

Lehigh County Office of
Children and Youth Services

Walk in Our Footsteps

A Promise for Parents

By signing this pledge, I'm taking my turn to make a difference in the life of a child. Some of the things I will do in my community:

- ♥ Really listen to a child. I understand that children need undivided attention when they talk. I will be patient and remember that they move at a different pace in their little worlds
- ♥ Make special time for a child that I care about
- ♥ Bake cookies or prepare a meal for a new mother in my neighborhood
- ♥ Provide amusement for restless children in a waiting room
- ♥ Smile and acknowledge that "it's tough work" when I see a parent coping with a stressful situation in public
- ♥ Remind the caregivers that I know what a great job they are doing
- ♥ Listen to parents when they tell me about their challenges
- ♥ Advocate for programs that provide parents with education and support—starting when their child is born!
- ♥ Support flex-time and comp-time arrangements in the workplace so that families can deal with day-to-day situations and emergencies

♥ _____

♥ _____

♥ _____

I pledge this in honor of: _____

My signature: _____

