

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<h1>OCTOBER, 2021</h1> <h2>HOT MENU</h2>				1
				Turkey Biscuit Stew Mixed Vegetables Parslied Potatoes Biscuit Fresh Fruit Salad
4	5	6	7	8
Stuffed Pepper w/Meatsauce Peas & Carrots Mashed Potatoes WW Dinner Roll Gelatin	Baked Ham Diced Beets Sweet Potatoes WW Dinner Roll Pineapple Sugar Cookie	Breaded Chicken Cutlet Vegetable Medley Buttered Noodles Baked Apple Graham Cr.	Pulled Pork Corn Chowder Coleslaw WW Sandwich Roll Chocolate Pudding	Bacon Cheeseburger Creamy Mushroom Soup Roasted Potato Wedges WW Sandwich Roll Tropical Fruit
11	12	13	14	15
Shrimp Alfredo Broccoli and Red Peppers Rigatoni WW Dinner Roll Fresh Orange	Apple Butter Pork Chop Brussels Sprouts Sweet Potatoes WW Dinner Roll Oatmeal Cookie	Meatloaf w/Gravy Green & Wax Beans Mashed Potatoes WW Dinner Roll Fruited Yogurt	Turkey and Bean Chili Peppers & Onions Cornbread Fresh Apple Slices	Breaded Fish Sandwich Stuffed Pepper Soup Broccoli Slaw WW Sandwich Roll Chocolate Chip Cookie
18	19	20	21	22
Stuffed Cabbage Cauliflower & Peas Buttered Noodles Greek Yogurt with Fruit	Rosemary Garlic Chicken Lemon Butter Broccoli Roasted Red Potatoes WW Dinner Roll Vanilla Pudding	Swiss Steak Mixed Vegetables Mashed Potatoes WW Dinner Roll Fruit Cocktail	Sweet & Sour Chicken Stir Fry Vegetables Brown Rice Dinner Roll Fresh Orange	BBQ Riblet Vegetable Medley Macaroni & Cheese Fresh Melon
25	26	27	28	29
Holiday Roast Turkey w/Gravy Brussels Sprouts Bread Stuffing Apple Crisp	Roast Pork w/Gravy Green Beans Vegetable Rice Pilaf Orange Shortbread Cookie	Chicken Scallopini Broccoli Garlic Pasta Dinner Roll Peaches	Hot Roast Beef Sandwich Pumpkin Bisque Mashed Potatoes WW Bread Double Chocolate Cookie	Penne and Turkey Meat Sauce Italian Vegetable Medley Garlic Spinach WW Penne Pineapple

**COLD MENU** – OCTOBER, 2021

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<p><b>OCTOBER, 2021</b></p> <p><b>COLD MENU</b></p>				1
				<p>BBQ Chicken Salad WW Dinner Roll Fresh Fruit Salad</p>
4	5	6	7	8
<p>Reuben Sandwich Broccoli Salad Rye Bread Fresh Orange</p>	<p>Turkey Cobb Salad WW Dinner Roll Pineapple</p>	<p>Cuban Sandwich Cuc. Tom. Onion Salad WW Bread Fresh Melon</p>	<p>Chicken Caesar Salad WW Dinner Roll Fresh Orange</p>	<p>Roast Beef &amp; Cheddar Broccoli Salad WW Sandwich Roll Fresh Pear</p>
11	12	13	14	15
<p>Antipasto Salad WW Dinner Roll Fresh Banana</p>	<p>Turkey Coleslaw Pita Potato Salad Whole Wheat Pita Pineapple</p>	<p>Crispy Chicken Salad WW Dinner Roll Fresh Melon</p>	<p>Egg Salad Sandwich Cuc. Tom. Onion Salad WW Bread Fresh Orange</p>	<p>Greek Salad with Turkey WW Dinner Roll Grapes</p>
18	19	20	21	22
<p>Salami, Mozzarella, Pepper Sandwich Potato Salad Focaccia Bread Fresh Orange</p>	<p>Chicken BLT Bagel Coleslaw Bagel Fresh Fruit Salad</p>	<p>Chef Salad with Chicken WW Dinner Roll Fresh Orange</p>	<p>Ham and Cheddar Sandwich Broccoli Salad Whole Wheat Bread Fresh Apple Slices</p>	<p>Shrimp Caesar Salad WW Dinner Roll Grapes</p>
25	26	27	28	29
<p>BBQ Chicken Salad WW Dinner Roll Fresh Fruit Salad</p>	<p>Reuben Sandwich Broccoli Salad Rye Bread Fresh Orange</p>	<p>Turkey Cobb Salad WW Dinner Roll Pineapple</p>	<p>Cuban Sandwich Cuc. Tom. Onion Salad WW Bread Fresh Melon</p>	<p>Chicken Caesar Salad WW Dinner Roll Fresh Orange</p>