

HEALTHCHOICES ADVISORY BOARD

**Magellan Behavioral Health of Pennsylvania, Inc.
1 W. Broad Street, Suite 210
Bethlehem, PA 18018**

February 18, 2016 @ 2:00 PM

- I. Introductions: Those in attendance were: Matt Bauder, Ben Morison, Deb Nunes, Tisbine Moussa, Ronnie Colbert, Susan Counterman, Donna Keutman, Pat McGarry, Kim Benner, Liz Fox, Tom Walker
- II. Review of November 19, 2015 minutes
- III. Community Healthcare Alliance Report (Advisory Committee Reports) January meeting cancelled

• Member/Family Advisory Committee

○ Ronnie Colbert

- ✓ Haven House has new cook who started out as a peer and passed the CPS Training Class
- ✓ Continuing field work for LGBT Lehigh and Northampton Counties

• Provider Advisory Committee – Kim Benner

- Provider concern regarding State Budget
- Promise re-enrollment continuing as March deadline approaches
 - ✓ Providers requesting support letters
- Provider Employee Insurance Issue:
 - ✓ PA Dept. of Labor doubled salary requirement exempt status for professional employees

• Children's Advisory Committee – Pat McGarry

- Valley Youth House awarded PCCD Grant to begin a trauma focused CBT Therapy for sexual abuse victims in Lehigh County.
 - ✓ Service granted to Lehigh County. Applications submitted for both Lehigh and Northampton Counties
 - ✓ Evidence based treatment technique. Certification process beginning including consultation hours with Judith Cohen
 - ✓ Sexual abuse victims in Lehigh County make referrals in Northampton County develop rater system
 - ✓ Difficulty finding BSL. Willing to train individuals for licensure. Unable to accept children on the spectrum without licensed workers
 - ✓ Blue Cross Autism requires all TSS Children's Workers Behavioral Health Technician be certified

IV. Magellan Report – Tom Walker

- Special populations with youth and some school based services along with peer supports and recovery supports in the community
 - ✓ DDTT – moratorium on accepting new admissions into the program due to staffing issues which have been resolved. The current census is four active Lehigh Members and three currently active members in Northampton County. The program recently engaged in qualitative and quantitative outcomes and seems to have promising practices.
 - ✓ TIP – Access Services is the Provider and serves to meet member needs in both Lehigh and Northampton County. Access Services has been heavily promoting the program and retaining a dynamic staff in terms of getting the qualified mental health professionals that are closely aligned in terms of age and talent for engaging with young individuals. Beginning in February will bill under HealthChoices. The transition from reinvestment plan over seems to be moving along quite well.
 - ✓ School based out-patient services – Pyramid Health Care holds the contract for the SAP liaison for D&A assessments initiated school based mental health counseling supports to students at William Allen, Raub Middle School as well as the alternative schools. Recently completed one year of program implementation since the project launched. Approaching need for full time staff member at William Allen High School. Outcomes are solid. An excellent model of partnership both in terms of the needs of the school as well as connecting individuals to treatment services both immediately delivered in school that solves the access issue as well as other providers in the community while maintaining the HealthChoices philosophy. Outcomes meeting scheduled for March 2016.
 - ✓ Work on Trend Groups which is a trauma informed model specifically for women and adolescent women. There is not a current evidence based model for men. But they are looking into developing those groups.
 - ✓ Peer Star is a Peer Services Organization works closely with Lehigh and Northampton Counties in terms of forensic intervention. Peer Star specializes in forensic peer services and submitted a program description received by the State with licensing and enrollment being the next steps.
 - ✓ Forensic Services remain a priority of Magellan, Lehigh County and Northampton County. Looking to roll out strategies for enhanced access to outpatient services, e.g., an open access model, especially among dually diagnosed or dually-licensed treatment providers, and then possibly expansions into F.A.C.T. (Forensic Assertive Community Treatment) as well as other modifications.
 - ✓ Peer Support Whole Health & Resiliency, Recovery Partnership and Goodwill Clubhouse of Lehigh County both completed the 8-10 week curriculum around the beginning of the New Year. New groups are coming online. Goodwill Clubhouse will be launching a second group April, 2016.
 - ✓ For Northampton County the Lehigh Valley Drug & Alcohol Intake Units completed the necessary steps to build out Certified Recovery Specialists. PRO A did the CRS Training for that group which is building out a recovery oriented system of care involving the recovery supports model.
 - ✓ Magellan's Voice to Vision Council Meetings are split between Adult Advisory Council Meetings and Children & Family's Services Council Meetings. This Lehigh County initiative

held two meetings for the Adult Services Group and held two meetings for the Children & Family's Services Group. Ensuring an appropriate accessible community venue and offering stipends for participation encouraged people to attend the groups. Goodwill Clubhouse is the permanent home for the Adult Advisory Group. A location for Children & Family's Services is challenging at this time. Looking ahead to partner and host a group at Raub Middle School to engage families, engage the SAP Teams and looking to providers that have the ability to directly reach and get our members to us. The point of the Voice to Vision Campaign is to provide a voice to those who do not have it and go through a well-functioning group with great information culminating in a report with recommendations to enact to enhance services, make repairs where needed or possible re-investment plans.

V. Northampton County HealthChoices – Deb Nunes

- Drug & Alcohol – Detox/Rehab data gathered indicating 30 people waiting for a bed due to rise in abuse of heroin, K2, etc. A reinvestment plan has been finalized and submitted to the State. Pyramid Services, Stroudsburg, Pa is planning to expand their campus with building to begin in 1 -2 months. The reinvestment is towards 20 beds dedicated to Northampton County. Target date of July, 2016.
- TIPP Program benefitting both counties for transitional youth.
- Housing Plan is the fact that almost 22 of regular slots are going to be filled with at least 10 needing to find an apartment. Encountering problems with City of Allentown and City of Easton landlords. Some landlords are charging more than the fair market rate for these apartments, therefore, it's out of the price range for the people trying to get subsidies. We have some forensic beds that have been used and the two bedroom apartments have not been utilized. We started taking referrals June 2015, hiring staff through Conference of Churches and it's been a 6 to 7 month ramp up and the slots that we have indicate its doing pretty well. This service could be utilized by the Drug Courts and Mental Health Courts and make the referrals with the current screening protocols.
- DDTT have been up and running well. Will discontinue being a pilot program and roll into Magellan and Medicaid dollars as of July 2016.
- An Initiative for anti-psychotic medications with references to children in foster care. Data to be collected from seven pilot counties which includes Lehigh County. There is resistance due to the nature of the topic. Northampton County met with County Judges last fall to discuss this topic. Judges were witnessing children on anti-psychotic medications to control symptomology or what is best for the children that are newly diagnosed. The children are also on different medications at night to counteract the medications the children take in the morning so that they can get some sleep. These children are entering the courtroom chambers appearing non-coherent enough to question if they are competent to be present or not. From the County perspective, this has been looked at from the State perspective if it is driven by the Federal Dept. or CMS. Data collection has begun and it is now open to all counties because of the interest. There will be an Anti-psychotic and Foster Care Webinar on Friday at 2:30 pm.
- Pay for Performance mandate through our contracts to work with the physical health plans to reduce hospital stays, better follow-up, identify data collection, stratification range groups high-high/low-low for seriously mentally ill people. Data exchange between counties was to begin on January 1, 2016.

- Integrated Care started in Lehigh County where the behavioral health and physical health are together. Northampton County has been discussing this for a year with Northwestern Human Services to achieve a reverse co-location where the behavioral piece is in place and bringing in the physical piece. The P for P by the State stalled the Integrated Care because we need one before the other.

V. Lehigh County Report – Matt Bauder

- Early Intervention/BHRS Programs are up and running through Elwyn and Kidspeace. Looking for referrals for members 3-6 years of age with some ability to socialize and communicate in order to benefit from the site based group process. This came out of our BHRS Action Committee which has now transitioned to an Autism Action Committee with a meeting scheduled in March. Magellan will be presenting some initial data findings around the comprehensive three-year report which is being done for Lehigh County which will help drive the creation of services. These services may be transitional age programs for members, psych rehab, peer support, etc., as members and families work with providers and to see what we can develop to move forward.
- Adult Service Council progressing well with the Clubhouse a great location but struggling to have families and youth come out themselves. The requirement is to have received services within the past 180 days which promotes discussion on current issues and topics experienced. Locations to be considered where places families and youth could get to. The first one was held at Kidspeace right around the time the Autism Afterschool Program was running with 3 families present. The next meeting was at My Life. The next meeting is scheduled at Rob Middle School.
- The current Reinvestment Plan in place for 3 years since 2013. There are other counties that have ongoing respite reinvestment plans. Lehigh County and Valley Youth House need to plan in terms of what the numbers are showing us and what more we can do.
- In the past an annual needs-based assessment survey was sent to the CHA Advisory Board and various advisory groups in terms of advising your wants, your needs, service gaps which helps Lehigh County understand where the needs exist and plan for reinvestment plans and program development. The annual needs assessment will roll out at March's meeting at CHA.

VI. Other

- NAMI and American Foundation for Suicide Prevention (AFSP) are sponsoring the Phantoms Hockey Team March 23, 2016 as part of NAMI's Anti-Stigma Campaign. After selling 300 tickets will give NAMI and AFSP the \$5,000.00 Packet. NAMI will set up a table at the game, announcement, and a member will be chosen to 'drop the puck' at the beginning of the game.
- NAMI will be holding its annual 'All You Can Eat Spaghetti Dinner' and Raffle on April 9, 2016.
- Kevin Hines will be guest speaker April 12, 2016, 7:00 pm Salisbury High School, Allentown, PA

Next meeting will be held on August 18, 2016