

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
9:30 AM Game Time 10:30AM & 1:00 PM Chair Exercises 11:45 AM Lunch Pick up 12:15 PM Sit Down Lunch	9:30 AM Game Time 11:45 PM Lunch Pick up 12:15 PM Sit Down Lunch	9:30 AM Game Time 10:30AM Chair Exercises 11:30 AM Lunch Pick up 12:00 PM Sit Down Lunch	9:30 AM BINGO! 11:45 AM Lunch Pick Up 12:15 PM Sit Down Lunch	9:30 AM Game Time 10:30AM & 1:00 PM Chair Exercises 11:45 AM Lunch Pick up 12:15 PM Sit Down Lunch
10	11	12	13	14
9:30 AM Game Time 10:30AM & 1:00 PM Chair Exercises 11:45 AM Lunch Pick up 12:15 PM Sit Down Lunch	9:30 AM Game Time 11:45 PM Lunch Pick up 12:15 PM Sit Down Lunch	9:30 AM Game Time 10:30AM Chair Exercises 11:45 AM Lunch Pick up 12:15 PM Sit Down Lunch	9:30 AM BINGO! 11:45 AM Lunch Pick Up 12:15 PM Sit Down Lunch	9:30 AM Game Time 10:30AM & 1:00 PM Chair Exercises 11:45 AM Lunch Pick up 12:15 PM Sit Down Lunch 12:00 PM
17	18	19	20	21
CENTER CLOSED FOR MARTIN LUTHER KING HOLIDAY	9:30 AM Game Time 11:45 PM Lunch Pick up 12:15 PM Sit Down Lunch	9:30 AM Game Time 10:30AM Chair Exercises 11:45 AM Lunch Pick up 12:15 PM Sit Down Lunch	9:30 AM BINGO! 11:45 AM Lunch Pick Up 12:15 PM Sit Down Lunch	9:30 AM Game Time 10:30AM & 1:00 PM Chair Exercises 11:45 AM Lunch Pick up 12:15 PM Sit Down Lunch
24	25	26	27	28
9:30 AM Game Time 10:30AM & 1:00 PM Chair Exercises 11:45 AM Lunch Pick up 12:15 PM Sit Down Lunch	9:30 AM Game Time 11:45 PM Lunch Pick up 12:15 PM Sit Down Lunch	9:30 AM Game Time 10:30 AM Chair Exercises 11:45 AM Lunch Pick up 12:15 PM Sit Down Lunch	9:30 AM BINGO! 11:45 AM Lunch Pick Up 12:15 PM Sit Down Lunch	9:30 AM Game Time 10:30AM & 1:00 PM Chair Exercises 11:45 AM Lunch Pick up 12:15 PM Sit Down Lunch
31				
9:30 AM Game Time 10:30AM & 1:00 PM Chair Exercises 11:45 AM Lunch Pick up 12:15 PM Sit Down Lunch		Activities take place in the Community Room unless otherwise noted. Questions? Call Anne 610-398-1094	Cedar View Senior Center January 2022 Activities	