

HOT MENU - Lehigh County

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 2019		1	2	3
		Chicken Picatta Wild Rice American Blend Veg Tropical Fruit	Beef Pot Roast Scalloped Potatoes Brussels Sprouts Sugar Cookie Fresh Apple Wheat Bread	Macaroni & Cheese Stewed Tomatoes Broccoli & Cauliflower Pineapples
6	7	8	9	10
Chicken a la King Roasted Potatoes Green Beans Peaches Wheat Bread <i>Week 2</i>	Soup and Sandwich	Salisbury Steak With Gravy Mashed Potatoes Carrots Banana Wheat Bread	Pork Loin Mashed Yams Braised Red Cabbage Oatmeal Cookie Wheat Bread	Crab Cake Tartar Sauce Potato Wedges Zucchini Applesauce Wheat Bread
13	14	15	16	17
Meatball Sub Capri Blend Vegetables Berry Crisp Wheat Roll <i>Week 3</i>	Turkey & Biscuit Peas & Carrots Orange	Beef Stew Buttered Noodles Broccoli & Cauliflower Apple	Sweet & Sour Pork Brown Rice Oriental Vegetable Banana Wheat Bread	Macaroni & Cheese Stewed Tomatoes Broccoli Fruit Cocktail
20	21	22	23	24
Chicken Croquette Roasted Potatoes Carrots Pineapple Wheat Bread <i>Week 4</i>	Low Salt Baked Ham w/ Maple Mustard Whipped Sweet Potato Brussels Sprouts Angel Food Cake	Chicken Parmesan Whole Wheat Pasta Green Beans Orange Wheat Bread	Meatloaf w/Gravy Whipped Potatoes Vegetable Medley Pudding Wheat Bread	Tilapia Whole Grain Pilaf Beets Fresh Fruit Wheat Bread
27	28	29	30	31
Centers Closed Memorial Day	Chicken Caesar Salad	Chopped Steak w/ Onion Gravy Scalloped Potatoes Carrots Tropical Fruit Wheat Dinner Roll	Roasted Turkey Breast Bread Stuffing Green Beans Orange	Battered Fish w/ Tartar Sauce Confetti Rice Mediterranean Medley Apple Wheat Bread