

Conference Agenda

Empowering You for a Better Tomorrow

Thursday, October 27, 2022

8:00 a.m. to 3:00 p.m.

De Sales University Center
2755 Station Avenue
Center Valley, PA

8:00-8:30 a.m.

Continental Breakfast and Registration

8:30-8:45 a.m.

Welcome and Introductions

8:45-10:15 a.m.

“Mental Fortitude”

Mr. Cornell Thomas

10:15-10:30 a.m.

Break

10:30-12:00 noon

Morning Session

12:00-1:15 p.m.

Lunch

1:15-2:45 p.m.

Afternoon Session

2:45-3:00 p.m.

Evaluations and Certificates

The conference committee will continue to monitor the changing circumstances surrounding COVID-19 and will follow applicable health and safety rules and guidance issued by Federal, State, and Local governments.



CEDAR CREST
COLLEGE



Northampton
Community College

Northampton Community College is approved as a provider of nursing continuing professional development by PA State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Please contact kimberlymelusky@lehighcounty.org or call 610.782.3096 for any provisions or special needs.

Empowering You for a Better Tomorrow

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8:00 a.m. to 3:00 p.m.

De Sales University Center
2755 Station Avenue
Center Valley, PA



A conference to educate professionals who work with diverse groups of abled individuals in understanding the whole person in order to better support and assist individuals, families and communities throughout their lifespan.

Registration Form

Deadline to Register: October 7, 2022

Name: _____

Agency: _____

Address: _____

Phone: _____

Email: _____

Select sessions from list of topics in this brochure:

Circle one for each session:

Morning Session: A B

Afternoon Session: C D

Please select interested credits:

____ Licensed Social Work ____ RN

____ Personal Care Home Administrator

License Number must be provided:

Cost for conference \$35.00

Conference limited to 200 participants.

Mail this form with check payment to:

Lehigh County Aging and Adult Services

Lehigh County Government Center

17 South 7th Street

Allentown, PA 18101

Attn: Kim Melusky

Cut on dotted line.

Objectives

Most find that looking at the entire person and their life experiences is helpful in assessing and treating the individual. Recognizing the mind and body connection is important to provide comprehensive care.

This conference will examine the whole person and:

- Basic familiarity as to who can benefit from the tools discussed with resources and materials for additional research.
- Learn the main tasks of grieving and several strategies to support the grief process and resiliency.
- Learn concepts around gender diversity and how to be a more effective ally for gender-diverse people.
- Understand the difference between DEI/AB and why we should invest in them.

Keynote

“Mental Fortitude”

Cornell Thomas is an international speaker, five-time author, and former basketball player and coach from New Jersey. Cornell is a perfect example of turning a disadvantage into an advantage. He has been all over the world sharing his amazing story, but also training in team building, diversity and inclusion, and dealing with change.

Breakout Sessions

Morning Session:

(A) Tools in the Planning Toolbox

Sally Schoffstall, Schoffstall Elder Law, LLC

This session will cover legal concepts and programs designed to assist those on public benefits, those with intellectual or physical challenges, and those who are aged or infirm. Among the topics covered will be Pa ABLE, Powers of Attorney, Guardianship, Special Needs Trusts and Wills.

(B) Losses Through the Pandemic and How We Grieve

Becki Fahs, RN, BSN

Learn the five main stages of grieving and understand how people are impacted by the experience of loss in their lives. Develop an appreciation for the resilience that we have nurtured through the pandemic and learn strategies to support the grief process.

Afternoon Session:

(C) Trans 101 and Transgender Cultural Competency

Corinne Goodwin (She/They)

An entertaining and interactive presentation to introduce attendees to concepts around gender diversity, who transgender people are, the issues the trans community faces, and how to be a more effective ally for gender-diverse people. Attendees will have the opportunity to ask questions without judgement.

(D) Importance of Diversity, Equity, Inclusion, Acceptance & Belonging in a Constant Changing World

Kumari Ghafoor-Davis, Trainer/Facilitator

DEI/AB has become a very relevant topic across all industries in the US. More and more organizations and individuals have become vested in learning more about this topic as the world has become more diverse and has been “forced” into acceptance of that diversity and more inclusion.