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<td>Drug Suboxone</td>
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<td><strong>1118</strong></td>
<td><strong>741</strong></td>
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CORONER

Drug Deaths

- 2019: 170
- 2018: 160
- 2017: 180
- 2016: 150
- 2015: 120

Lehigh County D&A

Police

OD Reversal Narcan

Coroner

Home

Hospital

Warm Handoff/ HOST

53
Intellectual Disabilities

Recent data from ODP Independent Monitoring for Quality includes the following results

- 97% of individuals who responded reported that their supports coordinator helps them get what they need.
- 87% of the respondents reporting that they were very happy or happy with their life.
- 94% of individuals who responded reported that they were generally satisfied with where they live.
- 95% of individuals who responded reported that they were generally satisfied with their work, school or other day activities.
Intellectual Disabilities, cont.

Recent data from ODP Independent Monitoring for Quality includes the following results:

▪ 98% of the individuals who responded reported that they were getting all or some of services they need to live in their home and community.

▪ 99% of the individuals who responded reported that they only sometimes or never felt lonely.

▪ When asked if they go to social events in the community that are attended by anyone from the community (e.g., parties, dances, and clubs) 93% of the individuals who responded reported that they do.

▪ 100% of staff appeared to recognize and support the individual they serve in ways that promote the person’s independence.

▪ 95% of staff appeared to treat the individual being supported with dignity and respect.
Intellectual Disabilities

- ID continues toward community based services, authorizing less in segregated settings and more in community supports and assisting with finding and maintaining competitive employment
- 321 consumers in the Family Support Services Program
- 323 P/FDS waivers, 103 Community Living waivers, and 535 Consolidated waivers provide necessary supports for individuals to be successful in the community
- 169 consumers are competitively employed in their communities
Block Grant Funding

Expenses by Service Type FY 18-19

- Day Program $42,272
- Community Employment $63,545
- Supports Coordination $187,401
- Family Support Service $278,275
- In Home & Community Supports $38,619
- Residential Services $854,188
- Consumer Transportation $12,882
- Vocational Rehab $91,410

Residential Services $854,188
Supports Coordination $187,401
Family Support Service $278,275
Waiver Funding

Number of Waivers by Type

- Consolidated: 323
- Community Living: 535
- Person/Family Directed Supports: 103
Waiver Funding

Expenses by Waiver Type FY 18-19

- Consolidated $89,041,836
- Community Living $2,485,633
- Person/Family Directed Supports $7,510,295

Total Waiver Expenses = $99,037,764
PUNS/Waiting List

Number of Individuals by Category

- Emergency: 163
- Critical: 101
- Planning: 68
The Mental Health Block Grant Plan last year started by stating “Lehigh County has recognized that there is a ‘crisis in the community’ as there is more need than there are workers to adequately cover the work that needs to be done with our contracted providers. The competition for qualified staff has resulted in vacancies in all programs…”

This year’s Block Grant opens by stating, “Lehigh County has recognized that there is a ‘crisis in the community’ caused by the COVID-19 pandemic.” While nothing has been reported that the mental health allocation to the county will be reduced, it would be foolish not to plan for a cut in our budget. The plan will review accomplishments made and goals for the future but will also address the very likely scenario that the county will be forced to do more with less.
RESIDENTIAL PROGRAM EVALUATION

- Per diem charge to the County
- Additional costs of services-ACT, BCM, Psych Rehab, etc.
- People served per year
- Outcomes
  - Hospitalizations
  - Average length of stay
  - Movement to less restrictive settings
NON-RESIDENTIAL PROGRAM EVALUATION

- Consumer Satisfaction Team
- Peer Mentor
- Vocational Rehabilitation
- Clubhouse
- Daybreak
- Warmline
- Compeer
- Suicide Task Force
COUNTY PROGRAMS EVALUATION

- Blended Case Management
- Crisis Intervention
- CHIPP
- Basic Service Unit
- Forensic Services
CURRENT CONTRACTS

TOTAL CONTRACTS
$11,774,250

Outpatient Treatment
$8,550,520

FY expenses ACT and BCM
$125,754

Community Programs*
$840,168

Residential Treatment
$2,257,808

* NAMI, Daybreak, The Clubhouse, Warmline, Compeer, employment, The Advocacy Alliance, etc.
INNOVATIVE PROGRAMS
To Connect With The Most Marginalized People In The County

Homeless outreach and service connection case manager. This staff goes out into the community to help identify and secure services for people who are homeless in Lehigh County.

The Pathways to Treatment case manager works with people who have complex situations of not having benefits, not having income, not having housing, having a need for services in multiple systems but not being registered in any of them. This case worker works intensively with these individuals to fill in all of the gaps and to support them in getting housing benefits, income, medical care, services from various departments within DHS.
DEVELOPING COMMUNITY
And Reducing Stigma

The number one determinant of longevity is social connectedness. It is essential that there are services and opportunities for people to have meaningful social contacts in the community and the community must be educated to eliminate the stigma that can be so isolating.

The Mental Health Office works with providers who support individuals in being part of a community of caring friends as well as providing opportunities for people to be part of the larger community in the county. These include NAMI, The Clubhouse of Lehigh County, Daybreak, Compeer, Peer Mentors, and The CSP Talent Group.
The need for supportive accessible housing opportunities is lacking. One Allentown rooming house/hotel charges $1,000 per month for a room and another charges $750. For rooming houses with shared baths, the cost is $600 or more/month, all of which are cost-prohibitive for someone on disability who receives around $780 per month in benefits.

Roommate Round Up has supported more than 30 people in locating housing and finding compatible roommates with whom they can share the cost of safe and affordable housing.
Living with a mental illness presents challenges for the individual as well as for their family. Services are in place through NAMI to support family members as they care for a loved one with a mental illness.
BCM DATA

From February 2019 to February 2020

UNDUPLICATED CLIENTS
168

OPEN CLIENTS
60

CLOSED CLIENTS
49
EACH MONTH ON AVERAGE

From January 2019 to January 2020

VOCATIONALLY INVOLVED: 19%
HOMELESS: 1.2%
BH HOSPITALIZATION: 2.8%
Community Services-Police Liaisons
July 1, 2019 through November 30, 2019. The Liaison working with the Allentown Police worked with 110 unduplicated individuals. The Liaison with the suburban police departments did not start working until October 2019 and has worked with 10 unduplicated individuals.

Law Enforcement, Crisis Intervention Team (CIT) training
CIT was planned for May and has been rescheduled for August 2020.
The Mental Health Office is partnering with Step by Step to provide innovative residential supports for people with a serious mental illness who are involved in the criminal justice system.

The former Linden St CRR is being remodeled with the final addition being a whole house generator that is required to maintain the locks and operations of the house in the event of a power outage. We are working towards being operational by July 1, 2020.

Step by Step will be purchasing a 6 unit apartment building that will serve 10 people in a non-licensed supportive housing program to replace the former Linden St CRR. The program will have enhancements that will allow it to work effectively as a stepdown from the LTSR.
The Forensic Peer services operated by PeerStar are meeting with jail and CCC case managers on January 15, 2020.

15 people have been evaluated by a psychiatrist in the jail starting 11/1/19. Counseling of inmates who are within 90-60 days of returning to the community started in January 2020.

Jail staff are now being encouraged to refer individuals to Mobile Psychiatric Rehabilitation Services as an alternative.
S.P.O.R.E. REFERRALS: 2,950

CO-SUPERVISION CASES: 65

Special Program for Offenders in Rehabilitation & Education
- We currently have 7 active mentor-mentee pairs.
- There are 25 active mentors, 41 total since inception.
- Current ages range from 36 to 76.
- There are 3 female mentors, 4 total since inception.
- 23 mentors saw combat: Vietnam, Kuwait, Kosovo, Iraq, Afghanistan, Somalia, Horn of Africa.
- Mentors come from various work backgrounds: law enforcement, corporate sales and management, accounting, nursing, education, non-profits, retirees.
- We have helped 57 applicants without giving them mentors through such means as treatment, housing, legal assistance.
- Some aren’t suitable for mentoring due to severity of crime, mental health issues, no desire or need for a mentor, incarcerated in other county.
- To date, 54 have successfully completed, 11 have reoffended, for a recidivism rate 20%.

**Note:** some have been accepted to program but have been dropped due to noncompliance, moving from area, no longer wishing to stay in program/not being able to stay in due to time constraints.
Lehigh County
Early Intervention
Early Intervention

- EI serves children ages birth to 3 with developmental delays
- FY 18-19 EI received 2,024 referrals.
- EI provides services to
  - Improve the child’s development and educational growth
  - Enhance the family’s capacity to meet their child’s needs
  - Prevents the need for more and more costly intervention in the future
An initial screening and/or a multidisciplinary evaluation is offered to every family. After a child is determined eligible for EI services, an Individualized Family Service Plan (IFSP) is developed.

**Direct EI services can include:**

- Service coordination
- Family training
- Special Instruction
- Occupational Therapy
- Speech/Language Therapy
- Physical Therapy
- Vision Support
- Hearing Support
Early Intervention

2018-2019

- 1,882 children were evaluated of which 1,641 were eligible
- 198 children were enrolled in the ITF Waiver
- 464 children were transitioned from the county infant/toddler EI program to an Intermediate Unit preschool program.
- 376 children were discharged successfully from the program
- 100% of the children entering EI in 18-19 had their evaluations and IFSP’s completed according to the mandated state timeline of 45 days from the date of referral.
- 5th Largest Early Intervention program in the state.
Early Intervention Community Collaboration

- Safe Start - two locations/two trained service coordinators assigned to each location
- Plans of Safe Care for infants affected by prenatal substance exposure—a collaboration between the county offices of C & Y, EI and D & A and the local birthing hospitals.
- Easter Seal Society—conducts screenings/provides referrals for children in child care centers and homeless shelters
- Unconditional Child Care—provides classroom coaching to child care centers to prevent children from being at risk of suspension/expulsion.
EI Yearly Growth

YEARLY GROWTH / AVERAGE MONTHLY REFERRALS

<table>
<thead>
<tr>
<th>Year</th>
<th>Referrals</th>
</tr>
</thead>
<tbody>
<tr>
<td>2013-2014</td>
<td>129</td>
</tr>
<tr>
<td>2014-2015</td>
<td>136</td>
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<tr>
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<tr>
<td>2017-2018</td>
<td>168</td>
</tr>
<tr>
<td>2018-2019</td>
<td>169</td>
</tr>
</tbody>
</table>
Integrated Services

CHILDREN’S MENTAL HEALTH, CHILD AND ADOLESCENT SERVICES SYSTEM (CASSP), AND SYSTEM OF CARE

Purpose/Mission ➔ Bridge Service/Communication Gaps within the Child-Serving System/DHS

CASSP System Coordination and Placement Meetings held: Available to all County residents at no cost. Coordinates team meetings with youth and families, their supports, and other professionals to increase communication, solve problems, identify resources, and develop a coordinated plan of care.

Cross System Team & Integrated Case Management Support: Multi-disciplinary team meets weekly to assist DHS and Juvenile Probation with youth & families and adults involved in multiple-systems.

Community Partnerships: Integrated Services Caseworker who partners with Crisis Intervention, Magisterial District Justice Offices and other community agencies to assist families with short-term case management or linkage services before family gets further involved with systems and/or to ensure the family does not “fall through the cracks”.
Integrated Services – Initiatives

- Provides leadership for the County’s Plan of Safe Care – a cross-system collaboration between Children & Youth, Drug & Alcohol, LVHN/SLUHN

- Partnering with Children & Youth and other community partners to develop strategies for early detection and interventions to meet the mental health and wellness needs of children/families.

- Coordinates cross-system DHS collaboration for transitional aged youth and youth with disabilities to ensure smooth seamless movement into the adult system.

- Connecting with local universities and colleges to offer students learning and internship experiences in cross-system work.

- Provides Youth Mental Health First Aid Training to Community
Resilient LV

▪ Cross-sector coalition dedicated to creating a trauma informed and resilient Lehigh Valley. Backbone support via the United Way.

▪ Provides trauma awareness and trauma-informed training to any and all interested agencies and community groups.

▪ Identified as one of 7 pilot projects in the PA Deputy Attorney General’s State-Wide Trauma Informed Network.

▪ Launched first Trauma Conference in June 2019, webinar series 2020.

▪ Resilient LV on Facebook,  www.resilientlehighvalley.org
Resilient LV Strategic Priorities

▪ Raise awareness of the impact of trauma and adversity on children and adults throughout the community.

▪ Build collaborative and organizational capacity to lessen the impact and negative effects of adverse childhood experiences and childhood trauma.

▪ Provide more access to resources, training, education and tools that create more trauma-informed systems and organizations that help build resilience and do not re-traumatize children and families.

▪ Foster collaboration among and between educational, health and human service systems and their community partners, including business, civic, nonprofit, legal, philanthropic and faith-based organizations.

▪ Advocate for trauma-informed policy, practice and funding.

▪ Help communities reduce risk factors and increase protective factors that promote well-being and resilience.
For 2020 – 2021......

- Service Needs?
- Unmet Needs?
- Unserved Populations?
- Underserved Populations?

*What could/should be different?*

*What works?*

*How can we do better?*