



St. Luke's Caregiver Support Group

St. Luke's Caregiver Support Group is designed to provide emotional, educational, and social support for caregivers through regularly scheduled meetings. The meetings are designed to help participants develop methods and skills to solve problems, as well as share stories and resources. The group encourages caregivers to maintain their own personal, physical and emotional health while providing care for their loved ones.

**St. Luke's Caregiver Support Group meets monthly at
St. Luke's Center Valley Health Center
St. Luke's Senior Care Associates
5445 Lanark Road, Suite 200 • Center Valley, PA 18034**

For date and time, contact **484-526-7900**
or go to sluhn.org/Classes-Events

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St Luke's
UNIVERSITY HEALTH NETWORK