


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
9:30 Coffee and Chat 10:00 Tai Chi DVD	9:30 Coffee and Chat Board Games and Cards	9:30 Coffee and Chat 10:00 Wii Bowling 10:15 Chair Exercises DVD	9:30 Bingo HSIM 12:30-1:30	9:30 Coffee and Chat Board Games/cards 10:00 Chair exercises DVD
9	10	11	12	13
9:30 Coffee and Chat 10:00 Tai Chi DVD	9:30 Coffee and Chat Board Games and Cards	9:30 Coffee and Chat 10:00 Wii Bowling 10:15 Chair Exercises DVD 11:30 Nutrition Education with Victoria	9:30 Bingo HSIM 12:30-1:30	9:30 Coffee and Chat Board Games/cards 10:00 Chair exercises DVD
16	17	18	19	20
9:30 Coffee and Chat 10:00 Tai Chi DVD	9:30 Coffee and Chat Board Games and Cards	9:30 Coffee and Chat 10:00 Wii Bowling 10:15 Chair Exercises DVD	9:30 Bingo HSIM 12:30-1:30	9:30 Coffee and Chat Board Games/cards 10:00 Chair exercises DVD
23	24	25	26	27
9:30 Coffee and Chat 10:00 Tai Chi DVD	CLOSED FOR THE HOLIDAY	CLOSED FOR THE HOLIDAY	9:30 Bingo HSIM 12:30-1:30	9:30 Coffee and Chat Board Games/cards 10:00 Chair exercises DVD
30	31			
9:30 Coffee and Chat 10:00 Tai Chi DVD	CLOSED FOR THE HOLIDAY			

Welcome to Cedar View Senior Center!

Join us daily for fun and food. Activities are open to the community for any adults 60 and over. Center opens daily from 9:30 am to 1:15 pm

Lunch Reservations/cancellations can be made by calling Sherri at (610) 398-1094 by 10:00 am, 24 hours in advance.