

**HOT MENU** - Lehigh County

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
Labor Day Centers Closed  <i>Week 4</i>	Turkey Salisbury Steak Mashed Potatoes Zucchini Fresh Fruit	BBQ Beef Rib-a-Que Roasted Potato Green Beans Banana	Pulled Pork Warm Bean Salad Creamy Spinach Applesauce	Cheese Ravioli w/Meatballs Brussels Sprouts Apricots
10	11	12	13	14
Vegetable Lasagna w/Meat Sauce Mediterranean Vegetables Cinnamon Apples  <i>Week 5</i>	Potato Crusted Fish Brown Rice Peas & Carrots Fresh Orange	Marinated Chicken Caesar Salad Diced Pears Oatmeal Cookie	Creamy Swedish Meatballs Wheat Pasta Green Beans Tropical Fruit	Peach Glazed Pork Chops Mashed Yams Cauliflower Fresh Fruit
17	18	19	20	21
Alaskan White Fish Brown Rice Roasted Beets Mandarin Oranges  <i>Week 1</i>	BBQ Chicken Breast Wheat Pasta Roasted Carrots Tropical Fruit	Stuffed Peppers Wax Beans Seasonal Fruit	Roasted Pork Mashed Sweet Potatoes Roasted Red Cabbage Fruit Cocktail	Chopped Steak w/Onion Gravy Mashed Potatoes Broccoli Banana
24	25	26	27	28
Grilled Hamburger Broccoli & Cauliflower Mix Warmed Peaches  <i>Week 2</i>	Pork Marsala Brown Rice Pilaf Carrots Applesauce	Tilapia w/Bread Crumbs Roasted Potatoes Capri Blend Vegetables Plums	Creamy Mac & Cheese Stewed Tomatoes Broccoli Mixed Fruit	Marinated Chicken Over bed of Romaine Lettuce Tomatoes Cucumbers Fresh Fruit

