

Anyone Can Become Addicted. Anyone

Learn More. PAStop.org



Commonwealth Prevention Alliance Stop Opiate Abuse Campaign



STOP PRESCRIPTION DRUG ABUSE BEFORE IT STARTS.

If you or someone you know has a drug problem, there is help:
Lehigh County Drug and Alcohol 610-782-3555

DRUG TREATMENT OPTIONS

Confront • 1130 Walnut St •

Allentown • 610-433-0148

Livengrin Foundation • 961 Marcon Blvd •

Allentown • 610-264-5521

M.A.R.S., Inc. • 826 Delaware Avenue •

Bethlehem • 610-419-3101

Pyramid Healthcare • 1605 N Cedar Crest Blvd •

Allentown • 610-434-1126

Step-By-Step, Inc. • 375 Linden St •

Allentown • 610-776-1224

White Deer Run • 1259 S Cedar Crest Blvd •

Allentown • 610-432-5561

POSSIBLE SIGNS AND SYMPTOMS OF DRUG ABUSE

tremors loss of control euphoria dilated pupils
seizures unwarranted laughter pinned out pupils
drowsiness panic attacks irritability sweating
difficulty focusing lethargy weight loss anxiety
hallucinations "nodding out" confusion

***For HELP for YOURSELF when dealing with
an addicted loved one:***

Lehigh Valley Parent & Family Support Group

Thurs at 7:00 p.m. at First Presbyterian Church

3231 Tilghman Street, Allentown • LVPFSG@gmail.com

Al-Anon

Nar-Anon

<http://www.al-anon.org/> <http://www.naranonepa.org/>

For more copies contact:

Center for Humanistic Change

610-443-1595 www.thechc.org Skills for life's challenges • Center for Humanistic Change, Inc.



Mental Health Resources

LIFELINE for Suicide, 1-800-273-TALK (8255)

Lehigh County Crisis, 610-782-3127

Lehigh County Information and Referral, 610-782-3200

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STOP PRESCRIPTION DRUG ABUSE BEFORE IT STARTS.

Si usted tiene un problema con las drogas o si conoce a alguien que tiene un problema con las drogas, hay apoyo: **Lehigh County Drug and Alcohol 610-782-3555**

Opciones para el tratamiento de adicción:

Confront • 1130 Walnut St •

Allentown • 610-433-0148

Livengrin Foundation • 961 Marcon Blvd •

Allentown • 610-264-5521

M.A.R.S., Inc. • 826 Delaware Avenue •

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SIGNOS/SÍNTOMAS DEL ABUSO DE DROGAS

temores pérdida del control físico euforia pupilas dilatadas

ataques ataques nervioso ansiedad alucinaciones

temperatura del cuerpo alucinaciones pupilas oprimidas

aparente aturrida o confundido pupilas oprimidas sueño

dificultad en concentrarse letargo peso perdido

la risa injustificada quedarse en trance

Para la ayuda a manejar a una persona adicta:

Lehigh Valley Parent & Family Support Group

El Jueves a las 7:00 p.m. en la iglesia First Presbyterian

3231 Tilghman Street, Allentown • LVPFSG@gmail.com

Al-Anon

Nar-Anon

<http://www.al-anon.org/> <http://www.naranonepa.org/>

Para más copias:

Center for Humanistic Change

610-443-1595 www.thehc.org



Los Recursos Para La Salud Mental
LA LINEA SI ESTÁ PENSANDO EN SUICIDIO

1-800-273-TALK (8255)

Lehigh County Crisis, 610-782-3127

Lehigh County Information and Referral, 610-782-3200