

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
4	5	6	7	8
MORNING EXERCISES 10:00-11:00 A.M.	WII BOWLING 10:00-11:00 A.M.	LIVING WITH CHRONIC CONDITIONS 10:00-12:30 P.M. <i>In person exercise-</i> 10:00-11:00 A.M.	BINGO 9:30-11:30 A.M.	Happy Mother's Day AFTERNOON CHAIR EXERCISES 1:00-2:00 P.M.
11	12	13	14	15
MORNING EXERCISES 10:00-11:00 A.M.	WII BOWLING 10:00-11:00 A.M.	<i>In person exercise-</i> 10:00-11:00 A.M.	BINGO 9:30-11:30 A.M.	AFTERNOON CHAIR EXERCISES 1:00-2:00 P.M.
18	19	20	21	22
MORNING EXERCISES 10:00-11:00 A.M.	WII BOWLING 10:00-11:00 A.M.	<i>In person exercise-</i> 10:00-11:00 A.M.	BINGO 9:30-11:30 A.M.	AFTERNOON CHAIR EXERCISES 1:00-2:00 P.M.
25	26	27	28	29
Center Closed 	WII BOWLING 10:00-11:00 A.M.	<i>In person exercise-</i> 10:00-11:00 A.M.	BINGO 9:30-11:30 A.M.	AFTERNOON CHAIR EXERCISES 1:00-2:00 P.M.

Cedar View Senior Center
 4230 Dorney Park Road
 Allentown, PA 18104
 610-398-1094

Activities are open to anyone in the community aged 60 and over
 Please call by 10:00 AM the day before you plan to attend to reserve lunch.