

Conference Agenda

Aging with ID: A View from a Different Lens

Thursday, October 24, 2019
8:00 a.m. to 3:00 p.m.

De Sales University Center
2755 Station Avenue
Center Valley, PA

8:00-8:30 a.m.

Continental Breakfast and Registration

8:30-8:45 a.m.

Welcome and Introductions

8:45-10:15 a.m.

“Full Diagnosis” Rather than “Dual Diagnosis”

Gregory Cherpes, M.D.
Medical Director of ODP

10:15-10:30 a.m.

Break

10:30-12:00 noon

Morning Session

12:00-1:15 p.m.

Lunch

1:15-2:45 p.m.

Afternoon Session

2:45-3:00 p.m.

Evaluations and Certificates



Northampton
Community College

Northampton Community College is an approved provider of continuing nursing education by PA State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Please contact kimberlymelusky@lehighcounty.org or call 610.782.3096 for any provisions or special needs.

Aging with ID: A View from a Different Lens

Thursday, October 24, 2019
8:00 a.m. to 3:00 p.m.

De Sales University Center
2755 Station Avenue
Center Valley, PA



A conference to educate professionals about understanding the whole person to better support and assist individuals, families and communities throughout their lifespan.

Registration Form

Deadline to Register: October 11, 2019

Name: _____

Agency: _____

Address: _____

Phone: _____

Email: _____

Select sessions from list of topics in this brochure:

Circle one for each session:

Morning Session: A B

Afternoon Session: C D

Please select interested credits:

____ Social Work ____ RN

____ Personal Care Home Administrator

License Number must be provided:

Cost for conference \$45.00

Conference limited to 200 participants.

Mail this form with check payment to:

Lehigh County Aging and Adult Services

Lehigh County Government Center

17 South 7th Street

Allentown, PA 18101

Attn: Onalise Witty

Cut on dotted line.

Objectives

Most find that looking at the entire person and their life experiences are helpful in assessing and treating the individual. Recognizing the mind and body connection is important to provide comprehensive care.

This conference will examine the whole person and:

- Demonstrate how substance abuse disorder treatment helps heal the person with a substance abuse disorder,
- Identify assistive devices available to assist a person with a disability to continue driving,
- Learn ways to adapt and use a computer, tablet or smart phone,
- Understand diagnoses and environmental factors that may increase the likelihood of challenging behaviors, and
- Be able to define stress as a perceived deficiency in resources to meet a perceived challenge.

Keynote

**“Full Diagnosis “rather than “Dual Diagnosis”
Gregory Cherpes, M.D.**

Dr. Cherpes is the Medical Director for the Office of Developmental Program. His clinical, research, and educational efforts have been devoted to addressing the healthcare needs of people with developmental disabilities across the lifespan. He will discuss issues of physical health, behavioral health, and wellness related to aging that are important to individuals with intellectual and developmental disabilities and those who provide support.

Breakout Sessions

Morning Session:

(A) Addiction is a Disease

Gillian Beauchamp, M.D., Lehigh Valley Health Network

Learn about the history and trajectory of the overdose epidemic in the US and potential solutions to this crisis, and how a multifactorial approach is needed. Hear about the underlying disease process and how treatment will address this process and how stigma surrounding substance use disorder can create barriers to successful treatment.

(B) Driving Education Program and Adaptive Computer Access Program

Angela Brown COTA/L, ATP, CDRS and Michael Schempp, OTR/L, CNA, E.E.T., Good Shepherd Rehabilitation Hospital

A review of what driving evaluation consists of and what the recommendations may be as well as the state requirements regarding equipment and funding. Also learn how the Adaptive Computer Access Program can provide the aid you need to maximize both function and independence.

Afternoon Session:

(C) Problem Solving Challenging Behaviors

Erin Edwards, M.S., BCBA, BSL, PennCares

Better assess behavior and determine possible triggers for behaviors that may be difficult to manage. Review perspectives and interventions for treating and resolving challenging behaviors.

(D) Mindfulness

Susan Wiley, M.D., Lehigh Valley Health Network Center for Mindfulness

Using instruction, dialogue and mindfulness practices, experience and explore stress, stress reactivity and mindfulness. Resiliency arises from increased capacity to work with the unpleasant.