LEHIGH COUNTY AGING & ADULT SERVICES
THIRTEENTH ANNUAL TRIBUTE TO UNSUNG HEROES

Do you know an older individual who is making a difference in the lives of others?

The Unsung Heroes Program pays tribute to people 60 and older who, regardless of age, display exceptional generosity with their time and talents for the benefit of the community and/or to enhance the lives of others. The program salutes ordinary individuals who do extraordinary things. Unsung Heroes are people who live quietly among us, inspiring all those who are privileged to know them.

It's easy to nominate a person!

Just complete and return the nomination form with an attached essay describing the accomplishments, activities and attributes of the nominee. Selected essays will be subject to editing. You may nominate as many individuals as you would like. Please submit a separate nomination form for each nominee.

Nominations must be postmarked by March 8, 2013

FINALISTS WILL BE INVITED TO A PRESTIGIOUS RECOGNITION EVENT!

All finalists will be honored and recognized at a special awards ceremony to be held on **May 15, 2013, at 1:00** at the Lehigh County Government Center in Allentown. *Finalists* will be asked to submit personal photographs for a slide show, and a personal quote or favorite saying, which describes the nominee's philosophy or attitude toward life, or words of wisdom the nominee would like to share with other people. **The deadline for photographs and quotes is April 22, 2013.**

Nominee qualifications:

- **Nominees must be a resident of Lehigh County.**
- **Nominees must be age 60 or older.**
- **Previous winners of an Unsung Heroes Award are not eligible.**

Tell us about someone who you know that is making a difference in the lives of others!

Nomination forms can be printed from the Lehigh County Aging and Adult Services homepage at www.lehighcounty.org., or obtained by contacting Ann O'Keefe at the Lehigh County Office of Aging & Adult Services at 610-782-3445. Send completed nomination forms and essays to:

Ann O'Keefe
Lehigh County Government Center Aging & Adult Services
17 S. 7th Street
Allentown, PA 18101-2400
annokeefe@lehighcounty.org

LEHIGH COUNTY AGING & ADULT SERVICES UNSUNG HEROES
2013 NOMINATION FORM

NOMINEE INFORMATION:

Name: _____ Date of Birth: _____

Address:
_____

City: _____ State: _____ Zip Code: _____ County:_____

Phone #:_____

NOMINATOR INFORMATION:

Name:
_____Phone_#:__ _____

Relationship to Nominee: _____

Address: _____

City: _____ State: _____ Zip Code: _____

- **Describe the nominee's essence, personal spirit or character, and attitude toward life.**
- **Describe how this person reflects a positive image of aging, rather than the stereotypical weak, frail and slow image of aging.**
- **What is this person passionate about (public service, care giving, sports, entertainment, education etc.)?**
- **If applicable, describe how this individual provides personal care that enables a person to maintain dignity and an acceptable quality of life at home and in the community.**
- **How does this person demonstrate a commitment toward enhancing the community and/or the lives of others?**
- **Describe how the individual successfully overcomes personal challenges (physical, medical, emotional) in order to serve the needs of others.**
- **If applicable, how is the individual involved with an initiative that promotes intergenerational unity and respect.**
- **What service(s) does the person perform that enhances the lives of others?**
- **Describe how this individual serves as a role model for other older adults. How does this person inspire others?**
- **The individual is a special person, and does extraordinary things. Describe the individual's strengths and wisdom.**