

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
Cedar View Senior Center May 2024 Activities Calendar	Lunch reservations should be made by 10:00 AM the day before. Call Anne at 610-398-1094 We are located at 4230 Dorney Park Rd Allentown, PA 18104	11:00 AM Cinco De Mayo Music 10:00 AM Wii Bowling 10:15AM In-person Chair Exercise 12:00 PM LUNCH 1:00 Clay Class	9:30 AM BINGO 12:00 PM LUNCH	9:30 AM Coffee Hour Board Games/Cards 9:30 AM Mahjong 10:00 AM Chair Exercises DVD 12:00 PM LUNCH
6	7	8	9	10
9:30 AM Coffee Hour 10:00 AM Tai Chi 12:00 PM LUNCH	Center Closed For Iron Pigs Baseball Game	9:30 AM Coffee Hour 10:00 AM Wii Bowling 10:15AM In-person Chair Exercise 12:00 PM LUNCH 1:00 Clay Class	9:30 AM BINGO 12:00 PM LUNCH	9:30 AM Coffee Hour Board Games/Cards 9:30 AM Mahjong 10:00 AM Chair Exercises DVD 12:00 PM LUNCH
13	14	15	16	17
9:30 AM Coffee Hour 10:00 AM Tai Chi 12:00 PM LUNCH	9:30 AM Coffee Hour Board Games/Cards 12:30 Diabetes Self-Management Class 12:00 PM LUNCH	9:30 AM Coffee Hour 10:00 AM Wii Bowling 10:15AM In-person Chair Exercise 12:00 PM LUNCH 1:00 Clay Class	9:30 AM BINGO 12:00 PM LUNCH	9:30 AM Coffee Hour Board Games/Cards 9:30 AM Mahjong 10:00 AM Chair Exercises DVD 12:00 PM LUNCH
20	21	22	23	24
9:30 AM Coffee Hour 10:00 AM Tai Chi 12:00 PM LUNCH	10:00 AM Craft : Butterfly Painting 12:30 Diabetes Self-Management Class 12:00 PM LUNCH	9:30 AM Coffee Hour 10:00 AM Wii Bowling 10:15 AM In-person Chair Exercise 12:00 PM LUNCH 1:00 Clay Class	9:30 AM BINGO 12:00 PM LUNCH	9:30 AM Coffee Hour Board Games/Cards 9:30 AM Mahjong 10:00 AM Chair Exercises DVD 12:00 PM LUNCH
27	28	29	30	31
CENTER CLOSED FOR MEMORIAL DAY	9:30 AM Coffee Hour Board Games/Cards 12:30 Diabetes Self-Management Class 12:00 PM LUNCH	9:30 AM Coffee Hour 10:00 AM Wii Bowling 10:15 AM In-Person Chair Exercise 12:00 PM LUNCH 1:00 Clay Class	9:30 AM BINGO 12:00 PM LUNCH	9:30 AM Coffee Hour Board Games/Cards 9:30 AM Mahjong 10:00 AM Chair Exercises DVD 12:00 PM LUNCH

For more information, Call Anne 610-398-1094