Abilities In Motion

Programs Served:
Attendant Care
Waiver
ACT 150
OBRA Waiver
Independence Waiver

Abilities in Motion

210 North 5th Street
Reading, PA 19601
610-376-0010
Toll Free 888-376-0120
610-288-2301 (TTY)

www.abilitiesinmotion.org

"Helping You Help Yourself to Independence"

Abilities in Motion
210 North 5th Street
Reading, PA 19601

"Helping You Help Yourself to Independence"

Home & Community Based Services

www.abilitiesinmotion.org

Abilities In Motion

Abilities In Motion is one of 18 centers for Independent Living in Pennsylvania.

We are dedicated to consumers who want to have control over their lives, living in their own home and participating in the community. We encourage those who dare to dream to live the life of choice.

Service Coordination

Consumers who are eligible for any of the under 60 programs may request Abilities In Motion to provide Service Coordination.

Service Coordination includes assisting the consumer in developing an appropriate personal care plan, and providing links to other services such as transportation, equipment and housing modifications.

Non Medical Personal Care

This may include bathing, dressing, meal preparation and light housekeeping. Consumers may request services for the time that best fit their personal lifestyle.

Consumers can choose between two models of service, or a combination of both:

Consumer Model- The consumer with the assistance of a fiscal agent may hire there own attendant.

Agency Model- Abilities In Motion has several contracts with different agencies to provide a home health attendant based on approved assessed needs.

Abilities In Motion
AIM
"Helping You Help Yourself to Independence"

210 North 5th Street
Reading, PA 19601
(Phone) 610-376-0030
(Fax) 610-288-0091

aimacpm@abilitiesinmotion.org

What kind of assistance is available?

A Transition Coordinator is available to provide intense support to residents of nursing homes that desire to live independently. The Transition Coordinator can help inform and empower residents to transition into the community setting of their choice. Services such as assistance with securing and establishing housing, accessible home modifications, adult day care and home health care, training for independent living, and the providing of health and medical services are just a few of the many parts of Nursing Home Transition.

Who else is involved in AIM's Nursing Home Transition Program?

In order to be a success, Nursing Home Transition requires the participation and cooperation of many people, including the resident and his or her family, friends, and neighbors, the nursing facilities, and the service providers in the community.

Making a difference in your life or for a loved one begins with you.

To find out more about the program, please contact AIM at 610-376-0010.

There's Really No Place Like HOME

And We Can Help.

Nursing Home Transition Program

A program directed by

Abilities In Motion AIM

A Center for Independent Living.

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Phone: 610-376-0010 • Toll free: 1-888-376-0120 • 610-288-2301 (TTY)
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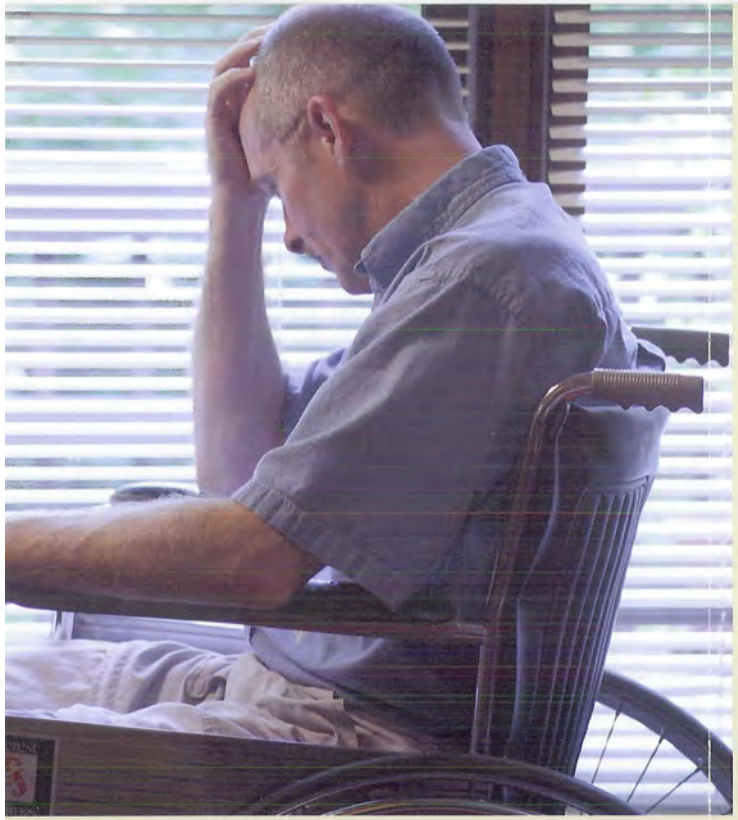

The Nursing Home Transition Program's overall goal is to help individuals transition into the community from nursing homes. It is designed to connect people with specific home and community based services an individual will need to live on their own or with a family member.

The program is funded through a grant from the state of Pennsylvania to Abilities in Motion, a center for independent living, and the Berks, Lancaster, and Lebanon county Area Agencies on Aging. This particular program is a team effort by all four of these agencies with Abilities In Motion (AIM) managing the program.

AIM employs Nursing Home Transition Coordinators whose job it is to work with consumers, families and friends, consumer advocates, social workers, and other nursing facility staff, housing specialists, and community service providers to make sure that residents of nursing homes, who wish to live on their own, experience as smooth a move as possible.

Why Nursing Home Transition?

Independence. Peace of Mind. Dignity. New-found freedom. There are many benefits to providing nursing home residents a choice in where they want to live. For some, nursing home care is needed. But for others, who perhaps are experiencing a short-term nursing home stay or have never had the support to help them get over some of the hurdles of moving back into the community, the Nursing Home Transition Program may help.

Who is eligible for Nursing Home Transition?

Any resident interested, regardless of age or income, should call AIM at 610-376-0010 to learn more. In addition, anyone, such as a family member, neighbor, or nursing home social worker, who is interested in helping a resident return to the community can call and find out more. A Nursing Home Transition Coordinator will speak to the resident directly to discuss the possibilities and options. Typically, the resident must have the desire and ability to live in the community. The resident must also be able to live within available resources.

Nursing Home Transition

Independence. Dignity. New-found freedom. Living a life of choice.

There Is No Place Like Home... And We Can Help Get You There.

Abilities In Motion's *Nursing Home Transition Program* provides intense support and assistance to nursing home residents that wish to leave a nursing facility and move back home to the community to live a life of independence.

We are available to provide assistance with securing and establishing housing, coordinating accessible home modifications, training for independent living and the providing of health and medical services through connections to home and community bases services. Funding may be available to help with one time expenses such as security deposits, essential furnishings and moving expenses. We also offer peer support and community reintegration education.

For more information please contact:
Stephanie Miller-Quigley, Nursing Home Transition Program Director
(serving Berks, Lancaster, Lebanon and Lehigh Counties)
Abilities In Motion
Phone: 610-376-0010 or toll free 1-888-376-0120
e-mail: aimsnht@abilitiesinmotion.org
210 North 5th Street, Reading, PA 19601

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