

LEHIGH COUNTY

DRUG and ALCOHOL ABUSE SERVICES



**LOCAL PROVIDER
DIRECTORY OF SERVICES**

July 2010

TABLE OF CONTENTS

Frequently Used Contact Information	3
Prevention	4
Intervention	6
Assessments	8
Out-Patient Treatment – Drug & Alcohol	10
Out-Patient Treatment – Gambling	12
Inpatient Treatment	13

Lehigh County Drug & Alcohol Abuse Services plans, coordinates, funds and monitors drug and alcohol prevention, intervention and treatment services, for County residents, provided through contracts with local Providers.

Frequently Used Contact Information:

Darbe George, SCA Administrator

Phone: (610) 782-3558
Fax: (610) 820-2064
Email: darbegeorge@lehighcounty.org

Layne Turner, Drug & Alcohol Assistant Administrator

Phone: (610) 782-3556
Fax: (610) 820-2064
Email: jlayneturner@lehighcounty.org

Joshua Bridges, Director of Information and Referral

Phone: (610) 782-3200
Email: joshuabridges@lehighcounty.org

For more detailed information, please visit our website: www.lehighcounty.org.

PREVENTION

The Center for Substance Abuse Prevention (CSAP) defines prevention in the following way:

“Prevention promotes constructive lifestyles that discourage drug abuse and promotes development of social environments that facilitate drug-free lifestyles. As applied to alcohol, tobacco and other drugs (ATOD), prevention means keeping the many problems related to the use and abuse of these substances from occurring.”

Center for Humanistic Change provides educational and informational programs to prevent substance abuse. Programs include: life skills for adults and youth, parenting education, violence prevention, and alternative activities for teens and education targeted to avert drug and alcohol involvement. Programs and trainings are offered in the schools and community as classroom programs, small groups and one-time presentations. All center programs have one goal - to provide life skills training and education for healthy living.

2200 Avenue A
Suite 106
Bethlehem, PA 18017

Phone: (484) 821-0375
Fax: (610) 317-0316
8:30 a.m. to 4:30 p.m. (Mon-Fri)

Valley Youth House drug and alcohol prevention, education and information services are provided in the elementary, middle, high schools and in the community. Services are provided through both small group format and classroom presentation models with a focus on effective and factual education. Creative processes such as art and dance are implemented with certain populations to help develop and enhance social and refusal skills. Referrals can be made to Ann Adams, Program Director.

531 Main Street
Bethlehem, PA 18018

Phone: (610) 954-9561
Fax: (610) 954-5944
8:00 a.m. to 6:00 p.m. (Mon-Fri)

In addition to the Prevention Programs, Lehigh County Drug & Alcohol Abuse Services contracts with a local Provider to function as a liaison to the schools **Student Assistant Programs (SAP)**.

The Commonwealth of Pennsylvania's Student Assistance Program (SAP), is designed to assist school personnel in identifying issues including alcohol, tobacco, other drugs, and mental health issues which pose a barrier to a student's success. The primary goal of the Student Assistance Program (SAP) is to help students overcome these barriers in order that they may achieve, remain in school, and advance. While Student Assistance Programs exist in other areas of the country, the structure and operation of the program in Pennsylvania is a unique expression of an integrated model serving the needs of Pennsylvania families and their students.

SAP is a systemic process using techniques to mobilize school resources to remove barriers to learning. The core of the program is a professionally trained team, including school staff and liaisons from community alcohol and drug and mental health agencies. SAP team members are trained to identify problems, determine whether or not the presenting problem lies within the responsibility of the school and to make recommendations to assist the student and the parent. When the problem lies beyond the scope of the school, the SAP team will assist the parent and student so they may access services within the community. The student assistance team members do not diagnose, treat or refer to treatment; but they may refer for a screening or an assessment for treatment.

Lehigh County SAP liaison services are performed by the **Center for Humanistic Change** for all schools excluding the Allentown School District, which is performed by **Valley Youth House**.

SAP Services are provided in the following School Districts and also include Charter and Private Schools:

Parkland	East Penn	Bethlehem	Northwestern Lehigh
Allentown	Salisbury	Catasauqua	Southern Lehigh
Whitehall-Coplay	Northern Lehigh	Lehigh Career & Technical Institute	

INTERVENTION

Intervention encompasses the initial steps for drug and alcohol services. The goal is to assist the individual to recognize, to identify and to engage the problems related to substance abuse. Intervention services identify the fact that support is needed not only for the individual but also for their family environments.

Allentown Health Bureau provides confidential counseling and testing for HIV - the virus that causes AIDS - screening and treatment for sexually transmitted diseases, tuberculosis testing, Hepatitis B and C screening, Hepatitis B immunization and a wide range of STD and HIV/AIDS prevention education services to Lehigh County drug and alcohol treatment providers' staff and clients.

245 North Sixth Street
Allentown, PA 18102
Phone: (610) 437-7760

Fax: (610) 437-8799
8:00 a.m. to 4:30 p.m. (Mon-Fri)

Valley Youth House Family Intervention Program (FIP) home-based services are targeted at families in which children at risk of maltreatment due to parental and/or child substance abuse and/or mental health problems. Intensive clinical intervention and case management include education on parenting skills, respite foster care, emergency shelter and medical.

531 Main Street
Bethlehem, PA 18018
Phone: (610) 954-9561
Fax: (610) 954-5944

Email: vyhdt@aol.com
8:00 a.m. to 6:00 p.m. (Mon-Fri)

Lehigh Valley Drug and Alcohol Intake Unit provides information, assessment, and referrals for Lehigh County residents with a drug and/or alcohol problem. Intensive Case Management is provided for eligible clients who need assistance in accessing ancillary services (e.g. housing, mental health, vocational/educational, medical, etc.)

29 South Law Street
Third Floor
Allentown, PA 18101
Phone: (610) 432-2228
Fax: (610) 432-8273

Email: trmunsch@lvintake.org
8:30 a.m. to 4:30 p.m. (Mon-Fri)
Evening Hours by Appointment

Lehigh County Men's Community Correctional Center – a collaborative effort between Lehigh County Drug and Alcohol, Lehigh County Prison, Lehigh County Probation / Parole, Lehigh Valley Drug & Alcohol Intake Unit and Riverside Care. This program will provide an array of services designed to prepare offenders to successfully transition back into the community from prison and will also serve as an alternative to incarceration for violating conditions of parole. Lehigh Valley Drug & Alcohol Intake Unit facilitates the Program which meets daily (Monday – Friday) and will take an average of eight (8) weeks to complete. Topics discussed include: Substance Abuse / Dependence, Criminal Thinking / Behavior, Internal

Responsivity Factors, Risk Management and Parenting and Family Caring. After successful completion of the Program, the inmate may be eligible for Out-patient (OP) or Intensive Out-Patient (IOP) services through Riverside Care, Inc.

For more information, contact:

Lehigh County Government Center
17 South 7th Street
Allentown, PA 18101

Phone: (610) 782-3556
Fax: (610) 820-2064
8:00 a.m. to 4:00 p.m. (Mon-Fri)

ASSESSMENTS

An assessment is the first step in the process for Lehigh County residents to get the assistance they need. Any of the providers listed below are able to complete an assessment. After contacting a provider, an appointment for the assessment is scheduled. During the appointment an assessor will gather information to determine the level of treatment that is needed. In addition, assistance will be provided in completing the necessary paperwork to access treatment including a liability determination, release(s) of information, and may also include an application to the Department of Public Welfare for Medical Assistance. The assessment process may take up to 2 hours to complete. Upon completion of the paperwork and assessment process, the assessor will determine the recommended level of care needed and provide assistance with the referral process.

Lehigh Valley Drug and Alcohol Intake Unit provides information, assessment, and referrals for Lehigh County residents with a drug and/or alcohol problem. Intensive Case Management is provided for eligible clients who need assistance in accessing ancillary services (e.g. housing, mental health, vocational/educational, medical, etc.).

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Phone: (610) 432-2228
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Evening Hours by Appointment

Confront provides intensive outpatient and outpatient treatment services to adolescents, adults and families experiencing drug and/or alcohol problems. Treatment modalities include individual, group and family counseling. Weekend DUI classes are available. Confront is a division of Treatment Trends, Inc.

1130 Walnut Street
Allentown, PA 18102
Phone: (610) 433-0148
Fax: (610) 433-6201

9:00 a.m. to 10:00 p.m. (Mon-Thurs)
9:00 a.m. to 5:00 p.m. (Fri)

Step-By-Step, Inc. is a Department of Health, Drug and Alcohol- licensed facility that provides treatment to adults with substance abuse and mental illness. The program provides individual, group and family therapy and psychiatric services.

375 Linden Street (Basement)
Allentown, PA 18101
Phone: (610) 776-1224
Fax: (610) 820-5748

8:00 a.m. to 4:30 p.m. (Mon, Tues, Thurs)
11:00 a.m. to 7:00 p.m. (Wed and Fri)

New Directions Treatment Services, Inc. specializes in opiate addiction treatment. Services include methadone and detox, counseling in English and Spanish, outreach, HIV testing, pre- and post-test counseling, HIV/AIDS education and case management.

2442 Brodhead Road
Bethlehem, PA 18020
Phone: (610) 758-8011
Fax: (610) 758-8013

Email: gcooper@ndts.org
6:30 a.m. to 6:00 p.m. (Mon-Fri)
6:30 a.m. to 10:00 a.m. (Sat for methadone only)
6:30 a.m. to 9:30 a.m. (Sun for methadone only)

White Deer Run, Inc. of Allentown provides intensive outpatient treatment and outpatient treatment to adults and adolescents for drug and/or alcohol abuse via individual, group and family counseling. DUI and aftercare group therapy is also available.

1259 South Cedar Crest Blvd.
Suite 308
Allentown, PA 18103
Phone: (610) 432-5561
Fax: (610) 432-5575

Email: hwinters@crchealth.com
9:00 a.m. to 9:00 p.m. (Mon - Fri)

Mid-Atlantic Rehabilitation Services, Inc. (MARS) – provides comprehensive, person-centered, quality addiction treatment services in a supportive environment, through individualized goal-driven treatment in a cost-effective manner. MARS delivers services which provide ease of access, and result in improvements to an individual's family, social, and occupational functioning. The value of our services is achieved through a focus on recovery and creating hope with those who seek our services.

2045 Westgate Road
Suite 301
Bethlehem, PA 18017

(610) 419-3101

OUTPATIENT TREATMENT: DRUG & ALCOHOL

Outpatient (OP) treatment is an organized, non-residential treatment service providing therapy in which the client resides outside the facility and commutes from their home. These services are usually provided in regularly scheduled individual and group treatment sessions and are generally not more than 5 hours of therapy per week.

Intensive Outpatient (IOP) treatment is also an organized, non residential treatment service in which the client resides outside the facility and commutes from their home. IOP provides structured therapy and client stability through increased periods of staff intervention. These services are provided according to a planned regimen consisting of regularly scheduled individual and group treatment sessions of at least 3 days per week and for at least 5 hours of treatment per week.

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Allentown, PA 18102
Phone: (610) 433-0148
Fax: (610) 433-6201

9:00 a.m. to 10:00 p.m. (Mon-Thurs)
9:00 a.m. to 5:00 p.m. (Fri)

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2442 Brodhead Road
Bethlehem, PA 18020
Phone: (610) 758-8011
Fax: (610) 758-8013
Email: gcooper@ndts.org

6:30 a.m. to 6:00 p.m. (Mon-Fri)
6:30 a.m. to 10:00 a.m. (Sat for methadone only)
6:30 a.m. to 9:30 a.m. (Sun for methadone only)

Step-By-Step, Inc. is a Department of Health, Drug and Alcohol- licensed facility that provides treatment to adults with substance abuse and mental illness. The program provides individual, group and family therapy and psychiatric services.

375 Linden Street (Basement)
Allentown, PA 18101
Phone: (610) 776-1224
Fax: (610) 820-5748

8:00 a.m. to 4:30 p.m. (Mon, Tues, Thurs)
11:00 a.m. to 7:00 p.m. (Wed and Fri)

White Deer Run, Inc. of Allentown provides intensive outpatient treatment and outpatient treatment to adults and adolescents for drug and/or alcohol abuse via individual, group and family counseling. DUI and aftercare group therapy is also available.

1259 South Cedar Crest Blvd.
Suite 308
Allentown, PA 18103
Phone: (610) 432-5561
Fax: (610) 432-5575

Email: hwinters@crchealth.com
9:00 a.m. to 9:00 p.m. (Mon - Fri)

Riverside, Inc. - provides a full continuum of community-based outpatient services to treat behavioral problems associated with alcohol and drug addiction. Offering a variety of specialized client services, Riverside Care provides a high quality substance abuse treatment and co-occurring services to meet the specific needs of the individual. It is the outpatient affiliate of Eagleville Hospital.

44 East Broad Street, Suite 020
Bethlehem, PA 18018

(610) 868-0435

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2045 Westgate Road
Suite 301
Bethlehem, PA 18017

(610) 419-3101

OUTPATIENT TREATMENT: GAMBLING

White Deer Run, Inc. of Allentown provides intensive outpatient treatment and outpatient treatment to adults and adolescents for drug and/or alcohol abuse via individual, group and family counseling. DUI and aftercare group therapy is also available.

1259 South Cedar Crest Blvd.
Suite 308
Allentown, PA 18103
Phone: (610) 432-5561
Fax: (610) 432-5575

Email: hwinters@crchealth.com
9:00 a.m. to 9:00 p.m. (Mon - Fri)

Mid-Atlantic Rehabilitation Services, Inc. (MARS) – provides comprehensive, person-centered, quality addiction treatment services in a supportive environment, through individualized goal-driven treatment in a cost-effective manner. MARS delivers services which provide ease of access, and result in improvements to an individual's family, social, and occupational functioning. The value of our services is achieved through a focus on recovery and creating hope with those who seek our services.

2045 Westgate Road
Suite 301
Bethlehem, PA 18017

(610) 419-3101

INPATIENT TREATMENT

Inpatient treatment may consist of detoxification, short-term residential, moderated and long term residential. The treatment level that is needed is based upon the information that is gathered at the assessment for treatment services.

Detoxification is the process whereby a drug or alcohol intoxicated or dependent client is assisted through the period of time required to eliminate the presence of the intoxicating substance (by metabolic or other means) and any other dependency factors while keeping the physiological and psychological risk to the client at a minimum. This process also includes efforts to motivate and support the client to seek formal treatment after the detoxification process.

Short-term residential treatment is a type of service that includes 24-hour professionally directed evaluation, care, and treatment for addicted client in acute distress. These clients' addiction symptomatology is demonstrated by moderate impairment of social, occupational or school functioning. Rehabilitation is a key treatment goal.

Moderate and Long-term residential treatment is a type of service that includes 24-hour professionally directed evaluation, care and treatment for addicted clients in chronic distress, whose addiction symptomatology is demonstrated by severe impairment of social, occupational or school functioning. Habilitation is the treatment goal.

Partial hospitalization treatment consists of psychiatric, psychological and other types of therapy on a planned and regularly scheduled basis in which the client resides within the facility. This service is designed for those clients who do not require 24-hour residential care, but who would benefit for more intensive treatments than offered in Outpatient treatment options. Partial hospitalization services consist of regularly schedule individual and group treatment sessions of at least 3 days per week, with a minimum of 10 hours of treatment per week.

Allentown Rescue Mission/Alpha-Omega Recovery Program is a residential facility that provides 24-hour professionally directed treatment for drug and alcohol dependency. The program offers a variable length of stay based on the individual client's level of psychosocial impairment, treatment history, relapse history, concurrent medical and/or mental health problems and progress in treatment. The basic objectives are: increased knowledge of addiction, acceptance of disease, alternative coping skills, relapse prevention and identification and integration of support systems.

355 West Hamilton Street
PO Box 748
Allentown, PA 18105

Phone: (610) 740-5500
Fax: (610) 740-0646
24 hrs/day, 7 days/week

Keenan House provides variable length of stay residential treatment services for individuals with substance abuse. The program is clinically driven and part of a continuum of care to adults with a specialized track of psychiatric services. Services include addiction awareness education,

GED instruction, sexuality and addiction, assertiveness skills, refusal skills, relapse prevention techniques, nutrition, HIV/AIDS education and counseling, parenting, life skills, social skills, anger management, criminality, men's and women's groups, vocational, educational and aftercare linkage. Keenan House is a division of Treatment Trends, Inc.

18-22 South Sixth Street
PO Box 685
Allentown, PA 18105-0685

Phone: (610) 439-8479
Fax: (610) 439-0315

White Deer Run, Inc. at Blue Mountain provides variable length of stay residential treatment services to adult males and females. Treatment focuses on the principles of and participation in the 12-step philosophy. Emphasis is on chronic relapse and clients lacking support systems. The program stresses peer interaction, family participation and supervised transition from treatment to the community.

8284 Leaser Road
PO Box 199
Kempton, PA 19529

Phone: (610) 756-4023
Fax: (610) 756-4136
Email: dmarfisi@crchealth.com

A list of Residential Partial Hospitalization Providers:

White Deer Run, Inc. of Williamsport offers partial hospitalization programs designed for clients who do not require 24-hour care but do need more intensive treatment that is available in outpatient services. Patients participate from 8:00am to 4:30pm, Monday through Saturday, and 9:00am to 1:00pm on Sunday.

915 Vine Avenue
Williamsport, PA 17701

Phone: (570) 321-6127
Fax: (570) 321-6189

Pyramid Healthcare - offers treatment and care to people who are dealing with alcohol and/or other drug addiction, mental health disorders and adolescent behavioral problems. Our residential and outpatient programs help the individual learn and practice recovery and coping skills.

Adolescents:

2705 Old Bethlehem Pike
Quakertown, PA 18951

Phone: (215) 536-9070
Fax: (215) 536-4788

Adults:

3893 West Main Street
Bellevue, PA 17704

Phone: (717) 935-5400
Fax: (717) 935-5413