NOTICE

# THIS MEETING IS BEING RECORDED. AUDIO AND VIDEO

# Lehigh County Department of Human Services

#### 2020-2021 HUMAN SERVICES PLANNING & PUBLIC HEARING MONDAY, APRIL 27, 10:30 AM AND 6:00 PM

KAY ACHENBACH, HUMAN SERVICES PAULA ROBERTS, CHILDREN & YOUTH JOSH BRIDGES, MH / ID / D&A / EI

MATT BAUDER, HEALTHCHOICES JR REED, AGING AND ADULT SERVICES SUE LETTERA, INTEGRATED SERVICES

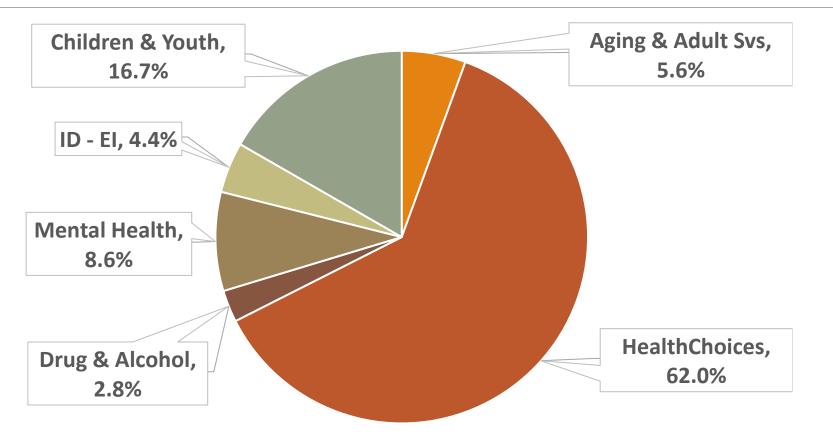
## What Are Human Services?

- •Designed to assist people in difficult life situations
- Interdisciplinary Services help people navigate through crisis or chronic situations where external help and guidance are needed for them to move forward with their lives and rediscover their personal power and self sufficiency
- •Not "Welfare"

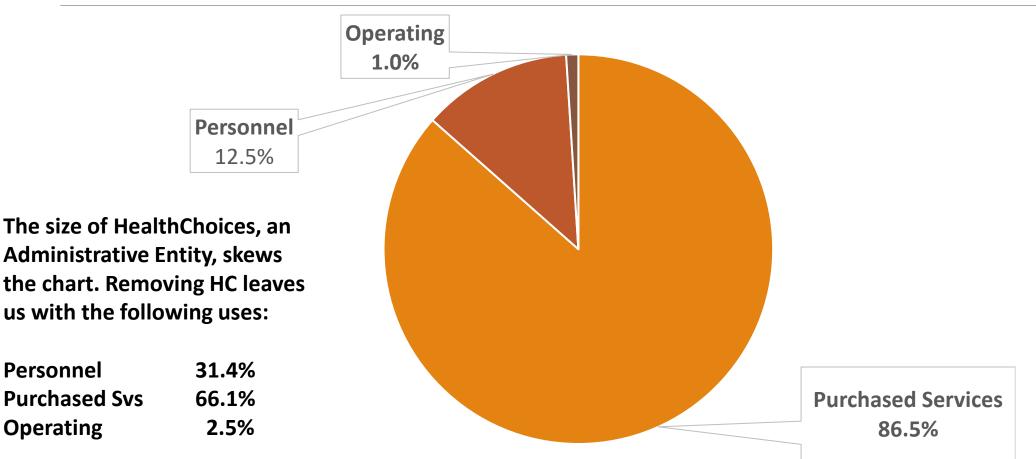
# State Charge & Partnership

- •State charges counties to assist in the delivery of Human Services
- •HS model varies by county
- •Counties can tailor their system as best meets the needs of citizens
- •Some typical HS activities are completely optional (County Homes, ie) and others are mandated

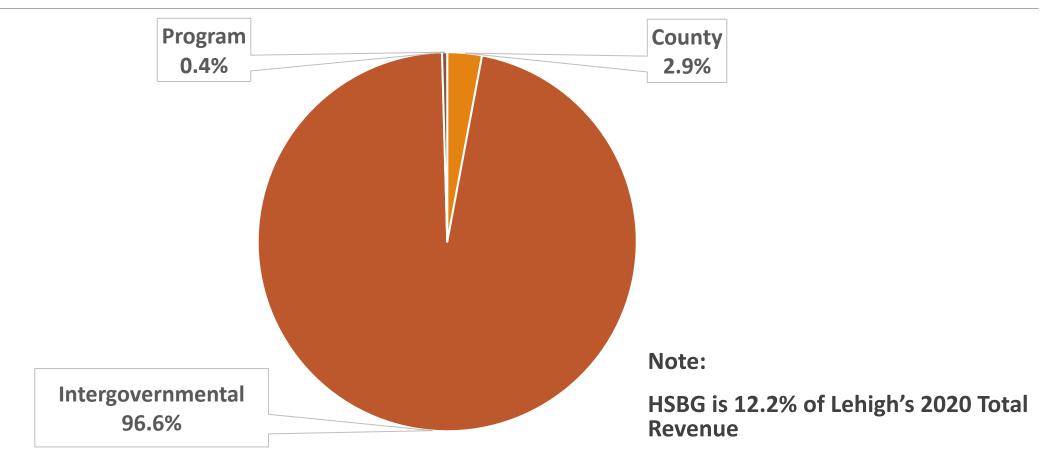
## 2020 Lehigh County DHS Budget



## 2020 DHS Expenditure Budget – Personnel, Operating, Purchased Services



### 2020 Revenue by Source



Nearly 6,463 (unduplicated) Aging consumers received direct services and/or congregate meals through PDA

Nearly 1,200 consumers 18-59 received direct services (meals, personal care, home assistance or home modifications, assessments, reports of abuse, neglect, exploitation or abandonment for adult protective services, and service planning/care management) through HSBG

Homeless Assistance Program (HAP)

- 532 individuals facing eviction/near homeless situation resolved
- 157 individuals had homeless situations resolved
- 237 households assisted
- 344 children resided in households

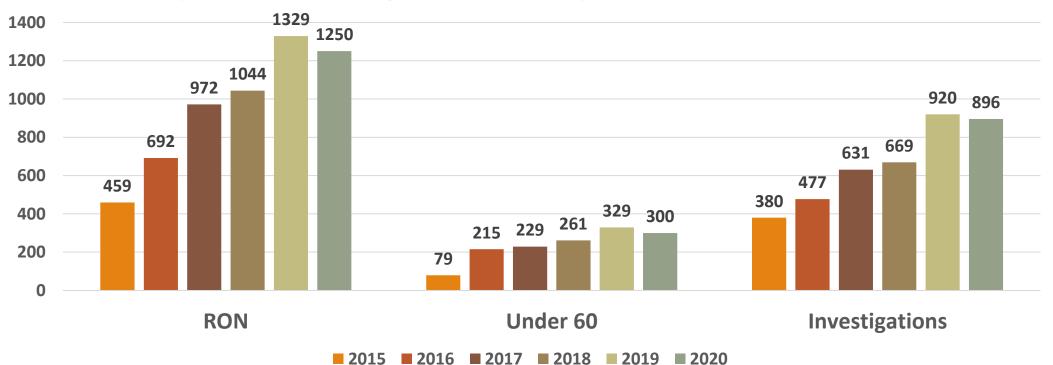
**Older Adult Protective Service** 

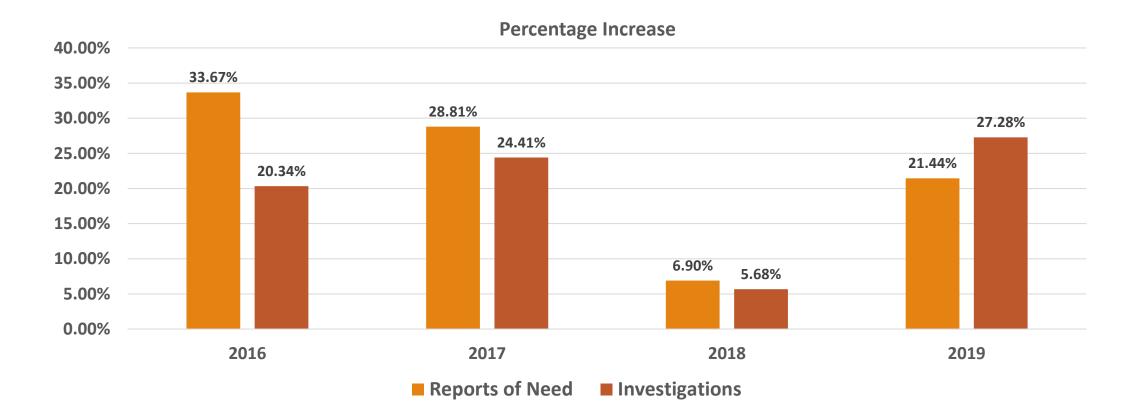
- 60 and over
- Abuse, Neglect, Exploitation and Abandonment
- Receive Reports and Investigate

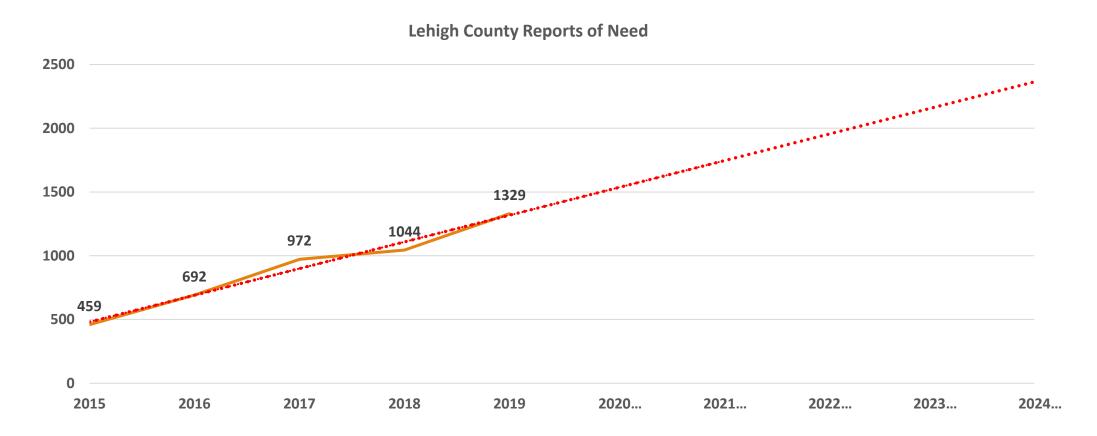
**Adult Protective Service** 

- 18-59 with a disability
- Abuse, Neglect, Exploitation and Abandonment
- AAA take Report
- Pass on to Liberty Healthcare to investigate

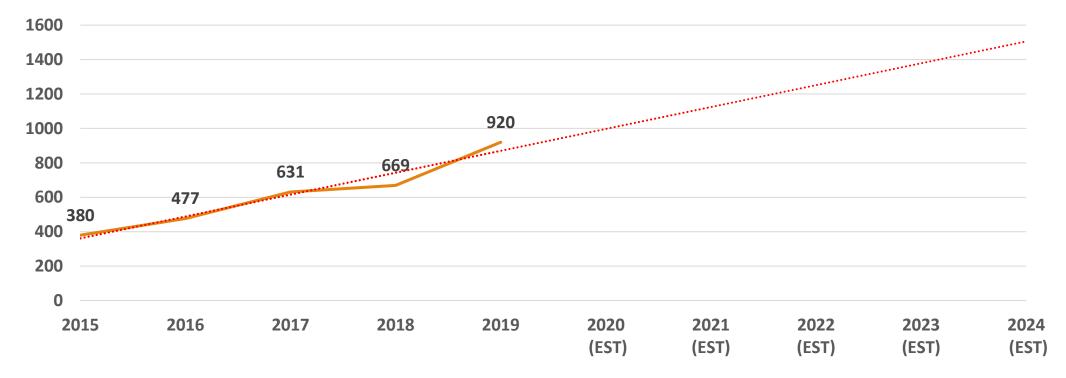
**Reports of Abuse, Neglect, Financial Exploitation And Abandonment** 







Lehigh County Investigations



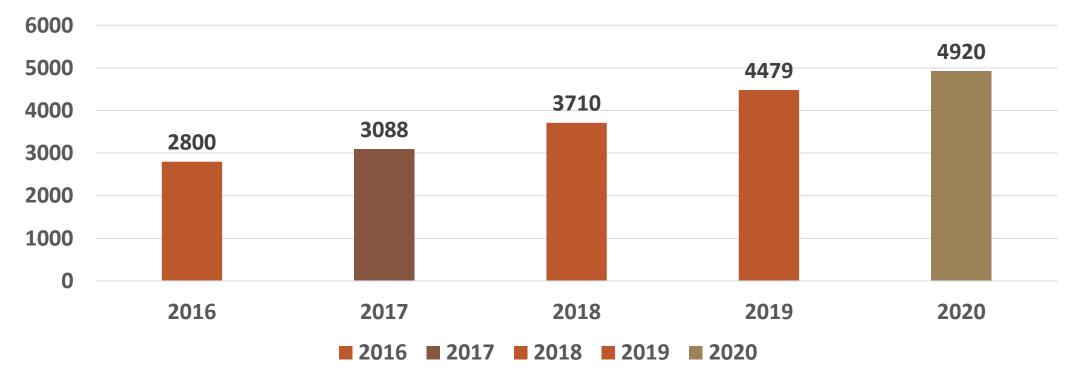
### Functional Eligibility Determination (FED)

Assess for medically eligible skilled nursing facilities, waiver programs and Life Programs

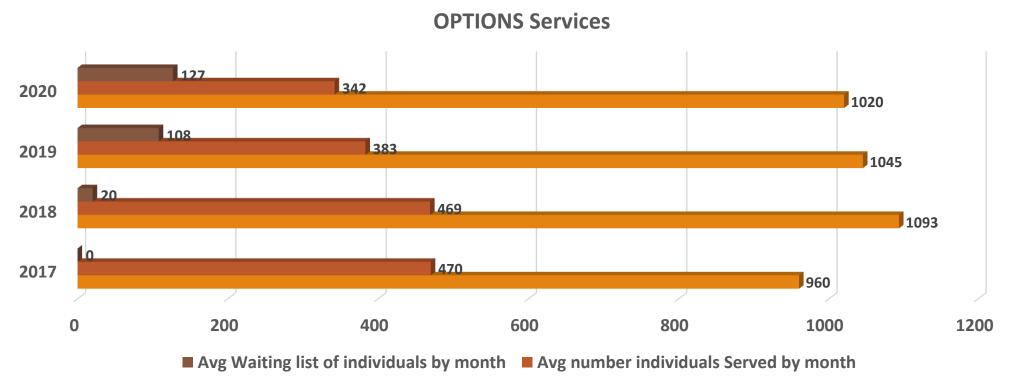
Level II OBRA assessments (MH, ID and other related conditions)

Yearly recertification for waiver programs

#### **Number of Assessments**



- **OPTIONS Services**
- 1. In-home meals
- 2. Personal Care
- 3. Home Support
- 4. Personal Response Systems



Unduplicated individuals served a year

#### **Goal 1: Improve Coordination between programs and strengthen existing programs**

- Improve coordination between programs and strengthen existing programs
  - Increase the number of Volunteer Ombudsman
  - Provide more PEER (PA Empowered Expert Resident) education
- Ensure all program staff are educated in the functions of protective services.
  - Train all assessors and care managers in the functions of protective services.
  - Foster better communication between the agency staff to be certain those referrals from protective services to care management have good communication and provide wraparound services.
- Increase the knowledge of internal Information & Referral staff on crucial issues and program changes.
  - All current and new agency staff will take the State mandated "Intake Training" on Report of Need.
  - Increase the knowledge of scams in the community.
  - Train all agency staff in cultural diversity.

#### Goal 2: Promote active and healthy community living.

- Partner with community organizations to bring awareness to social isolation and work to reduce it
  - Partner with Lehigh Valley Active Life's outreach program to engage isolated seniors and have them attend the Center.
  - Provide staff training on social isolation and how care managers can support those consumers who would benefit from Senior Centers.
  - Partner with United Way to connect seniors with others on bus trips to support community engagement.
- Promote programming to help those living with dementia to continue to be as active and independent for as long as possible.
  - Be a part of the Dementia-Friendly community creating a "one stop shop" for dementia related resource information.
  - Provide agency staff to participate in the Dementia-Friendly Lehigh Valley coalition.
  - Educate Department of Human Services staff about dementia and Dementia-Friendly communities.
- Increase health promotion activities throughout the community
  - Train senior center managers in health and wellness evidence-based programming to lead their center participants
  - Train a bi-lingual center manager in health and wellness evidence-based programming

#### Goal 3: Improve access to programs and services while supporting consumer choice.

- Develop tools to inform the public of our programs and services.
  - Work with the advisory council to develop informational videos on programs and services to be posted on the agency website and shared in the community.
  - Attend health and community fairs to share programs and services with the community.
  - Presentations at community organizational meetings, coalition meetings, and committees to better inform professionals about the agency's programs and services.

#### Improve communication with our diverse population.

- Increase awareness of current language interpretation and deaf and hard of hearing resources available in the Department of Human Services for staff use.
- Create a department-wide policy to be certain that information sent out to the community will have directions on how to access the information in their preferred language.
- Improve the agency website so an individual will have the capability to read the information in the language of their choice.
- Review agency brochures and information and have pertinent information translated and printed in Spanish.
- Have a local entity provide training to staff to increase the knowledge of the Hispanic culture.

#### **GOAL 4**: Increase awareness of protection for older adults.

- Improve education and outreach of protective services to better inform the community about abuse and neglect.
  - Partner with the Lehigh County Elder Abuse Task Force to provide training.
  - Educate nursing homes, hospital networks, and the Hispanic community about protective services and how to identify abuse and make a report.
- Increase awareness of scams directed at older adults.
  - Provide scams training at all Neighborhood Senior Centers.
  - Create scams information sheets to be distributed to consumers and at health and community fairs.
  - Have presentations by the Department of Banking for seniors.
  - Provide awareness to the dementia-friendly community about seniors and scams.

## Children & Youth Services

## PROTECTING CHILDREN STRENGTHENING FAMILIES TRAUMA-INFORMED PRACTICE

## Family Engagement Initiative

- Includes 3 core areas for meaningful family engagement
  - Enhanced Family Finding
    - Reduce number of children entering placement
    - Shorten length of time out of home for those who are placed
    - Use of Comfort Cottage for visitation
  - Crisis and Rapid Response Family Meetings
    - Brings family together with natural and community supports within 24-72 hours
  - Enhanced Legal Representation
    - Work closely with solicitors, parent attorney, guardian ad litem, and CASA
    - Close Court oversight

### Truancy and Absenteeism Prevention

Children's Roundtable

- Education Success and Truancy Prevention Committee
  - Universal focus
  - Prevention/Early Intervention
  - OCYS and ASD truancy program
  - Includes 9 elementary schools in the Allentown School District
  - OCYS-funded elementary school, home, and community-based outreach to families re: truancy

## School Out-of-Home Placement Practices

- County-Wide Enrollment Training
- Enrollment Brochure
- Every Student Succeeds Act (ESSA)
- Transition Planning
- Cross-County Meeting of Schools, OCYS, Providers

Enrollment brochure

MOU

## Early Head Start – SAFESTART Program

- •A collaboration between Community Services for Children and OCYS
- Two full sites West Allentown (old state hospital grounds) East Allentown (LVH – 17<sup>th</sup> and Chew) adding Lehigh Valley Hospital as a third collaborative partner
- Providing all day supportive care for 64 children who are identified as drug impacted at birth
- Parent education and support includes In-Home SAFESTART parenting program
- Following children ages 0-3 who then can transition into the Head Start program allowing for continuum of care

### Housing Assistance

Assistance is offered for eligible families in need through:

- Sixth Street Shelter
- New Bethany Shelter
- Salvation Army Shelter



### Community Partnerships

- Resilient Lehigh Valley
- Project Child
- United Way
- Community Services for Children
- Juvenile Probation
- Integrated Services

### Child Advocacy Center

- Reducing trauma to victims of child abuse
- Child Protective Services Investigators
- Forensic Interviewer
- Medical
- Law Enforcement
- Family Advocate



### Child Abuse Prevention Month



Held in April

- Remembers those lost to child abuse
- Honors resilient families

### Children & Youth Services

Everyone can make great childhoods happen....

Especially You....

Especially Now!!



### HealthChoices

Provides for medically necessary behavioral health and substance abuse services to Medical Assistance enrolled Lehigh County residents through contracts with either a Behavioral Health or Physical Health Managed Care Organization (MCO).

Federally funded through the Center for Medicaid Services (CMS); funding is passed through the state to each individual County in Pennsylvania.

In 2019, the Lehigh County HealthChoices program provided behavioral health and substance abuse services to 18, 893 unduplicated members accounting for \$74.4 million in medical claims costs.

Program is always looking to be innovative and create new services that will meet the growing and changing needs of our members.

### Current State HealthChoices Initiatives

- Tobacco Cessation Plan
- Community HealthChoices (CHC) new to Lehigh County for January 2020
- Opioid Centers of Excellence
- Transitional Age Youth Certified Peer Specialist Pilot Program
- Integrated Care Performance initiative
- Antipsychotics Medications Dashboard
- Forensic Solutions
- Implementation of Intensive Behavioral Health Services (IBHS) formerly BHRS
- Value Based Purchasing
- Tele-Health
- Trauma Focused Residential Treatment Facilities (RTF)
- Social Determinants of Health (SDoH)

## HealthChoices Innovative Programming

Wellness Recovery Teams (WRT) – A collaborative team approach to improve physical and behavioral health factors in those diagnosed with a serious and persistent mental illness, substance abuse disorder, and physical health conditions. Teams include an Administrative Navigator, Nurse Navigator, and Behavioral Health Navigator that assess and support identified areas of concern for members and collaborate with other treatment providers to ensure member whole health care.

County Wide School Based Mental Health Outpatient Services – Partnering with each school district to identify the unique mental health needs of its' student body. Creating a pool of potential providers for School Districts to explore and interview to find the best fit to meet the needs of its' student population. Providing Outpatient Services in identified schools to improve access to services and better meet member needs in their natural and community-based settings. A technical assistance Collaborative consisting of Magellan, Counties, Providers, and School Districts has been formed to help create consistency, share approaches, and work through challenges and barriers.

## HealthChoices Innovative Programming

Specialized services to better meet the varying needs of varying members. Examples of specialized services include Intensive Case Management for the homeless, Dual Diagnosis Treatment Team (DDTT), Transition to Independence Case Management program for transition age youth, Specialized Outpatient services for members with an Autism Spectrum Diagnosis, Certified Recovery Specialists, and Jail Diversion/Re-entry program for members with D&A issues.

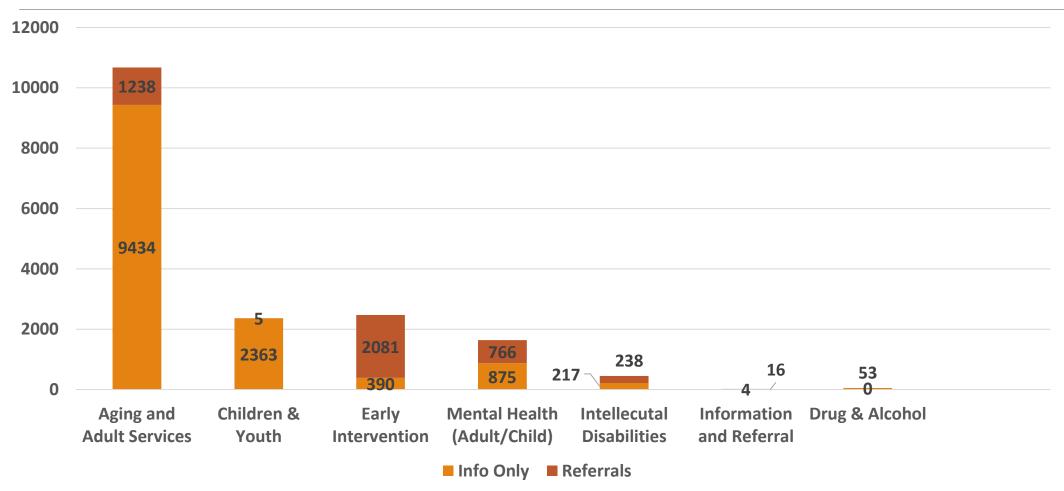
Service gaps and unmet needs are assessed on an annual basis to determine additional community and residential programs that could assist HealthChoices members. Social determinants of health (i.e. housing, income, schooling, transportation, food, etc.) are areas of need that continue to be identified as having a large impact on member's behavioral health needs. As such, social determinants are becoming areas of greater focus related to treatment. Identification of resources and linkages to those resources are being incorporated more into treatment plans and services for our members.

### Crisis Intervention and Information & Referral

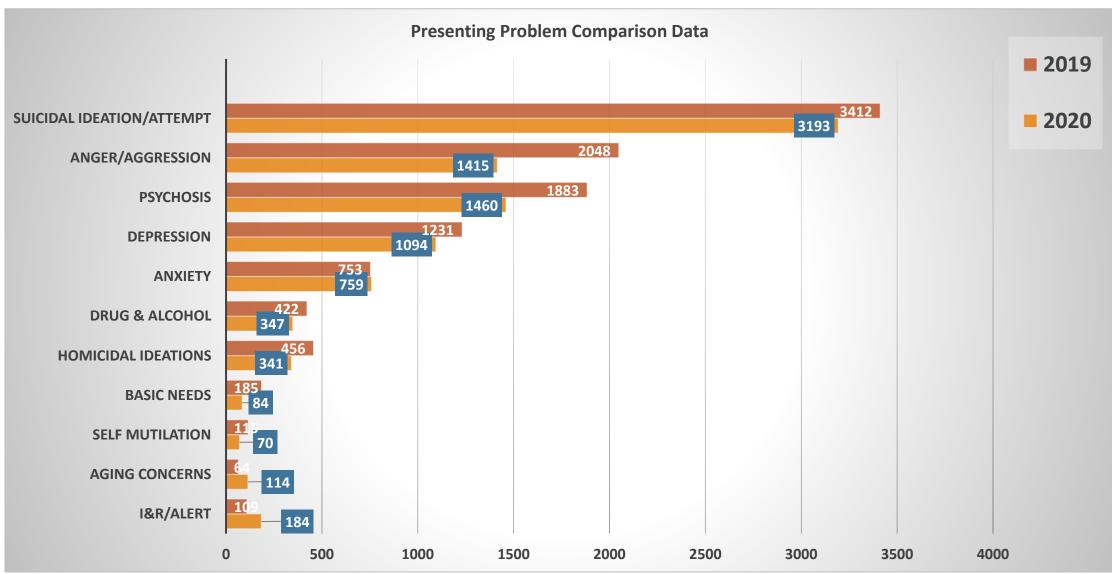
Individuals Served: 3,667 Phone Contacts: 2,147 Home and Community Visits: 782 Walk-in Visits: 86 Involuntary (302) Hospitalizations: 358 Voluntary Hospitalizations: 260



### Information Only/Referrals



#### Crisis Intervention



# Crisis Intervention and I&R Program Enhancements

- Collaboration between Mental Health and OCYS to develop a Mental Health Navigator Team
- Expansion of the I&R/OCYS role to support families during COVID-19
- Enhancing Trauma Awareness

# Drug & Alcohol Specialty Services:

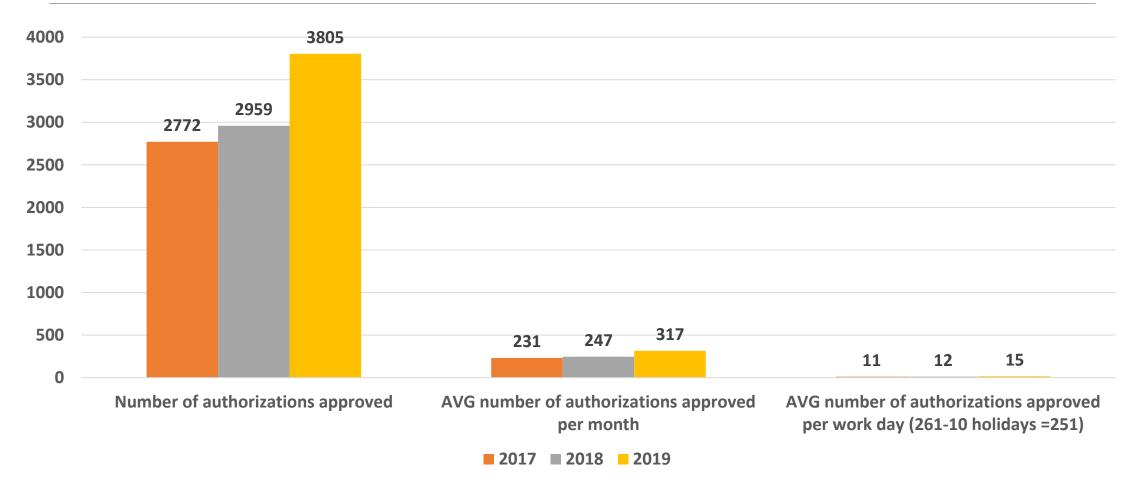
Certified Recovery Specialist (CRS) Hospital Opioid Support Team (HOST) Blue Guardian Pregnant Women Case Coordination Mother/Baby Programs MAT in Jail CRS Re-Entry Groups Family Intervention TCAP/RIP MAT Induction in the ED **Student Assistance Program** Linkage to Treatment for Victims of Human Trafficking **Naloxone Giveaway Programs Endocarditis Treatment Program** Center City Allentown Outreach MAT for Pregnant Women Family Codependency Groups **Bereavement Groups Ambulatory Detoxification Upper Macungie PD HUB Program** 

# Drug & Alcohol by the Numbers:

		2019 Totals - Lehigh SCA							
Number of authorizations approved	3,805	Number of referrals received by SCA			1,320	Number of HOST referrals received			2,295
AVG number of authorizations approved		AVG number of referrals				AVG number of HOST			
per month	317	received per month			110	referrals per month			191
AVG number of authorizations approved per work day (261-10 holidays =251)	15	AVG number of referrals received per work day (251)			5	AVG number of HOST referrals received per work day			9
	Service		14-15	15-16	16-17	17-18	18-19		
	SAP Assessments Confront		790	722	688	659	582		
	Outr	each	250 contacts per month						

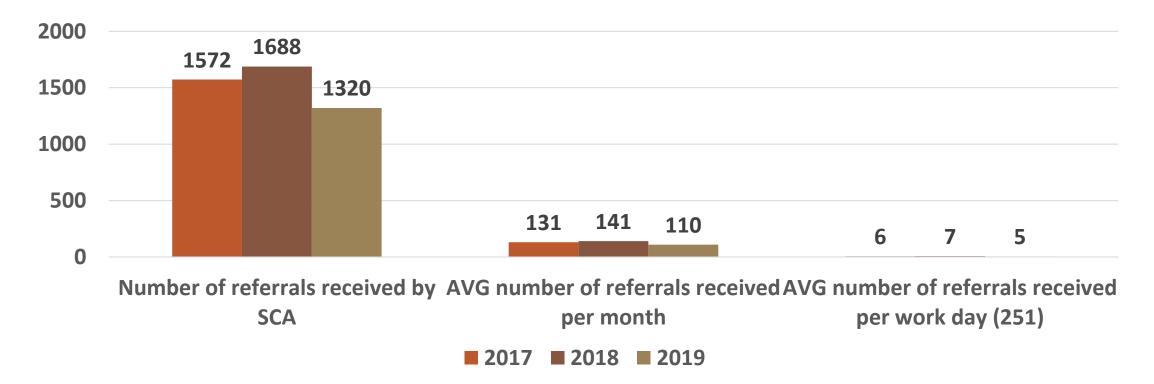
### Drug & Alcohol by the Numbers:

Authorization Comparison Chart 2017, 2018 & 2019



### Drug & Alcohol by the Numbers:

Referral Comparison Chart 2017, 2018 & 2019



#### Partners



#### Leveraging Partnerships to connect more people to the services they need.

### POLICE



#### **Outreach & Allentown Police Department**

- 538 clients served
- 83 treatment admissions

#### Upper Macungie Township Police Department (HUB)

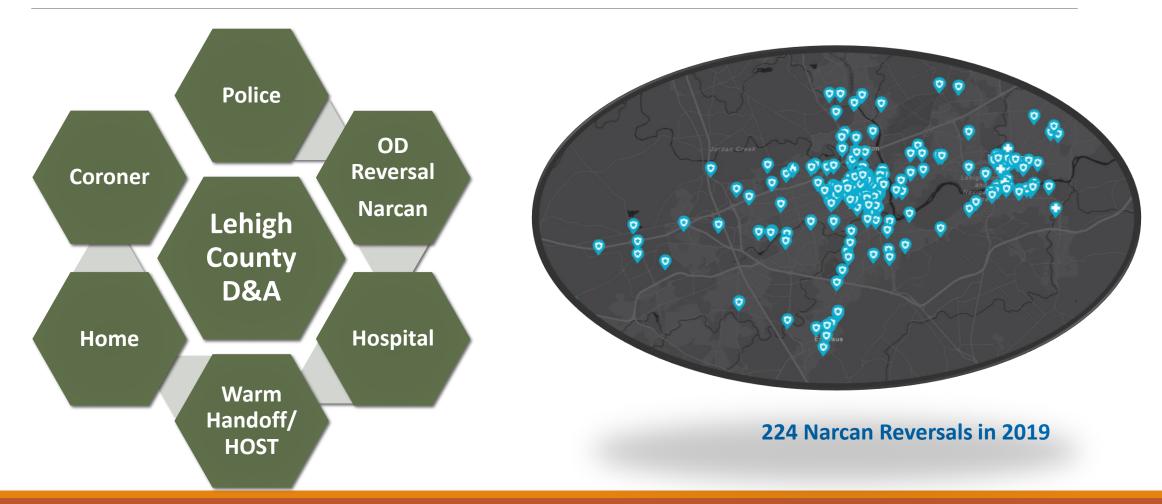
37 joint contacts and joint interventions

Certified Recovery Specialist (CRS) Ride-Along with Law Enforcement

# BLUE GUARDIAN: Police Involved Naloxone Saves, Joint Police CRS Home Visit



# OD REVERSAL/NARCAN



### HOSPITAL



#### Healthcare

Physician distribution of Narcan in the community

MAT induction with ED & hospital setting

Connections program

Overdose simulation

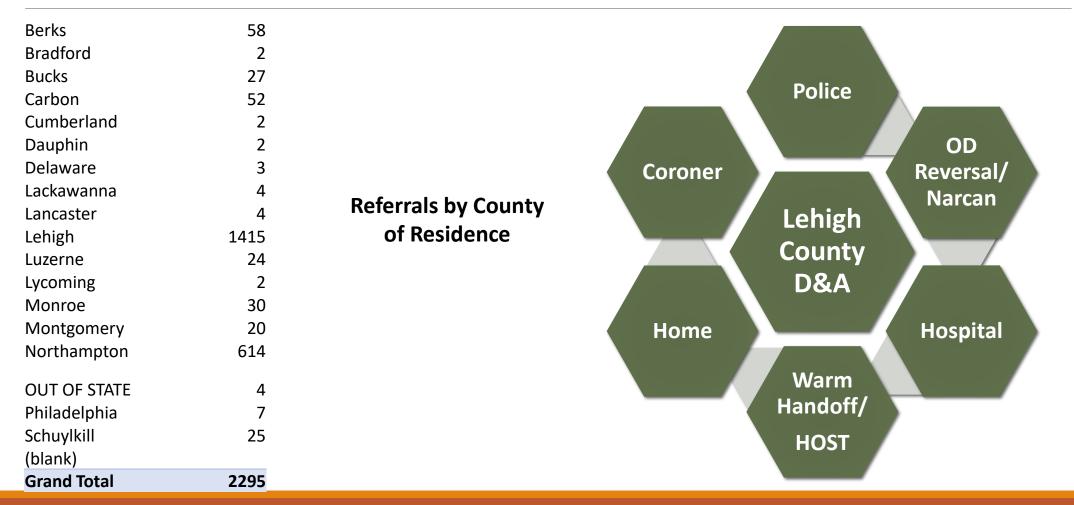
Pregnant women case coordinator

Sepsis treatment & addiction recovery



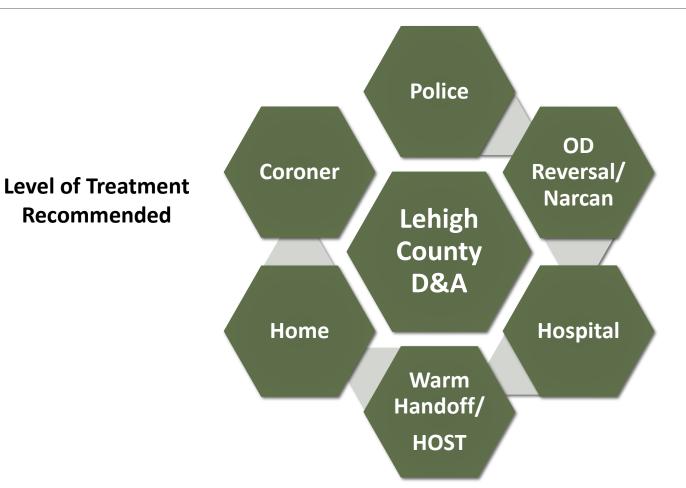


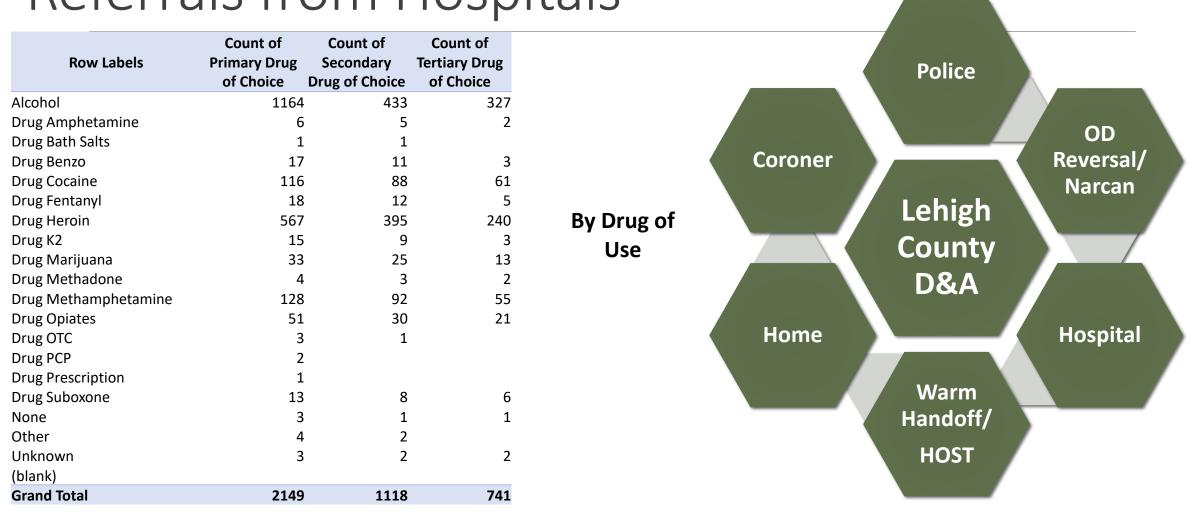
### Referrals from Hospitals



### **Referrals from Hospitals**

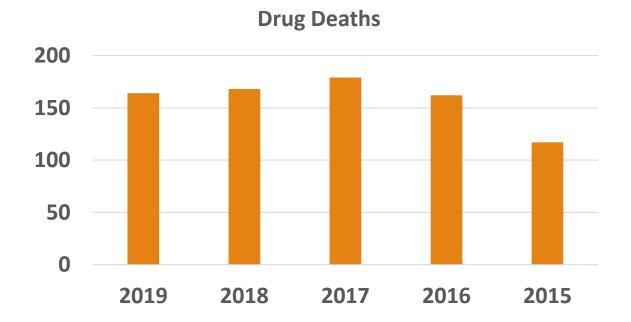
0 None	247
1.0 Outpatient	19
2.1 Intensive Outpatient	83
2.5 Partial	6
3.1 Halfway House	1
3.5 Long Term Residential	56
3.7 Short Term	8
3.7 Short Term Residential	383
3.7 WM Medically Monitored	
Detox	916
4.0 Hospital Based	102
4.0 WM Hospital Based	109
4.0 WM Medically Managed	
Detox	113
(blank)	
Grand Total	2043





### **Referrals from Hospitals**

### CORONER





#### Intellectual Disabilities

Recent data from ODP Independent Monitoring for Quality includes the following results

•97% of individuals who responded reported that their supports coordinator helps them get what they need.

- 87% of the respondents reporting that they were very happy or happy with their life.
- 94% of individuals who responded reported that they were generally satisfied with where they live.
- •95% of individuals who responded reported that they were generally satisfied with their work, school or other day activities.

### Intellectual Disabilities, cont.

Recent data from ODP Independent Monitoring for Quality includes the following results

•98% of the individuals who responded reported that they were getting all or some of services they need to live in their home and community.

•99% of the individuals who responded reported that they only sometimes or never felt lonely.

When asked if they go to social events in the community that are attended by anyone from the community (e.g., parties, dances, and clubs) 93% of the individuals who responded reported that they do.

IO0% of staff appeared to recognize and support the individual they serve in ways that promote the person's independence

95% of staff appeared to treat the individual being supported with dignity and respect.

### Intellectual Disabilities

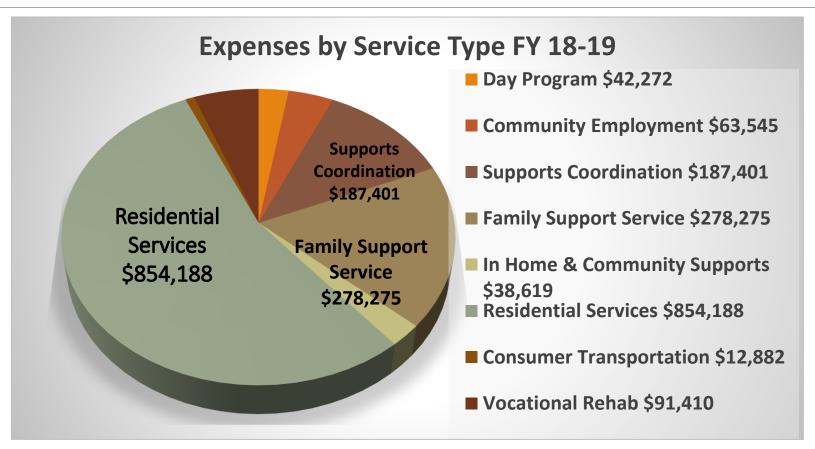
ID continues toward community based services, authorizing less in segregated settings and more in community supports and assisting with finding and maintaining competitive employment

**321** consumers in the Family Support Services Program

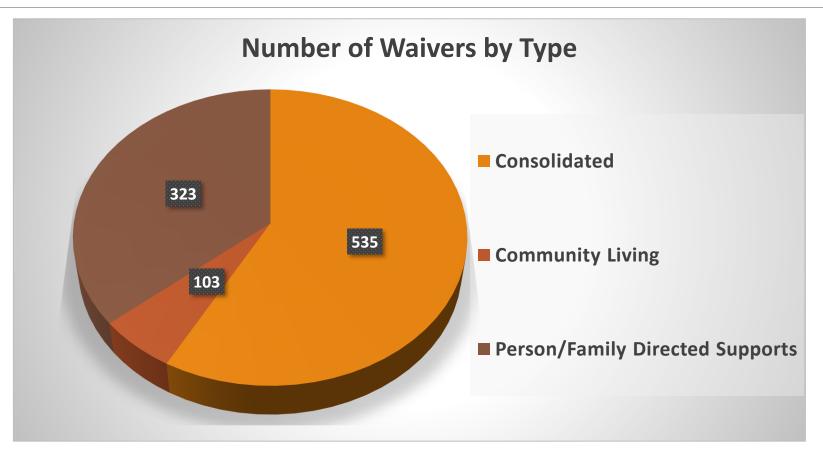
 323 P/FDS waivers, 103 Community Living waivers, and 535 Consolidated waivers provide necessary supports for individuals to be successful in the community

•169 consumers are competitively employed in their communities

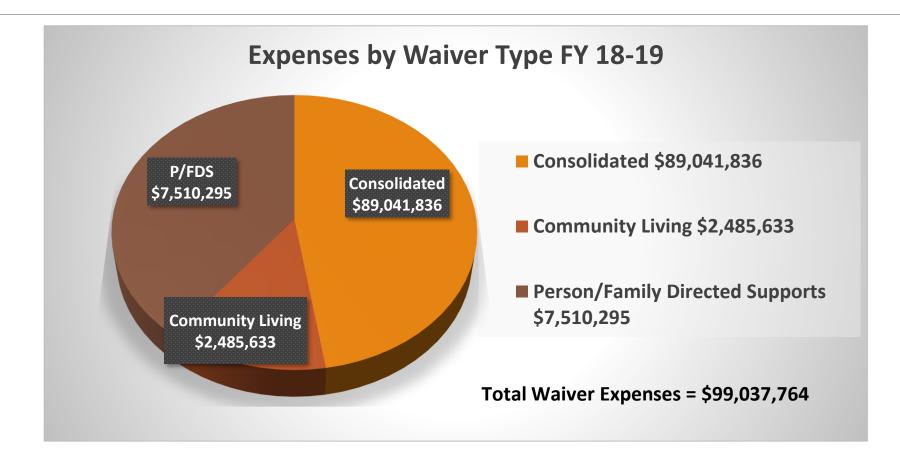
### **Block Grant Funding**



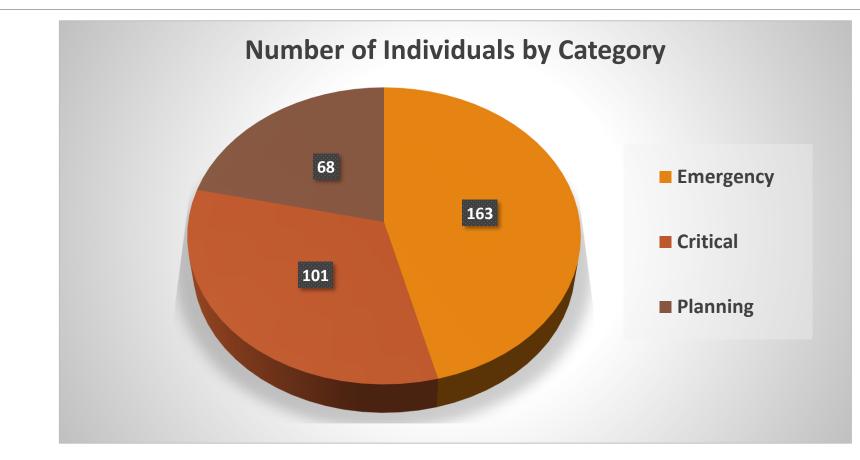
### Waiver Funding



### Waiver Funding



### PUNS/Waiting List





#### THE MENTAL HEALTH BLOCK GRANT PLAN

The Mental Health Block Grant Plan last year started by stating "Lehigh County has recognized that there is a 'crisis in the community' as there is more need than there are workers to adequately cover the work that needs to be done with our contracted providers. The competition for qualified staff has resulted in vacancies in all programs..."

This year's Block Grant opens by stating, "Lehigh County has recognized that there is a 'crisis in the community' caused by the COVID-19 pandemic." While nothing has been reported that the mental health allocation to the county will be reduced, it would be foolish not to plan for a cut in our budget. The plan will review accomplishments made and goals for the future but will also address the very likely scenario that the county will be forced to do more with less.

#### **RESIDENTIAL PROGRAM EVALUATION**

- Per diem charge to the County
- Additional costs of services-ACT, BCM, Psych Rehab, etc.
- People served per year
- Outcomes
  - Hospitalizations
  - Average length of stay
  - Movement to less restrictive settings



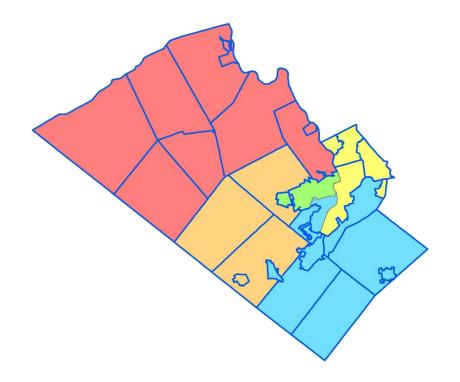
#### NON-RESIDENTIAL PROGRAM EVALUATION

- Consumer Satisfaction Team
- Peer Mentor
- Vocational Rehabilitation
- Clubhouse
- Daybreak
- Warmline
- Compeer
- Suicide Task Force

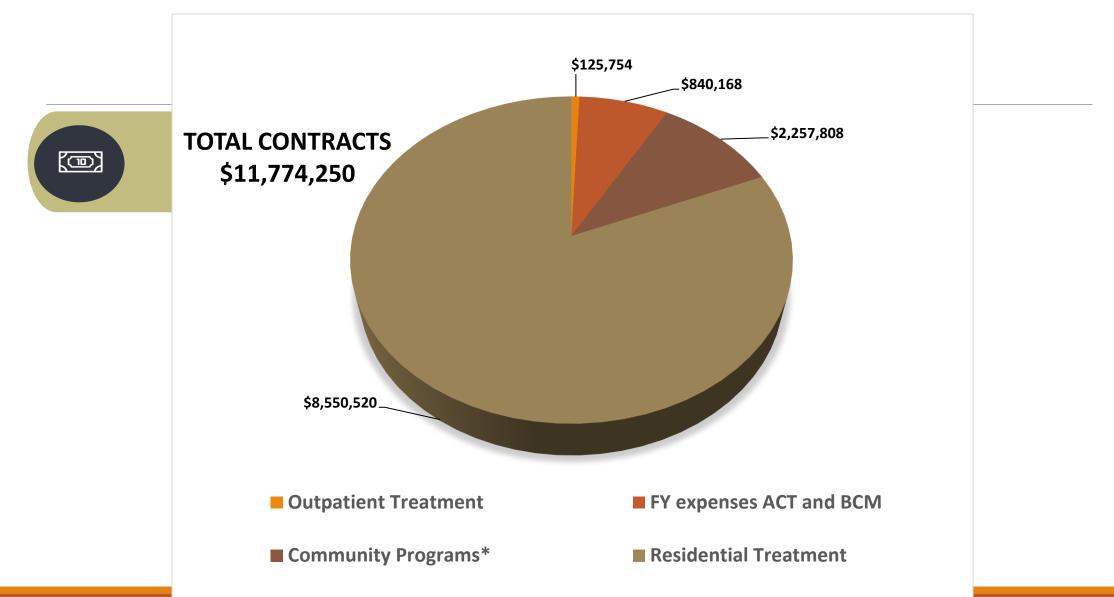


#### COUNTY PROGRAMS EVALUATION

- Blended Case Management
- Crisis Intervention
- CHIPP
- Basic Service Unit
- Forensic Services



#### **CURRENT CONTRACTS**



\*NAMI, Daybreak, The Clubhouse, Warmline, Compeer, employment, The Advocacy Alliance, etc.

#### INNOVATIVE PROGRAMS

To Connect With The Most Marginalized People In The County

Homeless outreach and service connection case manager. This staff goes out into the community to help identify and secure services for people who are homeless in Lehigh County.

The Pathways to Treatment case manager works with people who have complex situations of not having benefits, not having income, not having housing, having a need for services in multiple systems but not being registered in any of them. This case worker works intensively with these individuals to fill in all of the gaps and to support them in getting housing benefits, income, medical care, services from various departments within DHS.

#### **DEVELOPING COMMUNITY**

And Reducing Stigma

The number one determinant of longevity is social connectedness. It is essential that there are services and opportunities for people to have meaningful social contacts in the community and the community must be educated to eliminate the stigma that can be so isolating.

The Mental Health Office works with providers who support individuals in being part of a community of caring friends as well as providing opportunities for people to be part of the larger community in the county. These include NAMI, The Clubhouse of Lehigh County, Daybreak, Compeer, Peer Mentors, and The CSP Talent Group.

#### **ROOMMATE ROUNDUP**

A Creative Way To Obtain Affordable Housing

The need for supportive accessible housing opportunities is lacking. One Allentown rooming house/hotel charges \$1,000 per month for a room and another charges \$750. For rooming houses with shared baths, the cost is \$600 or more/month, all of which are cost-prohibitive for someone on disability who receives around \$780 per month in benefits.

Roommate Round Up has supported more than 30 people in locating housing and finding compatible roommates with whom they can share the cost of safe and affordable housing.

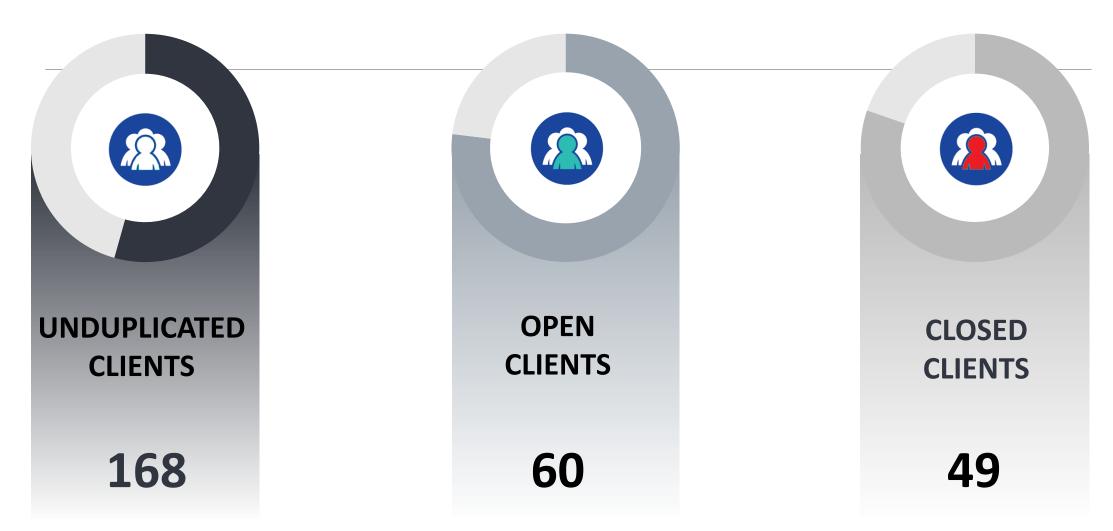
#### SUPPORTING FAMILIES

Living with a mental illness presents challenges for the individual as well as for their family. Services are in place through NAMI to support family members as they care for a loved one with a mental illness.



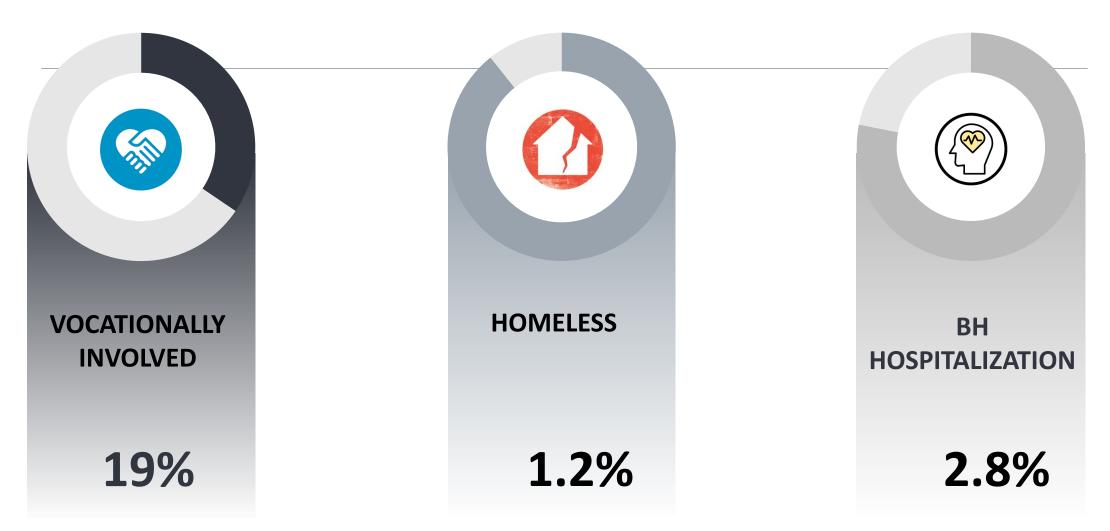
#### BCM DATA

#### From February 2019 to February 2020

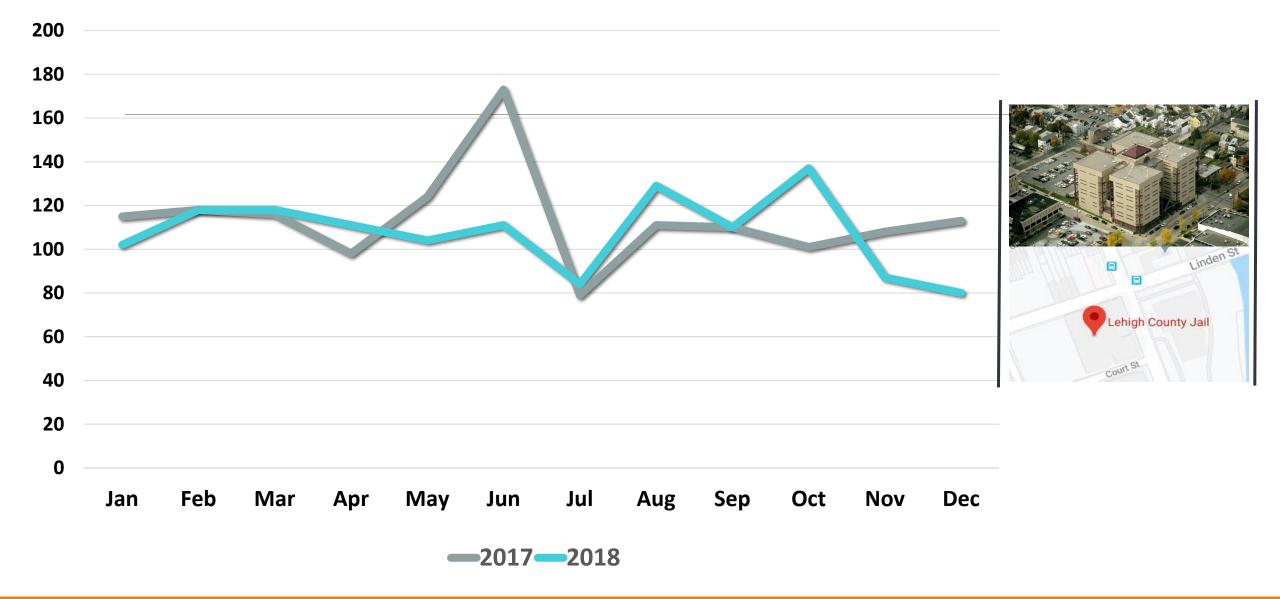


#### EACH MONTH ON AVERAGE

#### From January 2019 to January 2020



#### JAIL REFERRALS



### WORKING WITH LAW ENFORCEMENT

**To Divert People From Incarceration** 

#### **Community Services-Police Liaisons**

July 1, 2019 through November 30, 2019. The Liaison working with the Allentown Police worked with 110 unduplicated individuals. The Liaison with the suburban police departments did not start working until October 2019 and has worked with 10 unduplicated individuals.

Law Enforcement, Crisis Intervention Team (CIT) training CIT was planned for May and has been rescheduled for August 2020.

#### JUSTICE RELATED SERVICES

For Competency Determination and Restoration

The Mental Health Office is partnering with Step by Step to provide innovative residential supports for people with a serious mental illness who are involved in the criminal justice system.

The former Linden St CRR is being remodeled with the final addition being a whole house generator that is required to maintain the locks and operations of the house in the event of a power outage. We are working towards being operational by July 1, 2020.

Step by Step will be purchasing a 6 unit apartment building that will serve 10 people in a non-licensed supportive housing program to replace the former Linden St CRR. The program will have enhancements that will allow it to work effectively as a stepdown from the LTSR.

#### JUSTICE RELATED SERVICES

**For Returning Citizens** 

The Forensic Peer services operated by PeerStar are meeting with jail and CCC case managers on January 15, 2020.

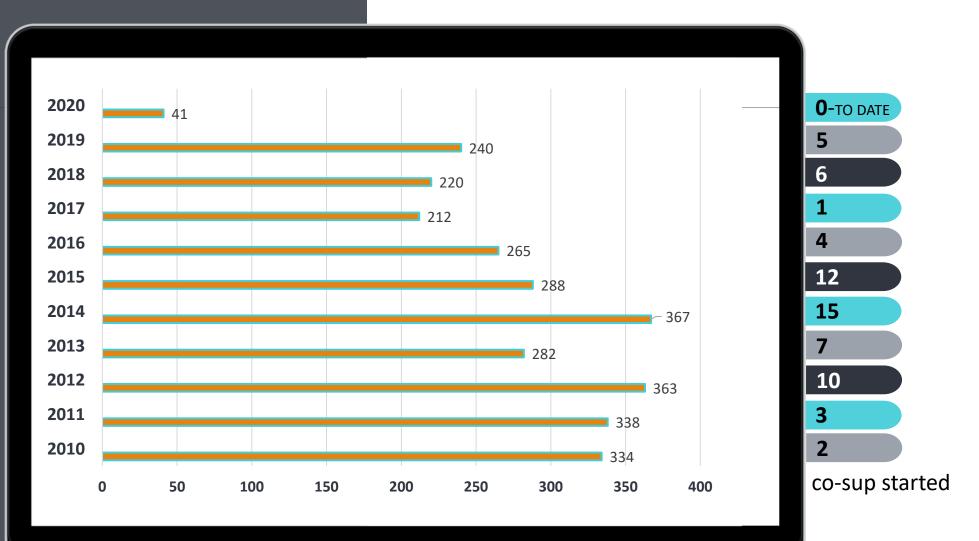
15 people have been evaluated by a psychiatrist in the jail starting 11/1/19. Counseling of inmates who are within 90-60 days of returning to the community started in January 2020.

Jail staff are now being encouraged to refer individuals to Mobile Psychiatric Rehabilitation Services as an alternative.

#### S.P.O.R.E. REFERRALS: 2,950

#### **CO-SUPERVISION CASES: 65**

Special Program for Offenders in Rehabilitation & Education





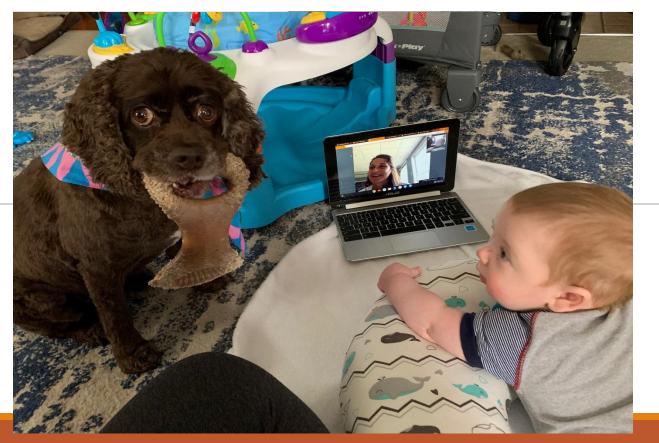
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- We currently have 7 active mentor-mentee pairs.
- There are 25 active mentors, 41 total since inception.
- Current ages range from 36 to 76.
- There are 3 female mentors, 4 total since inception.
- 23 mentors saw combat: Vietnam, Kuwait, Kosovo, Iraq, Afghanistan, Somalia, Horn of Africa
- Mentors come from various work backgrounds: law enforcement, corporate sales and management, accounting, nursing, education, non-profits, retirees.
- We have helped 57 applicants without giving them mentors through such means as treatment, housing, legal assistance.
- Some aren't suitable for mentoring due to severity of crime, mental health issues, no desire or need for a mentor, incarcerated in other county.
- To date, 54 have successfully completed, 11 have reoffended, for a recidivism rate 20%.

### **VETERANS** MENTOR **PROGRAM**

*Note:* some have been accepted to program but have been dropped due to noncompliance, moving from area, no longer wishing to stay in program/not being able to stay in due to time constraints.

# Lehigh County Early Intervention



### Early Intervention

- El serves children ages birth to 3 with developmental delays
- •FY 18-19 El received 2,024 referrals.
- El provides services to
  - Improve the child's development and educational growth
  - Enhance the family's capacity to meet their child's needs
  - Prevents the need for more and more costly intervention in the future

### Early Intervention Services

An initial screening and/or a multidisciplinary evaluation is offered to every family. After a child is determined eligible for EI services, an Individualized Family Service Plan (IFSP) is developed.

#### **Direct El services can include:**

- Service coordination
- Family training
- Special Instruction
- Occupational Therapy

- Speech/Language Therapy
- Physical Therapy
- Vision Support
- Hearing Support

## Early Intervention

#### 2018-2019

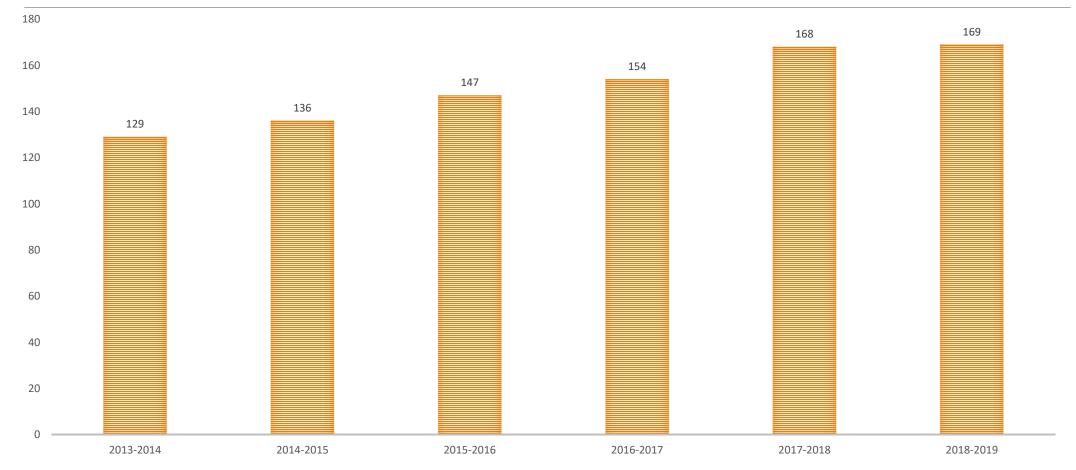
- 1,882 children were evaluated of which 1,641 were eligible
- 198 children were enrolled in the ITF Waiver
- 464 children were transitioned from the county infant/toddler El program to an Intermediate Unit preschool program.
- 376 children were discharged successfully from the program
- 100% of the children entering EI in 18-19 had their evaluations and IFSP's completed according to the mandated state timeline of 45 days from the date of referral.
- 5<sup>th</sup> Largest Early Intervention program in the state.

## Early Intervention Community Collaboration

- Safe Start two locations/two trained service coordinators assigned to each location
- Plans of Safe Care for infants affected by prenatal substance exposure-a collaboration between the county offices of C & Y, EI and D & A and the local birthing hospitals.
- Easter Seal Society-conducts screenings/provides referrals for children in child care centers and homeless shelters
- Unconditional Child Care-provides classroom coaching to child care centers to prevent children from being at risk of suspension/expulsion.

# El Yearly Growth

#### YEARLY GROWTH / AVERAGE MONTHLY REFERRALS



# Integrated Services

#### CHILDREN'S MENTAL HEALTH, CHILD AND ADOLESCENT SERVICES SYSTEM (CASSP),

AND SYSTEM OF CARE

Purpose/Mission→ Bridge Service/Communication Gaps within the Child-Serving System/DHS

**CASSP System Coordination and Placement Meetings held:** Available to all County residents at no cost. Coordinates team meetings with youth and families, their supports, and other professionals to increase communication, solve problems, identify resources, and develop a coordinated plan of care.

**Cross System Team & Integrated Case Management Support**: Multi-disciplinary team meets weekly to assist DHS and Juvenile Probation with youth & families and adults involved in multiple-systems.

**Community Partnerships:** Integrated Services Caseworker who partners with Crisis Intervention, Magisterial District Justice Offices and other community agencies to assist families with short-term case management or linkage services before family gets further involved with systems and/or to ensure the family does not "fall through the cracks".

# Integrated Services – Initiatives

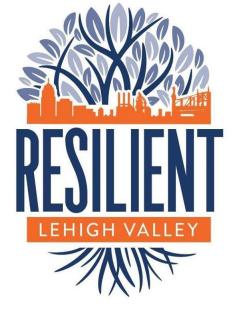
- Provides leadership for the County's Plan of Safe Care a cross-system collaboration between Children & Youth, Drug & Alcohol, LVHN/SLUHN
- Partnering with Children & Youth and other community partners to develop strategies for early detection and interventions to meet the mental health and wellness needs of children/families.
- Coordinates cross-system DHS collaboration for transitional aged youth and youth with disabilities to ensure smooth seamless movement into the adult system.
- Connecting with local universities and colleges to offer students learning and internship experiences in cross-system work.
- Provides Youth Mental Health First Aid Training to Community



# Resilient LV

- Cross-sector coalition dedicated to creating a trauma informed and resilient
  Lehigh Valley. Backbone support via the United Way.
- Provides trauma awareness and trauma-informed training to any and all interested agencies and community groups.
- Identified as one of 7 pilot projects in the PA Deputy Attorney General's State-Wide Trauma Informed Network.
- **Launched first Trauma Conference in June 2019, webinar series 2020.**

Resilient LV on Facebook, <u>www.resilientlehighvalley.org</u>





# Resilient LV Strategic Priorities

- •Raise awareness of the impact of trauma and adversity on children and adults throughout the community.
- Build collaborative and organizational capacity to lessen the impact and negative effects of adverse childhood experiences and childhood trauma.
- Provide more access to resources, training, education and tools that create more traumainformed systems and organizations that help build resilience and do not retraumatize children and families.
- Foster collaboration among and between educational, health and human service systems and their community partners, including business, civic, nonprofit, legal, philanthropic and faith-based organizations.
- Advocate for trauma-informed policy, practice and funding.
- •Help communities reduce risk factors and increase protective factors that promote well-being and resilience.

# For 2020 – 2021.....

- Service Needs?
- Unmet Needs?
- Unserved Populations?
- Underserved Populations?



What could/should be different?

What works?

How can we do better?