

GOOD SHEPHERD REHABILITATION NETWORK

Good Shepherd Plaza 850 South Fifth Street Allentown, PA 18103 610-776-3100 or 1-888-44-REHAB (toll free) www.GoodShepherdRehab.org

GOOD SHEPHERD FACTS

Good Shepherd Rehabilitation Network, based in Allentown, Pennsylvania, is a nationally recognized rehabilitation leader, offering an unmatched continuum of care for people with physical and cognitive disabilities.

Good Shepherd's Mission:

Motivated by the divine Good Shepherd and the physical and cognitive rehabilitation needs of our communities, our mission is to enhance lives, maximize function, inspire hope, and promote dignity and well-being with expertise and compassion.

- Good Shepherd provides inpatient and outpatient care at 49 locations. This includes 36 locations in the greater Lehigh Valley and 13 locations at Good Shepherd Penn Partners in Philadelphia (including GSPP Penn Therapy & Fitness at Rittenhouse, opening in November 2011).
- Number of employees: 2,175
- Number of people who are treated by Good Shepherd annually: 62,000+
- Good Shepherd's specialized programs: Neurorehabilitation, Pediatrics, Cardiopulmonary/Complex Medical, Musculoskeletal/Orthopedic, Long-Term Care

Levels of rehabilitation care:

- 31 outpatient physical rehabilitation sites (21 in the Lehigh Valley and 10 in Philadelphia)
- 4 inpatient physical rehabilitation hospitals: Good Shepherd Rehabilitation Hospital in Allentown (74 beds), Good Shepherd Rehabilitation at Pocono Medical Center (12 beds), the Good Shepherd Rehabilitation Hospital Pediatric Unit (16 beds), the Penn Institute for Rehabilitation Medicine in Philadelphia (58 beds)
- 3 management contracts: Wayne Memorial Hospital in Honesdale (14 beds), Easton Hospital in Easton (10 beds), Children's Hospital of Philadelphia (inpatient, outpatient and bedside care at CHOP's acute-care hospital). Note: These beds are under the host institutions' licenses
- 2 long-term acute care hospitals: Good Shepherd Specialty Hospital, Bethlehem (32 beds) and Good Shepherd Penn Partners Specialty Hospital at Rittenhouse (38 beds)
- 2 long-term care homes for people with disabilities (159 residents)
- 1 independent living apartment building (18 units)
- Work Services division that provides employment training and job placement



FACTSHEET

Good Shepherd Rehabilitation Network Programs and Services

ALS Clinic 610-776-3278 option 2

Good Shepherd Rehabilitation Hospital - Allentown, 850 S. Fifth Street, Allentown, PA 18103

Assistive Technology: Harry C. Trexler Center for Assistive Technology 610-776-3517
Health & Technology Center, 850 S. Fifth Street, Allentown, PA 18103

Aquatic Therapy

- Health & Technology Center, 850 S. Fifth Street, Allentown, PA 18103 (Aquatic services are also available to inpatients in the Good Shepherd Rehabilitation Hospital-Allentown)
 610-776-3220 option 2
- Good Shepherd Outpatient Rehabilitation CedarPointe, 1651 N. Cedar Crest Boulevard, Suite 100, Allentown, PA 18104 484-788-0700
- Good Shepherd Physical Therapy Center Valley, 4883 Route 309, Center Valley, PA 18034 610-797-0999
- Good Shepherd Physical Therapy Macungie, 6465 Village Lane, Suite #5, Macungie, PA 18062 484-519-3801

Balance (Vestibular) Program 610-778-9316

Offered at select inpatient and outpatient locations. Please call for details.

Brain Injury Program 610-776-3263

Offered at most inpatient and all outpatient locations. Please call for details.

Cancer: Oncology Rehabilitation 610-776-3247

Offered at most inpatient and outpatient locations. Please call for details.

Cognitive/Linguistic Treatment Program 610-776-3270

Offered at most inpatient and select outpatient locations. Please call for details.

Concussion Program 610-776-3214

Good Shepherd Rehabilitation Hospital - Allentown, 850 S. Fifth Street, Allentown, PA 18103

Diagnostic Imaging Center 610-778-1060 .

Health & Technology Center, 850 S. Fifth Street, Allentown, PA 18103

Driving Evaluation and Training Program 610-776-3517

Health & Technology Center, 850 S. Fifth Street, Allentown, PA 18103

Dysfluency: Fluency Program 610-776-3270

Offered at most inpatient and select outpatient locations. Please call for details.

Dysphagia Program 610-776-3232

Offered at most inpatient and select outpatient locations. Please call for details.

Hand Clinic: Healing Hands Community Service Screening Clinic 610-776-3345
Health & Technology Center, 850 S. Fifth Street, Allentown, PA 18103

Hand Therapy 610-776-3345

Offered at select inpatient and outpatient locations. Please call for details.

Kinesio Taping 1-888-44-REHAB (73422)

Offered at select outpatient locations. Please call for details.

Lee Silverman Voice Training Program 610-776-3247

Offered at select inpatient and outpatient locations. Please call for details.

Long-Term Acute Care

Good Shepherd Specialty Hospital at Lehigh Valley Hospital-Muhlenberg, South Entrance,
 3rd & 4th Floors, 2545 Schoenersville Road, Bethlehem, PA 18015 484-884-5056

Long-Term Care for Individuals with Severe Disabilities

- Good Shepherd Home at Conrad W. Raker Center, 601 St. John Street, Allentown, PA 18103 610-776-3199
- Good Shepherd Home Bethlehem, 2855 Schoenersville Road, Bethlehem, PA 18017 610-807-5600

Lymphedema Management 610-776-3344

Offered at select inpatient and outpatient locations. Please call for details.

Medically Complex Inpatients 484-884-5056

Good Shepherd Specialty Hospital at Lehigh Valley Hospital-Muhlenberg, South Entrance, 3rd & 4th Floors, 2545 Schoenersville Road, Bethlehem, PA 18015

Multiple Sclerosis Rehabilitation 610-778-9303

Good Shepherd Rehabilitation Hospital - Allentown, 850 S. Fifth Street, Allentown, PA 181

Muscular Dystrophy Clinic 610-776-3278

Good Shepherd Rehabilitation Hospital - Allentown, 850 S. Fifth Street, Allentown, PA 18103

Neurorehabilitation Program (Inpatient) 610-776-3263

Offered at all inpatient locations.

Neurorehabilitation Program (Outpatient) 610-776-3247 option 2

Offered at all outpatient locations.

Occupational Therapy 610-776-3100

Offered at all inpatient locations and most outpatient locations. Please call for details.

Orthopedic Rehabilitation (Inpatient) 610-776-3223

Offered at all inpatient locations. Please call for details.

Orthopedic Rehabilitation (Outpatient) 610-776-3220 option 2

Offered at all outpatient locations. Please call for details.

Orthotic and Prosthetic Clinic 610-776-3278 option 2

Good Shepherd Rehabilitation Hospital - Allentown, 850 S. Fifth Street, Allentown, PA 18103

Pediatric Assistive Technology 610-776-3578

The Harry C. Trexler Center for Assistive Technology, Health & Technology Center, 850 S. Fifth Street, Allentown, PA 18103

Pediatric Feeding Programs

- Inpatient: Good Shepherd Rehabilitation Hospital Pediatric Unit, 2855 Schoenersville Road, Bethlehem, PA 18017 610-807-4200
- Outpatient: Pediatric Feeding Clinic, Dornsife Pediatric Center, Health & Technology Center, 850 S. Fifth Street, Allentown, PA 18103 610-776-8334

Pediatric Inpatient Rehabilitation 610-807-4200

Good Shepherd Rehabilitation Hospital Pediatric Unit, 2855 Schoenersville Road, Bethlehem, PA 18017

Pediatric Outpatient Rehabilitation 610-776-3578

Offered at select outpatient locations. Please call for details.

Pennsylvania's Initiative on Assistive Technology Lending Library 610-778-1015

The Harry C. Trexler Center for Assistive Technology, Health & Technology Center, 850 S. Fifth Street, Allentown, PA 18103

Physical Therapy 610-776-3100

Offered at all inpatient and outpatient locations.

Podiatry, Podiatric Medicine 610-778-1050

The Spine & Joint Center at Good Shepherd, Health & Technology Center, 850 S. Fifth Street, Allentown, PA 18103.

Prosthetic and Orthotic Clinic 610-776-3278 option 2

Good Shepherd Rehabilitation Hospital - Allentown, 850 S. Fifth Street, Allentown, PA 18103

Psychological Services 610-776-3213

Offered at all inpatient locations. Please call for details.

Recreational Therapy 610-776-3540

Offered at inpatient and long-term care locations. Please call for details.

Spasticity Management Program 610-776-3278

Good Shepherd Rehabilitation Hospital - Allentown, 850 S. Fifth Street, Allentown, PA 18103

Speech and Communication Program 610-776-3270

Offered at all inpatient and select outpatient locations. Please call for details.

Spinal Cord Injury Program 610-778-9291

Offered at most inpatient and all outpatient locations. Please call for details.

Spine & Joint Center at Good Shepherd, The 610-778-1050

Health & Technology Center, 850 S. Fifth Street, Allentown, PA 18103

Stroke Rehabilitation Program 610-776-3585

Offered at all inpatient and all outpatient locations.

Telecommunications Device Distribution Program 610-778-1015

The Harry C. Trexler Center for Assistive Technology, Health & Technology Center, 850 S. Fifth Street, Allentown, PA 18103

Transportation Services 610-776-3396

Ventilator Weaning Program 484-884-5056

Good Shepherd Specialty Hospital at Lehigh Valley Hospital—Muhlenberg, South Entrance, 3rd & 4th Floors, 2545 Schoenersville Road, Bethlehem, PA 18015

Vestibular (Balance) Program 610-778-9316

Offered at select inpatient and outpatient locations. Please call for details.

Vocational Rehabilitation

- Good Shepherd Work Services, 1901 Lehigh Street, Allentown, PA 18103 610-776-8350
- Clubhouse of Lehigh County, 1437 Gordon Street, Allentown, PA 18102 610-433-9910

Wheelchair and Mobility Clinic 610-776-3517

The R.J. Foundation Mobility Center, Health & Technology Center, 850 S. Fifth Street, Allentown, PA 18103

Work-Related Injury Rehabilitation 484-788-0700

- Good Shepherd Rehabilitation Hospital Allentown, 850 S. Fifth Street, Allentown, PA 18103
- Good Shepherd Outpatient Rehabilitation CedarPointe, 1651 N. Cedar Crest Boulevard, Suite 100, Allentown, PA 18104

Wound Care: Complex Wound Care Program 610-776-3536

Offered at most inpatient locations. Please call for details.

Support Groups:

Aphasia Group 610-776-3233

Health & Technology Center, 850 S. Fifth Street, Allentown, PA 18103

Brain Trauma Support Group for Adults 610-776-3393

Health & Technology Center, 850 S. Fifth Street, Allentown, PA 18103

Brain Trauma Support Group for Teens 610-776-3578

Good Shepherd Rehabilitation Hospital Pediatric Unit, 2855 Schoenersville Rd., Bethlehem, PA 18017

Cognitive/Linguistic Skills Group 610-776-3232

Good Shepherd Rehabilitation Hospital - Allentown, 850 S. Fifth Street, Allentown, PA 18103

Communication Skills Group 610-776-3270

Health & Technology Center, 850 S. Fifth Street, Allentown, PA 18103

The Loud Crowd 610-776-3270

Health & Technology Center, 850 S. Fifth Street, Allentown, PA 18103

Multiple Sclerosis Support Group 610-776-3585

Health & Technology Center, 850 S. Fifth Street, Allentown, PA 18103

Sibshops for the Siblings of Children with Special Needs 610-807-4241

Good Shepherd Rehabilitation Hospital Pediatric Unit, 2855 Schoenersville Rd., Bethlehem. PA 18017

Spinal Cord Injury Support Group 610-778-9291

Good Shepherd Rehabilitation Hospital - Allentown 850 S. Fifth Street, Allentown, PA 18103

Stroke Survivor Support Group

- Health & Technology Center, 850 S. Fifth Street, Allentown, PA 18103 610-776-8322
- Good Shepherd Rehabilitation at Easton Hospital, 250 S. 21st Street, Easton, PA 18042 610-250-4240
- Good Shepherd Wayne Memorial Inpatient Rehabilitation Center, 601 Park Street, Honesdale, PA 18431 570-253-8732

Well Spouse Group 610-776-3213

Lehigh Valley Hospital, Cedar Crest Boulevard and I-78, Allentown, PA 18105

Tools for Independent Living:

Lifetime Care Management: Independence Solutions 610-776-3256

Helps aging adults or people with disabilities live safely in their homes as long as possible

Rehability 1-888-873-4224 Independent living products and therapy tools at www.rehabilitystores.com

Wellness Services and Classes:

Fitness Opportunities

- Optimal Fitness, Health & Technology Center, 850 S. Fifth Street, Allentown, PA 18103
 610-776-3167. Fitness center with accessible equipment for people with disabilities. Open to Good Shepherd employees and their families, patients and/or those with qualifying medical conditions. Classes include yoga, Tai Chi and aerobics. Aquatics classes also available.
- Fitness is also offered at several outpatient locations. Please call for details.

Movement Disorders Program 484-788-0700

Good Shepherd Outpatient Rehabilitation - CedarPointe,1651 N. Cedar Crest Boulevard, Suite 100, Allentown, PA 18104

Multiple Sclerosis Wellness Program 610-778-9303

Health & Technology Center, 850 S. Fifth Street, Allentown, PA 18103

A Brief History:

Good Shepherd was founded in 1908 when The Rev. John and Estella Raker invited a disabled orphan named Viola Hunt into their Allentown, Pennsylvania, home. From the initial vision and bold steps of the Rakers, then fostered by their son, The Rev. Dr. Conrad W. Raker, Good Shepherd has advanced many new types of rehabilitation care in its 103-year history.

Assistive and Rehabilitation Technology Leader:

Good Shepherd Rehabilitation Network is a national leader in the use of assistive and rehabilitation technology to increase, maintain or improve the functional capability of people with disabilities or as part of a comprehensive therapy program. No other hospitals in the region have comparable technology capabilities or services.

Examples of assistive technology are:

- Adaptive wheelchairs and seating
- Environmental control systems
- Augmentative communication devices

Rehabilitation technologies utilized in the therapy process at Good Shepherd include:

- Ekso (formerly eLEGS) wearable, robotic exoskeleton
- Hand and leg neuromuscular stimulators
- Body-weight supported equipment
- Electrical stimulation for swallowing problems
- A balance measurement machine developed by NASA

Growth and Financial Facts:

- Under President & CEO Sally Gammon, Good Shepherd more than quadrupled in size since 1997, growing from a \$45 million to a \$200 million operation.
- While growing at this extraordinary rate, Good Shepherd has maintained its "A" bond rating.
- In June 2000, Good Shepherd initiated a \$40 million capital campaign that surpassed its goal 18 months ahead of schedule and concluded with a total of \$51 million. The funds from the capital campaign were used to transform the organization's Allentown campus and build the Good Shepherd Health & Technology Center, which opened in the summer of 2006.
- In 2008, Good Shepherd became the majority owner of a joint venture with Penn Medicine in Philadelphia. Good Shepherd Penn Partners (GSPP) provides all post-acute care for the Penn Medicine network.
- Parents from as far away as Montana have brought their children to Bethlehem to be treated at the Good Shepherd Pediatric Unit, which opened in June 2009. In the following year, Good Shepherd's Outpatient Pediatrics Program expanded with the opening of the Dornsife Pediatric Therapy Suite. Good Shepherd Pediatrics now serves more than 4,500 children a year.
- Good Shepherd has always provided substantial charitable care and community support. As a percentage of total revenue, charitable care was 6.0 percent in fiscal year 2011 (or \$7.751 million) and 5.8 percent in fiscal year 2010 (or \$6.721 million).