

LEHIGH TIMES

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Fall 2018

LEHIGH COUNTY AGING & ADULT SERVICES

Aging with Intellectual Disabilities Conference

PA Link and the Lehigh and Northampton County Aging/ID Team will be holding a conference on **“Sustaining our Advocates of Older Adults with Intellectual Disabilities”** on Thursday, October 25, 2018 from 7:30 a.m. to 4:30 p.m. at DeSales University Center in Center Valley.

This conference is to educate professionals about supporting individuals who are aging with an intellectual disability and those that care for them.

Conference participants will be able to:

- Understand the difficulty differentiating mood from cognitive changes.
- Define trauma in a way that challenges understanding and respects its scope and prevalence in our work.
- Identify ways to recognize bullying issues and how to change the environment.
- Define and describe compassion fatigue, including its symptoms.
- Identify the difficulty in recognizing substance abuse and the prevalence in older adults.
- Learn ways to process grief and loss while dealing with consumers.

Conference is limited to 150 participants and cost is \$45.00. **Deadline to register is Friday, October 12, 2018.**

For a conference brochure and registration, please contact kimberlymelusky@lehighcounty.org or call (610) 782-3096.



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Special points of interest:

- If you know someone who is interested in receiving this Enewsletter, please have them contact Kim at (610) 782-3096 or email kimberlymelusky@lehighcounty.org.
- Feel free to print or email this newsletter.

Property Tax/Rent Rebate Deadline Extended

The Property Tax/Rent Rebate program deadline for older adults and residents with disabilities to apply for rebates of rent and property taxes paid in 2017 has been extended from June 30 to December 31, 2018.

The rebate program benefits eligible Pennsylvanians age 65 and older; widows and widowers age 50 and older; and people with disabilities age 18 and older. The income limit is \$35,000 a year for homeowners and \$15,000 annually for renters, and half

of Social Security income is excluded. Spouses personal representatives or estates may also file rebate claims on behalf of claimants who live at least one day in 2017 and meet all other eligibility criteria.

The maximum standard rebate is \$650, but supplemental rebates for qualifying homeowners can boost rebates to \$975.

Property Tax/Rent Rebate application forms and assistance are available at no cost from

Department of Revenue district offices, local Area Agency on Aging, senior centers and state legislators' offices.

(Taken from PA Dept of Revenue website)



Mortgage Foreclosure and Fair Housing Workshop

PA Link and North Penn Legal Services will be holding a workshop on **Mortgage Foreclosure Prevention and Fair Housing Rights** on Tuesday, October 30, 2018 from 9:00 a.m. to 12:00 p.m. at the Northampton

County Human Services Building.

This workshop is FREE, but registration is required. Please register by contacting Kim Melusky at (610) 782-3096 or kimberlymelusky@lehighcounty.org.



Fall Prevention and Social Engagement Programs

Lehigh Valley Active Life offers a Fall Prevention program funded in part by United Way of the Greater Lehigh Valley and a Social Engagement program for isolated senior citizens funded in part by the Harry C. Trexler Trust and the The

Century Fund. Either program can be accessed by contacting Yendira Rosario at yendirarosario@gmail.com or by calling her at (610) 437-3700. Both programs are at no cost to participants.



2018 Open Enrollment Sites for Medicare Part D

Lehigh County

Lehigh Valley Active Life

1633 Elm St.
610-437-3700
Monday, Tuesday, Wednesday, &
Thursday
By Appointment

Lehigh County Government Center

17 S. 7th St.
610-782-3200
Wednesday 10 AM to 1 PM
By Appointment

LVPG Geriatric Medicine

17th & Chew St.
610-782-3034
Monday October 15th, October 29th,
November 12th, & November 26th
By Appointment

Parkland Community Library

4422 Walbert Ave.
610-398-1361 Ext. 13
Wednesday 10:30 AM to 1:30 PM
By Appointment

Rep. Michael Schlossberg

2030 W. Tilghman St.
Suite 100
610-821-5577
Tuesday 10 AM to 2 PM
By Appointment

Rep. Peter Schweyer

1912 S. 4th St.
610-791-6270
Monday 10 AM to 2 PM
By Appointment

Southern Lehigh Public Library

3200 Preston Lane
610-282-8825 Ext. 834
Wednesday 10 AM to 2 PM
By Appointment

Slatington Public Library

650 Main St.
610-767-6461
Tuesday 9 AM to Noon
By Appointment

Fellowship Community

3000 Fellowship Drive
610-769-4315
Thursday & Friday
By Appointment

Northampton County

Nazareth Senior Center

15 South Wood Street
Nazareth, Pa 18064
Tuesdays 8 a.m. to 11:30 a.m. and
1 p.m. to 3:00 p.m. starting 10/16/18
On street parking only
Please call Stacy Walsh at
610-759-8255 for an appointment.

Rep. Marcia Hahn

196 W. Moorestown Road
Wind Gap, Pa 18091
Tuesdays 9a.m. to 12 noon and
1p.m. to 3 p.m. starting 10/16/18
Closed 11/06/18
Please call 610-746-2100 for an
appointment.

Rep. Joe Emrick

447 Blue Valley Drive
Bangor, PA 18013
Tuesdays 1p.m. to 3 p.m. starting
10/16/18
Closed 11/06/18
Please call 610-588-8011 for an
appointment.

Rep. Zachary Mako

2030 Center Street
Northampton, Pa 18067
Tuesdays 9:30 to 12:30 p.m. starting
10/16/18
Closed 11/6/18
Please call 610-502-2701 for an
appointment.

Northampton County Human Services

2801 Emrick Blvd.
Bethlehem, Pa 18020
Wednesdays 10 a.m. to 12 noon and
1 p.m. to 4 p.m. starting 10/17/18
Please call Delores Miller at 610-829-
4507 or dmiller@northamptoncounty.org
for an appointment.

Sen. Lisa Boscola

1701 Washington Blvd.
Easton, Pa 18042
Wednesdays 1 p.m. to 5 p.m. starting
10/17/18
Please call Dana Mehta at
610-829-1717 for an appointment.

Bethlehem Public Library- South Side

400 Webster Street
Bethlehem, PA 18015
Thursdays- 2:00pm-5:00pm
starting 10/18/18 Closed 11/22/18
On street parking with meter
Please call Brenda 610-867-7852
for an appointment.

Easton Area Lifestyle Campus

3201 Sullivan Trail
Easton, Pa 18040
Thursdays 1:00 p.m. to 3:00 p.m.
starting 10/18/18
Closed 11/22/18
Please call 610-829-3201 for an
appointment.

Rep. Steve Samuelson

104 East Broad Street
Bethlehem, Pa 18018
Fridays 9a.m. to 12 noon starting
10/19/18
Closed 11/23/18
Please call 610-867-3890 for an
appointment.



Do you Know About the Work of an Ombudsman?

In Pennsylvania, Ombudsmen empower, investigate and work to resolve individual complaints and issues on behalf of residents of long-term care services. All discussions are completely confidential and reported to the facility only with the resident's permission to pursue a resolution. They are advocates for residents! Ombudsmen also provide education about residents' rights under federal and state law.

An Ombudsman's motto is to 'Advocate for those who can't, support those who can, and ensure all long-term consumers live with **dignity and respect.**'

An Ombudsman is:

- A trained individual who can help if you have a complaint or problem with any long-term care service;
- A source to provide information about your rights as a consumer and assistance in exercising those rights;
- An advocate for high standards of quality of care who promotes strict enforcement of those standards;
- A promoter of the highest quality of life for care dependent Pennsylvanians, 60 years of age and older;
- A consumer representative who works within the legislative and rule-making process to

improve long-term care services throughout the state; and

- A person who assists long-term care consumers in pursuing remedies to their problems.

An Ombudsman is available at each Area Agency on Aging to investigate and help resolve complaints made by or on behalf of Pennsylvanians in long-term care facilities, such as nursing homes, assisted living facilities, and personal care homes, or those receiving long-term care at home. For more information, contact Lehigh County Aging and Adult Services at (610) 782-3200 or Northampton County Area Agency on Aging at (610) 559-3270.

Community Health Choices in PA

Mark you Calendar!

There will be an informational session, with an overview of Community Health Choices (CHC) and how Pennsylvania is doing with implementation, at De Sales University Center on March 25, 2019.

Information and registration will be available in the next newsletter.

Presenters will be Heather Hallman, Special Advisor to the Secretary of Human Services and Kevin Hancock, Deputy Secretary for the PA Department of Human Services.

Information session will be from 9:30 a.m. to 11:30 a.m. Mark you calendar!





Pennsylvania Link to Aging and Disability Resources, commonly referred to as PA Link, is a cross-age system network of partner agencies who collaborate to service individuals who need long term care services and supports. The “no wrong door” approach attempts to minimize duplication of efforts by both consumer and provider.

To join our network, or for additional information on one of the upcoming trainings or workshops, contact Kim Melusky at kimberlymelusky@lehighcounty.org.

Many additional events sponsored by our partners are also listed at www.lehighnorthamptonlink.org under upcoming events. Check often!

Please look through this newsletter for upcoming events or visit www.lehighnorthamptonlink.org.

Contact Kim Melusky at 610-782-3096 or kimberlymelusky@lehighcounty.org to register.

PA Link in Lehigh & Northampton

What PA Link has been up to in Lehigh and Northampton County lately...

The ***Aging with Intellectual Disabilities Conference*** is scheduled for October 25, 2018 at De Sales University.

North Penn Legal Services will hold a workshop on ***Mortgage Foreclosure Prevention and Fair Housing Rights*** on October 30, 2018 from 9 a.m. to 1 p.m..

PA Housing Finance Agency is holding their annual ***Lehigh Valley Forum*** on November 2, 2018.

There will be a ***Community Health Choices presentation*** at De Sales University on March 25, 2019.

For information on any of these events, or to register for any trainings and workshops listed here, please contact Kim Melusky at (610) 782-3096.



LEHIGH COUNTY AGING & ADULT SERVICES

Lehigh County Government Center
17 South 7th Street
Allentown, PA 18101

Phone: 610-782-3034
Fax: 610-820-2028
E-mail: agingandadult@lehighcounty.org



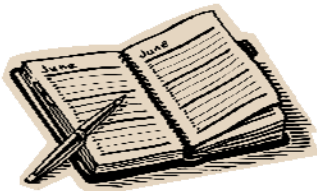
The Lehigh County Office of Aging and Adult Services is committed to supporting and empowering the well being of all adults of all ages, residing in Lehigh County. The office advocates for Lehigh County residents and provides a wide range of services and information to help adults to be well informed. Information and assistance is provided to enable individuals to remain active, healthy, productive and independent in their community.

For additional information, or to make a referral, please contact the Lehigh County Information and Referral Unit at (610) 782-3200.

We're on the web!

www.lehighcounty.org

Dates to Remember



Mark your calendar!

Upcoming senior fairs....

Senior Health Fair at Lehigh Valley Active Life, 1633 West Elm Street in Allentown, October 9, 2018 from 9 a.m. to 12 noon.

Sen. Pat Browne's Health Fair at Country Meadows, Building 4, 410 N. Krocks Road in Allentown, October 18, 2018 from 10 a.m. to 1 p.m.

Rep. Mako's Health Fair at Luther Crest, 800 Hausman Road in Allentown, October 19, 2018 from 10 a.m. to 1 p.m.

To volunteer as an **Apprise Counselor or Volunteer Ombudsman**, or to receive more information about these volunteer opportunities, please call the agency at (610) 782-3034.

To join our PA Link network, visit our website at www.lehighnorthamptonlink.org.